

# Sri Chinmoy 5K Grand Prix



**SRI CHINMOY  
MARATHON TEAM**



**Run and Become**  
www.runandbecome.com

RACE 9: DETERMINATION 15th May 2023						
WINNERS						
RANK	FIRST NAME	SURNAME	Time	M/F	Country	AGE
Women Under 50						
1	Ilvaka	Nemcova	00:24:42	Female	Czech	42
2	Hana	Lepicova	00:26:00	Female	Czech	49
3	Danica	Cernakova	00:27:07	Female	Slovakia	47
Men Under 50						
1	Sarankhuu	Jargal	00:19:14	Male	Mongolia	29
2	Tomas	Sabolik	00:23:26	Male	Slovakia	49
3	Yatkara	Aleksapolskyy	00:23:48	Male	Canada	47
Women Vet 50						
1	Tirtha	Voelckner	00:24:34	Female	Germany	51
2	Samviraja	Gori	00:25:55	Female	Italy	50
3	Tsetsegdelger	Lkhamsuren	00:27:22	Female	Mongolia	59
Men Vet 50						
1	Pataka	Spacek	00:19:37	Male	Czech	51
2	Marek	Bohman	00:20:33	Male	Slovakia	51
3	Kuladipa	Babušik	00:22:52	Male	Slovakia	52
Women Vet 60						
1	Purevsuren	Shirendev	00:29:28	Female	Mongolia	67
2	Emanuela	Silicani	00:30:07	Female	Italy	65
3	Tsetsegmaa	Ishjams	00:32:13	Female	Mongolia	63
Men Vet 60						
1	Prachar	Stegemann	00:22:28	Male	Australia	62
2	Sulabha	Wishiewski	00:25:24	Male	Canada	63
3	Nicola	Barato	00:26:40	Male	Italy	60
Men Vet 70						
1	Batsukh	Sharav	00:22:06	Male	Mongolia	70
2	Arpan	DeAngelo	00:24:29	Male	USA	70
3	Adhiratha	Keefe	00:57:38	Male	USA	75
Women Vet 80						
1	Shadri	Bortolini	00:49:31	Female	Italy	81
Men Vet 80						
1	Nayak	Polissar	01:07:56	Male	USA	83

## ALL RESULTS BELOW

RESULTS								
RANK	FIRST NAME	SURNAME	Time	M/F	Country	AGE	CATEGORY	CAT. POS.
1	Sarankhuu	Jargal	00:19:14	Male	Mongolia	29	MU/50	1
2	Pataka	Spacek	00:19:37	Male	Czech	51	MV50	1
3	Marek	Bohman	00:20:33	Male	Slovakia	51	MV50	2
4	Batsukh	Sharav	00:22:06	Male	Mongolia	70	MV70	1
5	Prachar	Stegemann	00:22:28	Male	Australia	62	MV60	1
6	Kuladipa	Babušik	00:22:52	Male	Slovakia	52	MV50	3
7	Tomas	Sabolik	00:23:26	Male	Slovakia	49	MU/50	2
8	Yatkara	Aleksapolskyy	00:23:48	Male	Canada	47	MU/50	3
9	Arpan	DeAngelo	00:24:29	Male	USA	70	MV70	2
10	Tirtha	Voelckner	00:24:34	Female	Germany	51	WV50	1
11	Ilvaka	Nemcova	00:24:42	Female	Czech	42	WU/50	1
12	Sulabha	Wishiewski	00:25:24	Male	Canada	63	MV60	2
13	Vlada	Lepic	00:25:47	Male	Czech	47	MU/50	4
14	Samviraja	Gori	00:25:55	Female	Italy	50	WV50	2
15	Hana	Lepicova	00:26:00	Female	Czech	49	WU/50	2

16	Nicola	Barato	00:26:40	Male	Italy	60	M V60	3
17	Theodor	Stanek	00:26:47	Male	Czech	60	M V60	4
18	Danica	Cemakova	00:27:07	Female	Slovakia	47	W U/50	3
19	Tsetsegdelger	Lkhamsuren	00:27:22	Female	Mongolia	59	W V50	3
20	Nurari	Merry	00:27:41	Female	UK	51	W V50	4
21	STEFAN	RADUTA	00:27:53	Male	Canada	53	M V50	4
22	Max	Leinweber	00:28:31	Male	Germany	38	M U/50	5
23	Supama	Pustogowa	00:28:57	Female	Germany	59	W V50	5
24	Purevsuren	Shirendev	00:29:28	Female	Mongolia	67	W V60	1
25	Andrew	Cotton	00:29:30	Male	UK	54	M V50	5
26	Emanuela	Silicani	00:30:07	Female	Italy	65	W V60	2
27	Jónína	Gísladóttir	00:30:15	Female	Iceland	53	W V50	6
28	Eva	Paradise	00:30:22	Female	Czech	38	W U/50	4
29	Oyungerel	Seded	00:31:51	Female	Mongolia	54	W V50	7
30	Tsetsegmaa	Ishjams	00:32:13	Female	Mongolia	63	W V60	3
31	Pramiti	Niwa	00:32:15	Female	Japan	61	W V60	4
32	Bikash	Frost	00:32:47	Male	Germany	65	M V60	5
33	Niyojita	Purevsuren	00:32:53	Female	Mongolia	52	W V50	8
34	Vasudha	Deming	00:33:20	Female	USA	57	W V50	9
35	Tungalag	Serj	00:33:25	Female	Mongolia	65	W V60	5
36	Manini	Nguyen	00:33:26	Female	USA	46	W U/50	5
37	Veeraja	Uppal	00:33:34	Male	Australia	54	M V50	6
38	Uranbayar	Choidorj	00:33:35	Female	Mongolia	35	W U/50	6
39	Manfred	Quester	00:35:17	Male	Germany	68	M V60	6
40	Nataliia	Konieva	00:36:51	Female	Ukraine	60	W V60	6
41	Tungalag	Jaalkhuu	00:37:20	Female	Mongolia	61	W V60	7
42	Niharika	Nuuja	00:40:08	Female	Finland	68	W V60	8
43	Pradipana	Loser-Frost	00:45:01	Female	Germany	64	W V60	9
44	Maria Sharika	Xavier	00:45:40	Female	USA	60	W V60	10
45	Sharani	Robins	00:47:49	Female	USA	62	W V60	11
46	Shadri	Bortolini	00:49:31	Female	Italy	81	W V80	1
47	Vasanti	Niemz	00:51:27	Female	Germany	66	W V60	12
48	Adhiratha	Keefe	00:57:38	Male	USA	75	M V70	3
49	Sukantika	Donovan	01:06:48	Female	USA	69	W V60	13
50	Nayak	Polissar	01:07:56	Male	USA	83	M V80	1