

Sri Chinmoy Triathlon Club's GO TRI DUATHLON

Tockington Manor School

June 25, 2023

NUMBER	First Name	Last Name	Category	TIME	Agegrp
175	Alex	Tedd	O	00:38:22	30-34
180	Mark	Wilkinson	O	00:39:46	55-59
179	Peter	Wheddon	O	00:42:46	65-69
158	Stewart	Downie	O	00:43:08	40-44
165	Nathan	Irwin	O	00:44:50	40-44
171	Michael	Sandick	O	00:45:24	50-54
170	Julian	Ridgley	O	00:46:09	50-54
176	Stephen	Thomas	O	00:47:06	60-64
183	Melissa	Mann	F	00:48:42	55-59
167	Balazs	Nagy	O	00:49:47	40-44
154	Allister	Clark	O	00:49:59	65-69
164	Ieuan	Hutchinson	O	00:50:30	20-24
152	Caroline	Brooks	F	00:51:01	50-54
151	Sarah	Bennett	F	00:52:25	50-54
177	Sara	Vogan	F	00:52:39	45-49
159	Shaun	Durham	O	00:53:04	40-44
184	Catherine	Jenkins	F	00:53:13	55-59
153	Hannah	Chewins	F	00:53:18	30-34
172	Lauren	Sexton	F	00:53:44	35-39
156	Robert	Claxton	O	00:54:09	20-24
185	Simon	Jenkins	O	00:54:16	55-59
168	Dawn	Pincott	F	00:55:55	55-59
173	Chloe	Shephard	F	00:56:44	17-18
157	Leah	Deverick	F	00:56:56	20-24
182	Robin	Drewett	O	01:01:49	80-84
174	Nicki	Squire	F	01:06:09	40-44
166	Gordon	Lewis	O	01:06:46	70-74

We can grow old

With our desire-mind,

But we always remain young

And ageless

With our aspiration-heart.

From the book Twenty-Seven Thousand Aspiration-Plants, part 200, Sri Chinmoy