

Sri Chinmoy 5K Race

Battersea Park, London

7th June 2022

SPEEDY STEEDS 5K



**SRI CHINMOY
MARATHON TEAM**



Run to Become
www.runandbecome.com

WINNERS						
RANK	NAME	SURNAME	CLUB	M F	TIME	AGE
Men U/50						
1	Ross	Broomfield	Walden Tri	Male	00:14:59	23
2	James	Ross	Highgate Harriers	Male	00:15:11	33
3	Matthew	Rallison	London Heathside AC	Male	00:15:15	28
4	Jack	Hillier	Herne Hill Harriers	Male	00:15:17	32
5	Nick	Buckle	Belgrave Harriers	Male	00:15:20	30
6	James	Lyne	South London harriers	Male	00:15:29	23
7	George	Ogden	South London harriers	Male	00:15:30	18
Women U/50						
1	Harriet	Bloor	Lewes AC	Female	00:16:12	19
2	Caroline	Ford	Cambridge Harriers	Female	00:16:30	29
3	Niamh	Brown	afd	Female	00:17:02	23
4	Rebecca	Bunting	London Heathside	Female	00:17:05	39
5	Helen	Gaunt	Tonbridge Athletics Club	Female	00:17:23	42
6	Bryony	Proctor	Kent Athletic Club	Female	00:17:25	34
7	Lucy	Thompson	Tonbridge AC	Female	00:17:38	23
Men Vet 50						
1	Terry	Booth	Guildford & Godalming AC	Male	00:16:36	55
2	Neil	Reissland	South London harriers	Male	00:17:46	57
3	Norman	Urquia	Wimbledon Windmilers	Male	00:18:03	56
Women Vet 50						
1	Susan	McDonald	South London harriers	Female	00:18:55	55
2	Sophie	Barnard	queen's park harriers	Female	00:19:36	52
3	Ruth	Hutton	South London harriers	Female	00:20:35	57
Men Vet 60						
1	David	Ogden	South London harriers	Male	00:17:42	63
2	Alex	Davidson	Highgate Harriers	Male	00:18:02	60
Women Vet 60						
1	Lucy	Woolhouse	veterans ac	Female	00:20:55	60
2	michele	Coe-O'Brien	South London harriers	Female	00:22:25	61
Men Vet 70						
1	Michael	Leigh	Hercules Wimbledon	Male	00:31:08	78
Women Vet 70						
1	Penny	Elliott	Waverley Harriers	Female	00:28:44	79
Men Under 16						
1	Thomas	Englefield	South London harriers	Male	00:20:36	12
2	Edward	Englefield		Male	00:21:32	10

ALL RESULTS BELOW

"Congratulations on completing the race. Ours is a runbritain-licensed event and therefore your time is included in calculating your free runbritain handicap score. More than 66,000 runners of all standards have now claimed their runbritain handicap score. As well as giving you a current score, between scratch and 36.0, your free personalised running biog page includes your current national ranking by age band and postcode, your position on the national ladder, your progress graph, your strongest distance, a head-to-head comparison with other runners and downloadable training schedules to improve your score next time you race. Your handicap score also updates automatically every time you complete a licensed event. To claim your score now, click on <http://www.runbritainrankings.com/user/claimhandicap.aspx>"

RESULTS									
RANK	NAME	SURNAME	CLUB	M F	TIME	AGE	CATEGORY	CAT. POS.	Race Number
1	Ross	Broomfield	Walden Tri	Male	00:14:59	23	MU/50	1	512
2	James	Ross	Highgate Harriers	Male	00:15:11	33	MU/50	2	501
3	Matthew	Rallison	London Heathside AC	Male	00:15:15	28	MU/50	3	542
4	Jack	Hillier	Herne Hill Harriers	Male	00:15:17	32	MU/50	4	497
5	Nick	Buckle	Belgrave Harriers	Male	00:15:20	30	MU/50	5	495
6	James	Lyne	South London harriers	Male	00:15:29	23	MU/50	6	389
7	George	Ogden	South London harriers	Male	00:15:30	18	MU/50	7	417
8	Daniel	Bulbrook		Male	00:15:31	31	MU/50	8	340

9	Ryan	Evans	South London harriers	Male	00:15:38	37	MU/50	9	362
10	Alix	Ramsier	South London harriers	Male	00:15:44	34	MU/50	10	437
11	Mathew	Speed	London City Athletics Club	Male	00:15:45	31	MU/50	11	468
12	Chris	Hicks	Highgate Harriers	Male	00:15:45	31	MU/50	12	496
13	John	Gilfedder	Highgate Harriers	Male	00:15:47	33	MU/50	13	369
14	Paul	Prothero	South London harriers	Male	00:15:48	40	MU/50	14	432
15	Joseph	Houlton	Fulham Running Club	Male	00:15:50	28	MU/50	15	376
16	William	Woodcock	hercules wimbledon ac	Male	00:15:58	28	MU/50	16	544
17	Joseph	Venditti	Loughborough Student A.C.	Male	00:16:02	23	MU/50	17	513
18	George	Russell	kent ac	Male	00:16:04	26	MU/50	18	545
19	simon	cottle	eton manor a.c.	Male	00:16:06	42	MU/50	19	351
20	David	Craddock	Hoddesdon Tri Club	Male	00:16:06	36	MU/50	20	352
21	Henry	Murdoch	Highgate	Male	00:16:07	26	MU/50	21	411
22	Max	Rose	HHH	Male	00:16:12	31	MU/50	22	451
23	Henry	Woodward	Mornington Chasers	Male	00:16:12	26	MU/50	23	486
24	Harriet	Bloor	Lewes AC	Female	00:16:12	19	WU/50	1	4
25	Ross	Brown	Herne Hill Harriers	Male	00:16:15	34	MU/50	24	337
26	Mischa	Balen	Serpentine Rc	Male	00:16:16	35	MU/50	25	327
27	Tom	Lole	Belgrave Harriers	Male	00:16:18	26	MU/50	26	387
28	Timothy	Powell	Serpentine Rc	Male	00:16:19	32	MU/50	27	430
29	George	Roberts	Oxford City AC	Male	00:16:19	25	MU/50	28	445
30	James	Macdonald	Cambridge Harriers	Male	00:16:19	41	MU/50	29	505
31	Paul	Norfolk	Victoria Park Harriers and Tower Hamlets	Male	00:16:19	26	MU/50	30	414
32	Michael	Dan	Highgate Harriers	Male	00:16:20	29	MU/50	31	353
33	Hugh	Torry	Serpentine Rc	Male	00:16:20	43	MU/50	32	530
34	Martyn	Bath		Male	00:16:24	32	MU/50	33	329
35	Tom	Watson	London Fronrunners	Male	00:16:25	28	MU/50	34	520
36	Caroline	Ford	Cambridge Harriers	Female	00:16:30	29	WU/50	2	70
37	Jonathan	Beatty	kent ac	Male	00:16:31	44	MU/50	35	532
38	Richard	Giles	kent ac	Male	00:16:33	44	MU/50	36	368
39	Alex	Lyne	South London harriers	Male	00:16:35	23	MU/50	37	388
40	Oliver	Teenan	Thames Valley Harriers	Male	00:16:35	28	MU/50	38	493
41	George	Mallinson	Belgrave Harriers	Male	00:16:36	23	MU/50	39	391
42	Terry	Booth	Guildford & Godalming AC	Male	00:16:36	55	MU/50	1	820
43	Toby	Rowlands	Windsor Slough Eton & Houndslow AC	Male	00:16:40	22	MU/50	40	452
44	George	Clancy	Victoria Park & Tower Hamlets AC	Male	00:16:41	28	MU/50	41	345
45	Joshua	Slingsby	london city ac	Male	00:16:43	28	MU/50	42	457
46	Colin	Clifford	Ealing Eagles Running Club	Male	00:16:45	36	MU/50	43	346
47	Simon	Vaisey	N/A	Male	00:16:45	28	MU/50	44	479
48	Lewis	Elsey		Male	00:16:45	27	MU/50	45	519
49	James	Turner	Belgrave Harriers	Male	00:16:46	24	MU/50	46	477
50	Sam	Duggan	VICTORIA PARK HARRIERS & TOWER HAMLETS	Male	00:16:47	36	MU/50	47	358
51	James	Parton	Guildford & Godalming AC	Male	00:16:50	33	MU/50	48	421
52	Simon	Brown	london city ac	Male	00:16:50	36	MU/50	49	338
53	Peter	Wooldridge	Serpentine Rc	Male	00:16:54	33	MU/50	50	499
54	Leo	Gebbie	Fulham Running Club	Male	00:16:57	28	MU/50	51	366
55	Simon	Elsbury	Guildford & Godalming AC	Male	00:16:58	34	MU/50	52	360
56	Dylan	Mitchard	Belgrave Harriers	Male	00:17:00	28	MU/50	53	407
57	Niamh	Brown	afd	Female	00:17:02	23	WU/50	3	72
58	George ⁸	Fernandez	eton manor ac	Male	00:17:03	24	MU/50	54	363
59	Rebecca	Bunting	London Heathside	Female	00:17:05	39	WU/50	4	7
60	Mark	McKeown	Colchester Harriers	Male	00:17:06	40	MU/50	55	395
61	Kevin	Chadwick	Dulwich runners	Male	00:17:08	41	MU/50	56	344
62	Alex	Mills	Belgrave Harriers	Male	00:17:08	27	MU/50	57	514
63	Gerard	Casey	Clapham Chasers	Male	00:17:09	32	MU/50	58	498
64	Andrew	Snook	Axe valley runner	Male	00:17:10	41	MU/50	59	464
65	james	Bewley	Winchester & District A.C.	Male	00:17:12	39	MU/50	60	332
66	Dominic	Wilde	Edmonton Running Club	Male	00:17:15	40	MU/50	61	502
67	Ian	Gutteridge	Datchet Dashers	Male	00:17:16	40	MU/50	62	525
68	Luke	Smith	Belgrave Harriers	Male	00:17:18	35	MU/50	63	460
69	Will	Breese	Ware joggers	Male	00:17:19	34	MU/50	64	335
70	Nick	Tearle	Guildford and Godalming Athletics Club	Male	00:17:19	49	MU/50	65	539
71	Adam	May	Wimbledon Hercules	Male	00:17:20	41	MU/50	66	392
72	Paul	Calver	Herne Hill Harriers	Male	00:17:22	41	MU/50	67	342
73	Stephen	Holt	South London harriers	Male	00:17:22	35	MU/50	68	375
74	Helen	Gaunt	Tonbridge Athletics Club	Female	00:17:23	42	WU/50	5	21
75	Oliver	Daniel	Belgrave Harriers	Male	00:17:23	26	MU/50	69	354
76	Lewis	Spiers		Male	00:17:25	33	MU/50	70	469
77	Bryony	Proctor	Kent Athletic Club	Female	00:17:25	34	WU/50	6	71
78	Ash	Brooks	Fulham Running Club	Male	00:17:25	30	MU/50	71	336

79	Luke	Reeves	Tonbridge AC	Male	00:17:29	22	M U/50	72	443
80	George	Bennett		Male	00:17:32	22	M U/50	73	330
81	Jack	Rathborn	Clapham Chasers	Male	00:17:34	33	M U/50	74	441
82	Joseph	McKeown	London Heathside	Male	00:17:38	38	M U/50	75	394
83	Lucy	Thompson	Tonbridge AC	Female	00:17:38	23	W U/50	7	57
84	Benjamin	Roach	Victoria Park & Tower Hamlets AC	Male	00:17:40	33	M U/50	76	444
85	David	Ogden	South London harriers	Male	00:17:42	63	M V60	1	706
86	Tej	Thaker		Male	00:17:43	35	M U/50	77	522
87	Matilde	Lomba	hercules wimbledon ac	Female	00:17:43	35	W U/50	8	37
88	Nicolas	Besson	Serpentine Rc	Male	00:17:44	41	M U/50	78	331
89	Alicia	Lacey	Norwich road runners	Female	00:17:45	28	W U/50	9	76
90	Neil	Reissland	South London harriers	Male	00:17:46	57	M V50	2	815
91	James	Pilch	eton manor ac	Male	00:17:47	42	M U/50	79	424
92	Luke	Christian		Male	00:17:52	21	M U/50	80	510
93	Bryan	Maillardet	London City Athletics Club	Male	00:17:53	39	M U/50	81	524
94	James	Garland	Halterworth Harriers	Male	00:17:55	20	M U/50	82	508
95	Gavin	Englefield	South London harriers	Male	00:17:59	45	M U/50	83	361
96	Sam	Kelly	Fulham Running Club	Male	00:18:00	26	M U/50	84	381
97	Alex	Davidson	Highgate Harriers	Male	00:18:02	60	M V60	2	716
98	Norman	Urquia	Wimbledon Windmilers	Male	00:18:03	56	M V50	3	817
99	Liam	Cooper		Male	00:18:05	22	M U/50	85	546
100	Nehal	Lavey-Khan		Male	00:18:06	34	M U/50	86	384
101	Piers	Mulroney	Fulham Running Club	Male	00:18:07	30	M U/50	87	410
102	April	James-Welsh	South London harriers	Female	00:18:08	44	W U/50	10	34
103	Ben	Gilmore	Guildford & Godalming AC	Male	00:18:10	44	M U/50	88	536
104	Josh	Haigh	Best Athletics	Male	00:18:14	27	M U/50	89	371
105	Ben	Sunckell	Guildford and Godalming AC	Male	00:18:15	40	M U/50	90	526
106	Jonathan	Ratcliffe	Herne Hill Harriers	Male	00:18:18	55	M V50	4	814
107	Joe	Jenkinson	london city ac	Male	00:18:19	31	M U/50	91	379
108	Lisa	Rooney	collingwood ac	Female	00:18:25	42	W U/50	11	51
109	Jamie	Connor		Male	00:18:25	25	M U/50	92	349
110	Tim	Sharp	kent ac	Male	00:18:27	44	M U/50	93	455
111	James	Booth	Ashford & District RRC	Male	00:18:28	45	M U/50	94	333
112	Marcus	Brown	London Heathside	Male	00:18:29	38	M U/50	95	339
113	James	Philpot	South London harriers	Male	00:18:31	38	M U/50	96	423
114	Amy	Rollason	South London harriers	Female	00:18:35	31	W U/50	12	50
115	Andrew	Maillardet		Male	00:18:36	46	M U/50	97	390
116	Matthew	Beard	London Heathside	Male	00:18:39	53	M V50	5	802
117	Paul	Ramsier	South London harriers	Male	00:18:39	59	M V50	6	813
118	Harriet	Woolley	Tonbridge	Female	00:18:46	34	W U/50	13	82
119	Cara	Coughlan	Fulham Running Club	Female	00:18:47	24	W U/50	14	74
120	Luke	Armitage	kent ac	Male	00:18:50	58	M V50	7	821
121	Nick	North	South London harriers	Male	00:18:50	19	M U/50	98	415
122	Daniel	Day		Male	00:18:51	41	M U/50	99	357
123	Aidan	Thomson		Male	00:18:54	25	M U/50	100	476
124	Lydia	Blythe	Reading AC	Female	00:18:54	24	W U/50	15	5
125	Susan	McDonald	South London harriers	Female	00:18:55	55	W V50	1	923
126	Lizzie	Goldie-Scot	Belgrave Harriers	Female	00:18:57	28	W U/50	16	24
127	Sam	Sykes	Herne Hill Harriers	Male	00:18:57	27	M U/50	101	475
128	Rob	Jones	SHAEF Shifters	Male	00:18:58	50	M V50	8	808
129	Laura	taylor	South London harriers	Female	00:19:01	45	W U/50	17	56
130	Rebecca	Walker	Oxford AC	Female	00:19:02	21	W U/50	18	62
131	Jo	Vickers	South London harriers	Female	00:19:03	43	W U/50	19	61
132	David	Mason		Male	00:19:04	52	M V50	9	810
133	Alice	Germana	South London harriers	Female	00:19:08	35	W U/50	20	23
134	Badar	Al Raisi	Victoria Park Harriers & Tower Haml	Male	00:19:09	30	M U/50	102	300
135	Joe	Daniel	kent ac	Male	00:19:09	43	M U/50	103	355
136	Amy	White	London City Athletics Club	Female	00:19:10	27	W U/50	21	65
137	Martin	Daoud	Ealing Southall & Middlesex AC	Male	00:19:19	59	M V50	10	805
138	Callum	Sparkes		Male	00:19:28	26	M U/50	104	465
139	Leisha	Wegg	City of Norwich AC	Female	00:19:32	29	W U/50	22	64
140	Emily	Seager	Victoria Park & Tower Hamlets AC	Female	00:19:33	27	W U/50	23	53
141	Shaun	Melvin	west 4 harriers	Male	00:19:36	38	M U/50	105	397
142	Sophie	Barnard	queen's park harriers	Female	00:19:36	52	W V50	2	925
143	Jen	Armson	Queens Park Harriers	Female	00:19:36	41	W U/50	24	3
144	Tom	Murray	South Wimbledon Running Club	Male	00:19:41	30	M U/50	106	413
145	Douglas	Wood	Fulham Running Club	Male	00:19:54	36	M U/50	107	523
146	Trevor	Ingram	Fulham Running Club	Male	00:19:59	45	M U/50	108	538
147	Pete	Crockford	London Heathside AC	Male	00:20:00	64	M V60	3	701
148	John	Foss	South London harriers	Male	00:20:03	63	M V60	4	702

149	Rachel	Coe-O'Brien	South London harriers	Female	00:20:03	35	WU/50	25	11
150	Claudia	Conway		Female	00:20:18	28	WU/50	26	77
151	thomas	cheetham	hercules wimbledon ac	Male	00:20:24	55	M V50	11	804
152	Robert	Collopy		Male	00:20:30	27	MU/50	109	348
153	Seren	Hughes		Female	00:20:33	24	WU/50	27	31
154	Ruth	Hutton	South London harriers	Female	00:20:35	57	W V50	3	922
155	Thomas	Englefield	South London harriers	Male	00:20:36	12	MU/16	1	752
156	David	Winston	Ashford AC	Male	00:20:37	39	MU/50	110	485
157	Ivan	Mechkov	None	Male	00:20:39	28	MU/50	111	494
158	Jessica-Anne	Da Cunha	Sutton runners	Female	00:20:48	27	WU/50	28	14
159	Natalie	Harmer	South London harriers	Female	00:20:48	46	WU/50	29	27
160	Chris	Dunhill	South London harriers	Male	00:20:49	48	MU/50	112	359
161	Diana	Dolce	South London harriers	Female	00:20:53	40	WU/50	30	17
162	Lucy	Woolhouse	veterans ac	Female	00:20:55	60	W V60	1	712
163	Hal	Munton	Fulham RC	Male	00:20:57	31	MU/50	113	521
164	Heidi	Dann	South London harriers	Female	00:20:58	46	WU/50	31	16
165	Katie	Gow	Fulham Running Club	Female	00:20:59	28	WU/50	32	25
166	Alice	Malin	Fulham Running Club	Female	00:21:04	24	WU/50	33	40
167	Ellen	Butler	Fulham Running Club	Female	00:21:23	25	WU/50	34	8
168	Caroline	Welch	South London harriers	Female	00:21:31	51	W V50	4	924
169	Edward	Englefield		Male	00:21:32	10	MU/16	2	751
170	Peter	Bowles	Serpentine R.C	Male	00:21:33	52	M V50	12	803
171	Melanie	McGovern	Queens Park Harriers	Female	00:21:34	36	WU/50	35	41
172	Matt	Roberts		Male	00:21:39	44	MU/50	114	449
173	Simon	Reid	City of Sheffield	Male	00:21:44	43	MU/50	115	507
174	James	Hamilton	Wimbledon Windmilers	Male	00:21:47	48	MU/50	116	372
175	Daphne	Dadzie	Fulham Running Club	Female	00:21:50	43	WU/50	36	15
176	S	Urquhart	kent ac	Female	00:21:51	28	WU/50	37	60
177	Martin	Milward	Fulham Running Club	Male	00:21:53	67	M V60	5	704
178	Celia	Gore		Female	00:21:58	29	WU/50	38	78
179	SHUN-LAI	CHAN	South London harriers	Female	00:22:09	52	W V50	5	921
180	Emma	Thurston	Fulham Running Club	Female	00:22:16	34	WU/50	39	58
181	Anna	Jenkinson	South London harriers	Female	00:22:17	48	WU/50	40	35
182	michele	Coe-O'Brien	South London harriers	Female	00:22:25	61	W V60	2	708
183	Andrew	Baker	South London harriers	Male	00:22:25	31	MU/50	117	305
184	James	Twist		Male	00:22:29	61	M V60	6	707
185	Isabella	Clark		Female	00:22:38	22	WU/50	41	10
186	Jenny	Cooney	collingwood ac	Female	00:22:39	46	WU/50	42	13
187	Mara	Hafezi		Female	00:22:43	32	WU/50	43	26
188	Bec	Yusuf	Striders of Croydon	Male	00:22:45	47	MU/50	118	489
189	Laura	Mackay		Female	00:22:47	29	WU/50	44	38
190	Abigail	Lavis	N/A	Female	00:22:54	26	WU/50	45	75
191	Gina	Coulson	South London harriers	Female	00:23:15	64	W V60	3	713
192	Mia	Gomez	Fulham Running Club	Female	00:23:16	30	WU/50	46	79
193	Daniel	Lewis	Mornington Chasers	Male	00:23:31	45	MU/50	119	386
194	Penny	Wilkins	South London harriers	Female	00:23:39	61	W V60	4	711
195	Radostin	Stoyanov		Male	00:23:40	26	MU/50	120	474
196	Lizzi	Miller	RunThrough	Female	00:23:46	33	WU/50	47	42
197	Chloe	Shimell		Female	00:24:02	26	WU/50	48	55
198	Andrew	Gardiner	kent ac	Male	00:24:24	67	M V60	7	715
199	Joanne	Walker	Fulham Running Club	Female	00:24:29	33	WU/50	49	81
200	Matthew	Rooney	collingwood ac	Male	00:24:30	43	MU/50	121	450
201	Baber	Khan		Male	00:24:33	47	MU/50	122	382
202	Lisa	Holleran		Female	00:24:40	35	WU/50	50	83
203	Angela	Wilson	South London harriers	Female	00:24:48	42	WU/50	51	67
204	Lauren	Harris	Wimbledon Windmilers	Female	00:25:03	32	WU/50	52	29
205	James	Saunders	Holland Sports AC	Male	00:25:30	53	M V50	13	816
206	Clyde	Brennan	Hoddesdon runners	Male	00:25:31	54	M V50	14	819
207	Kirsty	Mackenzie	Fulham Running Club	Female	00:26:51	25	WU/50	53	39
208	Laura	Richards	Fulham Running Club	Female	00:26:58	32	WU/50	54	49
209	Kim	Da Cunha	Sutton runners	Female	00:28:05	62	W V60	5	709
210	Aman	Rawal		Male	00:28:11	26	MU/50	123	442
211	Ana	Santos		Female	00:28:19	32	WU/50	55	52
212	Penny	Elliott	Waverley Harriers	Female	00:28:44	79	W V70	1	758
213	Franswa	Ceustermans		Male	00:28:53	40	MU/50	124	528
214	India	Pover	Fulham Running Club	Female	00:29:49	22	WU/50	56	84
215	Michael	Leigh	Hercules Wimbledon	Male	00:31:08	78	M V70	1	755
216	Alan	Davidson	liss runners	Male	00:31:48	75	M V70	2	754
217	Peter	Torre		Male	00:35:56	80	M V80	1	765