



*“Run and Become. Become and Run.
Run to succeed in the outer world.
Become to proceed in the inner world”*

Sri Chinmoy

Results

Self Transcendence Grand Prix 1 Mile Race 20th July 2009
Held under permit from SEAA

Grand Prix 1 Mile Race 20th July 2009

place	First Name	Surname	Club	Time	Catagory
1	Chris	Peach	HHH	4.43	
2	Toby	Hedgeland	u/a	4.44	
3	Jolyon	Attwooll	Serpentine	4.54	
4	Ian	Sharman	Serpentine	4.54	
5	Victor	Maughn	HHH	4.57	
6	Marshall	Moir	u/a	5.02	
7	Andrew	Davies	Serpentine	5.05	
8	James	Freer	u/a	5.07	
9	Edward	Smyth	Dulwich R	5.11	
10	Theo	Ricketts	u/a	5.14	
11	Andrew	Taylor	Serpentine	5.19	
12	Anthony	Impey	u/a	5.20	
13	Peter	Gornjak	Ganesha Team	5.26	
14	Sam	Butcher	u/a	5.28	
15	Mike	Mann	Dulwich R	5.29	1st Vet 60
16	David	Gilbert	u/a	5.31	
17	Omar	Abdullah	Victoria Pk H	5.33	age 13
18	Thomas	Dickinson	u/a	5.35	Age 13
19	Christopher	Notton	Serpentine	5.37	
20	Tony	Cummings	Thurrock H	5.38	
21	Kieran	Dignan	Serpentine	5.40	
22	Teresa	Gaillard de Laubenque	Dulwich R	5.44	1st Lady
23	Oscar	Satchell-Baeza	u/a	5.45	age 15
24	Charles	Craven	Fulham RC	5.45	
25	Duncan	Rimmer	u/a	5.54	
26	Jonathan	Chambers	Fulham RC	5.55	1st Vet 50
27	Jean Luc	Hoez	Serpentine	5.57	2nd Vet 50
28	Phil	Nash	u/a	5.58	
29	Brian	Pickles	Serpentine	5.59	3rd Vet 50
30	Ian	Mursell	Vets AC	5.59	4th Vet 50
31	Andrew	Finnerty	Kingston Stragglers	6.03	
32	Jacqui	Reid	MPAC	6.05	2nd Lady



SRI CHINMOY marathon team
GREAT BRITAIN

33	Nicolas	Martin	u/a	6.07	age 15
34	Jeffrey	Prestridge	Serpentine	6.08	5th Vet 50
35	Michael	Winkler	u/a	6.09	6th Vet 50
36	Tom	Morris	Hercules Wimbledon	6.10	7th Vet 50
37	Philip	Hickson	Fulham RC	6.11	
38	Samuel	Dickinson	u/a	6.12	age 12
39	Alison	Nolan	Serpentine	6.14	3rd Lady
40	Cliff	Hide	Serpentine	6.17	7th Vet 50
41	Andrea	Sanders Reece	Mornington Chasers	6.23	1st Lady Vet 50
42	Rod	Smith	u/a	6.24	
43	Peter	Martin	u/a	6.25	
44	Kieran	Davidson	Serpentine	6.25	5th Lady
45	Sarah	Newton	Serpentine	6.28	2nd Lady Vet 50
46	Thomas	Martin	u/a	6.30	age 13
47	Nigel	Cates	u/a	6.31	
48	Greg	Neal	Watford H	6.32	8th Vet 50
49	John	Wilson	Serpentine	6.36	
50	Julie	Thomas	u/a	6.40	7th Lady
51	Kate	Martin	u/a	6.44	age 12
52	Ian	Fernandez	Dulwich Park	6.45	
53	Elaine	Battson	Victoria Pk H	6.47	8th Lady
54	David	Berridge	u/a	6.50	
55	Nick	Cambridge	u/a	6.54	2nd Vet 60
56	Paris	Walker	Victoria Pk H	7.01	age 13
57	Steve	Satchell	Mornington Chasers	7.04	3rd Vet 60
58	Neil	Davies	Serpentine	7.06	
59	Cosmo	Craven	Fulham RC	7.07	age 9
60	Ian	Hall	Serpentine	7.08	9th Vet 50
61	Joe	Aspinall	Vets AC	7.14	1st Vet 70
62	Paul	Webster	u/a	7.14	
63	Ian	Isherwood	Hercules Wimbledon	7.14	10th Vet 50
64	Suzanne	Newman	u/a	7.34	9th Lady
65	David	Gironi	Serpentine	7.43	
66	Edwin	Bartlett	Vets AC	7.47	4th vet 60
67	Jonathan	Pegg	u/a	7.51	
68	Hazel	Stokes	u/a	7.54	1st Lady Vet 60
69	Valerie	Martin	u/a	8.03	11th Lady
70	Dennis	Williams	Hercules Wimbledon	8.05	5th Vet 60
71	Angela	Green	Serpentine	8.12	12th Lady
72	Alice	Dickinson	u/a	8.31	13th Lady
73	Derek	Smith	Mornington Chasers	9.05	2nd Vet 70
74	Lesley	Young	Dulwich Park	9.47	3rd Lady Vet 50
75	Sarah	Harrison	u/a	10.34	15th Lady



SRI CHINMOY marathon team
GREAT BRITAIN

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Ray

Willmott

u/a

Vet 50

Ray started late, actual time 6.56