

Sri Chinmoy 5K Grand Prix



**SRI CHINMOY
MARATHON TEAM**



Run and Become
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RACE 1: KINDNESS 20th March 2023						
WINNERS						
RANK	FIRST NAME	SURNAME	Time	M/F	Country	AGE
Women Under 50						
1	Ilvaka	Nemcova	22:09.0	Female	Czech	42
2	Penny	Nam	23:47.0	Female	South Africa	46
3	Hana	Lepicova	25:20.0	Female	Czech	48
Men Under 50						
1	Milan	Javornicky	21:16.0	Male	Czech	49
2	Vlada	Lepic	23:58.0	Male	Czech	47
3	Yatkara	Aleksapolskyy	24:02.0	Male	Canada	47
Women Vet 50						
1	Tirtha	Voelckner	25:58.0	Female	Germany	51
2	Samviraja	Gori	28:02.0	Female	Italy	50
3	Tsetsegdelger	Lkhamsuren	28:16.0	Female	Mongolia	59
Men Vet 50						
1	Pataka	Spacek	19:40.0	Male	Czech	50
2	Marek	Bohman	21:21.0	Male	Slovakia	51
3	Namitabha	Arsic	24:18.0	Male	Serbia	58
Women Vet 60						
1	Purevsuren	Shirendev	31:15.0	Female	Mongolia	67
2	Emanuela	Silicani	31:23.0	Female	Italy	64
3	Tungalag	Serj	32:27.0	Female	Mongolia	65
Men Vet 60						
1	Batsukh	Sharav	24:48.0	Male	Mongolia	69
2	Sulabha	Wishiewski	25:35.0	Male	Canada	63
3	Prachar	Stegemann	26:49.0	Male	Australia	62
Women Vet 70						
1	Karnayati	Morison	41:33.0	Female	Canada	76
Men Vet 70						
1	Ian	Isherwood	47:02.0	Male	UK	70
2	Animesh	Harrington	56:04.0	Male	Australia	72
Women Vet 80						
1	Shadri	Bortolini	50:10.0	Female	Italy	81
Men Vet 80						
1	Nayak	Polissar	59:24.0	Male	USA	83

ALL RESULTS BELOW

RESULTS								
RANK	FIRST NAME	SURNAME	Time	M/F	Country	AGE	CATEGORY	CAT. POS.
1	Pataka	Spacek	19:40.0	Male	Czech	50	M V50	1
2	Milan	Javornicky	21:16.0	Male	Czech	49	M U/50	1
3	Marek	Bohman	21:21.0	Male	Slovakia	51	M V50	2
4	Ilvaka	Nemcova	22:09.0	Female	Czech	42	W U/50	1
5	Penny	Nam	23:47.0	Female	South Africa	46	W U/50	2
6	Vlada	Lepic	23:58.0	Male	Czech	47	M U/50	2
7	Yatkara	Aleksapolskyy	24:02.0	Male	Canada	47	M U/50	3
8	Namitabha	Arsic	24:18.0	Male	Serbia	58	M V50	3
9	Batsukh	Sharav	24:48.0	Male	Mongolia	69	M V60	1
10	Hana	Lepicova	25:20.0	Female	Czech	48	W U/50	3
11	Sulabha	Wishiewski	25:35.0	Male	Canada	63	M V60	2
12	Tirtha	Voelckner	25:58.0	Female	Germany	51	W V50	1
13	Stacey	Marsh	26:03.0	Female	NZ	45	W U/50	4
14	Prachar	Stegemann	26:49.0	Male	Australia	62	M V60	3

15	Andrew	Cotton	26:54.0	Male	UK	54	M V50	4
16	Danica	Cemakova	27:14.0	Female	Slovakia	47	W U/50	5
17	Nicola	Barato	27:50.0	Male	Italy	60	M V60	4
18	Pavaka	Ritchot	27:56.0	Male	Canada	47	MU/50	4
19	Samviraja	Gori	28:02.0	Female	Italy	50	W V50	2
20	Tsetsegdelger	Lkhamsuren	28:16.0	Female	Mongolia	59	W V50	3
21	Viharin	Rosa	28:57.0	Male	Czech	51	M V50	5
22	Nripatri	Rupp	29:02.0	Male	Canada	54	M V50	6
23	Nurari	Merry	29:19.0	Female	UK	51	W V50	4
24	STEFAN	RADUTA	29:24.0	Male	Canada	53	M V50	7
25	Theodor	StanĚk	29:24.0	Male	Czech	60	M V60	5
26	Marlen	Bernhard	29:59.0	Female	Germany	36	W U/50	6
27	Purevsuren	Shirendev	31:15.0	Female	Mongolia	67	W V60	1
28	Max	IML	31:18.0	Male	Germany	38	MU/50	5
29	Emanuela	Silicani	31:23.0	Female	Italy	64	W V60	2
30	Tungalag	Serj	32:27.0	Female	Mongolia	65	W V60	3
31	Jónína	Gísladóttir	32:28.0	Female	Iceland	53	W V50	5
32	Manfred	Quester	33:27.0	Male	Germany	68	M V60	6
33	Vasudha	Deming	33:50.0	Female	USA	56	W V50	6
34	Tsetsegmaa	Ishjants	34:35.0	Female	Mongolia	63	W V60	4
35	Junko	Fujitani	35:19.0	Female	Japan	63	W V60	5
36	Bikash	Frost	35:47.0	Male	Germany	65	M V60	7
37	Manini	Nguyen	35:50.0	Female	USA	45	W U/50	7
38	Oyungerel	Seded	36:10.0	Female	Mongolia	53	W V50	7
39	Nataliia	Konieva	36:40.0	Female	Ukraine	60	W V60	6
40	Niyojita	Purevsuren	36:50.0	Female	Mongolia	52	W V50	8
41	Pramiti	Niwa	37:09.0	Female	Japan	61	W V60	7
42	Tungalag	Jaalkhuu	38:40.0	Female	Mongolia	60	W V60	8
43	Maria Sharika	Xavier	38:40.0	Female	USA	59	W V50	9
44	Anna	Khimchinskaia	40:48.0	Female	Russia	45	W U/50	8
45	Rita	Sherian	41:23.0	Female	USA	36	W U/50	9
46	Karnayati	Morison	41:33.0	Female	Canada	76	W V70	1
47	David	Smith	41:58.0	Male	UK	54	M V50	8
48	Niharika	Nuuja	45:55.0	Female	Finland	68	W V60	9
49	Purnakama	Rajna	46:13.0	Female	Canada	56	W V50	10
50	Ian	Isherwood	47:02.0	Male	UK	70	M V70	1
51	Vasanti	Niemz	48:42.0	Female	Germany	66	W V60	10
52	Veeraja	Uppal	48:59.0	Male	Australia	54	M V50	9
53	Sharani	Robins	50:07.0	Female	USA	62	W V60	11
54	Shadri	Bortolini	50:10.0	Female	Italy	81	W V80	1
55	Pradipana	Loser-Frost	50:19.0	Female	Germany	63	W V60	12
56	Animesh	Harrington	56:04.0	Male	Australia	72	M V70	2
57	Nayak	Polissar	59:24.0	Male	USA	83	M V80	1