



SRI CHINMOY marathon team  
**GREAT BRITAIN**

*“Run and Become. Become and Run.  
Run to succeed in the outer world.  
Become to proceed in the inner world”*

Sri Chinmoy

Results for Self-Transcendence 5 K. Race,  
Battersea Park, 1<sup>st</sup> June 2009  
Held under permit from SEAA

1	Martin	Shore	TH+H	16.04	
2	Duncan	Lancashire	Striders of Croydon	16.17	
3	Hugh	Torre	Serpentine	16.24	
4	Will	Withecembe	Beckenham	17.06	
5	Basil	Wallace	HHH	17.08	
6	Marshall	Moir	u/a	17.2	
7	Andrew	Davies	Serpentine	17.23	
8	Tony	Tuohy	Dulwich R	17.24	
9	Roger	Coyle	serpentine	17.26	
10	Toby	Hedgeland	u/a	17.28	
11	Stephen	Philcox	Barking RR	17.34	
12	Nicholas	Copas	Serpentine	17.38	
13	Jacob	Wiebel	Serpentine	17.4	
14	Simon	Phillips	HHH	17.49	
15	Robin	Jones	u/a	17.57	
16	Ian	Sharman	Serpentine	17.59	
17	T	O'Loughlin	u/a	18.04	
18	Alex	Patton	Mornington Chasers	18.06	
19	Gerry	Shaw	Orion	18.18	
20	David	Gardner	u/a	18.2	
21	Peter	Mack	Crystal Palace Tri	18.25	
22	Alain	Faure	u/a	18.3	
23	Sam	Allpass	Serpentine	18.32	
24	Matthew	Pegg	u/a	18.38	
25	Patrick	Hartley	u/a	18.4	
26	Joseph	Tandy	u/a	18.4	
27	Mohammed	Tahlak	u/a	19	
28	Sam	Butcher	u/a	19.11	
29	Paul	Tucker	Harrow AC	19.12	
30	Dean	Morley	Serpentine	19.12	
31	Anthony	Impey	u/a	19.13	
32	Jonathan	Robbins	u/a	19.18	
33	Steve	Ladhams	u/a	19.19	
34	Colin	Bailey-Wood	Dulwich R	19.2	



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35	Alex	Aronberg	striders of Croydon	19.22	
36	Timothy	Downen	u/a	19.24	
37	Ermano	Dal Ponti	Italy	19.27	
38	Stephane	Schnieder	Serpentine	19.28	
39	Kathryn	Hadley	u/a	19.36	1st Lady
40	Stephen	Massey	striders of Croydon	19.5	
41	Ed	James	u/a	19.52	
42	Roger	Green	Woodford Green	19.54	1st Vet 60
43	Bradley	Brown	Barking RR	19.54	
44	John	O'Sullivan	HHH	19.58	1st Vet 50
45	Paul	Oxley	u/a	20.03	
46	Toni	Merola	Beckenham	20.07	
47	Omar	Abdulla	Victoria Park H	20.16	
48	Betony	Garner	u/a	20.16	2nd Lady
49	Charlotte	Wilton	Wimbledon W	20.17	3rd Lady
50	Alun	Vincent	u/a	20.2	
51	Jeremy	West	u/a	20.21	
52	James	Freer	Fulham	20.22	
53	Phil	Nash	u/a	20.34	
54	Alex	Wood	Defra	20.35	
55	Morten	Pettersen	u/a	20.35	
56	Carlos	Romero	u/a	20.36	
57	Andrew	Green	u/a	20.44	
58	Melanie	Burdett	Beckenham	20.49	4th Lady
59	Thomas	Morris	Hercules W	20.5	2nd Vet 50
60	Steve	Edwards	Serpentine	20.53	3rd Vet 50
61	Mark	Fitchett	u/a	20.53	
62	Patrick	Tarpey	u/a	20.59	
63	Oliver	Walton	u/a	21.01	
64	Matt	Anderson	Striders of Croydon	21.01	
65	Adrian	Dennison	Serpentine	21.08	
66	Robert	Stern	Serpentine	21.09	
67	Sean	Leach	u/a	21.16	
68	Simon	Middleton	u/a	21.25	
69	Duncan	Rimmer	u/a	21.28	
70	Jeff	Prestridge	Serpentine	21.32	4th Vet 50
71	Brain	Pickles	Serpentine	21.37	5th Vet 50
72	Graham	Humphries	Collingwood	21.38	
73	Michael	Winkler	u/a	21.41	6 <sup>th</sup> Vet 50
74	Lionel	Van Staden	u/a	21.42	
75	Andrew	finnerty	kingston Stragglers	21.46	
76	Jonathan	Chambers	Fulham	21.51	7th Vet 50
77	Matthew	Paton	u/a	21.52	
78	Melissa	Adlam	Wimbledon W	21.54	5th Lady



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79	John	Greene	Serpentine	21.56	
80	Ian	Mursell	Vets AC	22.05	8th Vet 50
81	Charles	Craven	Fulham	22.09	
82	Lewis	Aldridge	Serpentine	22.11	
83	Louisa	Pritchard	Dulwich R	22.21	6th Lady
84	Yasmin	Anderson	Striders of Croydon	22.26	7th Lady
85	Philip	Hickson	fulham	22.27	
86	Alan	Cowan	Istead+Ifield H	22.29	9th Vet 50
87	John	Walshe	East Cork AC	22.47	10th Vet 50
88	Kevin	McLellan	Serpentine	22.5	11th Vet 50
89	Andrew	McFarlane	u/a	22.52	
90	Stephen	Eyre	u/a	23.01	
91	Carwyn	Fowler	u/a	23.06	
92	Greg	Neal	Watford H	23.11	12th Vet 50
93	Brian	Hicken	u/a	23.13	
94	Phil	Kelvin	Serpentine	23.15	1st Lady Vet 50
95	Melanie	Eyre	u/a	23.24	9th Lady
96	Mike	Crilly	u/a	23.43	
97	Rick	Burne	Fulham	23.46	13th Vet 50
98	Chantal	Vermeer	u/a	23.5	10th Lady
99	Denis	Barrow	u/a	23.53	
100	Maggie	Loo	u/a	23.56	
101	John	Fulford	u/a	24	14th Vet 50
102	Glenn	Woodhead	Dulwich Park	24	
103	Nick	Cambridge	u/a	24.01	2nd Vet 60
104	Peter	Cambridge	u/a	24.02	15th Vet 50
105	Nicholas	Martin	u/a	24.08	1st U/18
106	David Ricardo	De La pena	u/a	24.1	
107	Thomas	Martin	u/a	24.16	2nd U/18
108	Paul	Chapper	u/a	24.18	
109	Martin	Woods	u/a	24.4	3rd Vet 60
110	Harry	Cambridge	u/a	24.51	
111	Nick	Wilkins	u/a	24.55	16th Vet 50
112	Beate	Vogt	Serpentine	24.57	2nd Lady Vet 50
113	Ian	Fernandez	Dulwich Park	25.02	
114	Ian	Isherwood	Hercules W	25.1	17th Vet 50
115	Hector	Herrera Paredes	u/a	25.2	
116	Victoria	Gwilliam	u/a	25.2	12th Lady
117	Jonathan	Pegg	u/a	25.45	
118	Moss	Ladbrooke	u/a	25.52	4th Vet 60
119	Paris	Walker	Victoria Park H	26.07	13th Lady
120	Robert	Fortes	Serpentine	26.12	5th Vet 60
121	Sarah	Payne	u/a	26.15	14th Lady
122	Susan	Knof	u/a	26.16	15th Lady



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123	Lauren	Hughes	u/a	26.25	16th Lady
124	Kim	Ford	Striders of Croydon	26.32	17th Lady
125	Cesar	Gallo	u/a	26.4	18th Vet 50
126	Paul	Suttle	u/a	26.43	
127	Michael	Hughes	u/a	26.58	
128	Thomas	Wilkie	Collingwood	27.18	19th Vet 50
129	Judith	Buchana	Fulham	27.24	18th Lady
130	Leanne	Lyncu	Thames Valley Tri	27.34	19th Lady
131	Carolyn	Hewett	Team Wiggle	27.34	20th Lady
132	Valerie	Martin	u/a	27.44	21st Lady
133	Edwin	Bartlett	Vets AC	27.45	5th Vet 60
134	Iain	Fulton	Serpentine	28.04	20th Vet 50
135	Sarah	Clayton	u/a	28.18	22nd Lady
136	Sophie	Mayes	u/a	28.19	23rd Lady
137	Clara	Burton	u/a	28.26	24th Lady
138	Donna	Clinker	Serpentine	28.28	25th Lady
139	Paul	Brisby	u/a	28.28	
140	Denis	Deasy	u/a	28.29	21st Vet 50
141	Shahzad	Darr	Serpentine	28.48	
142	Colin	Denny	u/a	29.08	
143	Sarah	Whyatt	u/a	29.22	26th Lady
144	Toni	Brisby	u/a	29.33	1st Lady Vet 60
145	Debbie	Curtis	u/a	29.38	27th Lady
146	Laura	Dobson	u/a	29.38	28th Lady
147	Jonathan	Little	u/a	30.2	
148	Lorena	Little	u/a	30.2	29th Lady
149	Rhian	Eyre	u/a	31.03	30th Lady
150	Derek	Smith	Mornington Chasers	31.14	1st Vet 70
151	Tim	Harrison	u/a	31.57	22nd Vet 50
152	Jeffrey	Wiseman	Highgate H	31.59	2nd Vet 70
153	Marie	Sjoedin	u/a	33.16	31st Lady
154	Georgina	Dalzell-Piper	u/a	33.32	32nd Lady
155	Sophie	Parsons	u/a	33.32	33rd Lady
156	David	Gironi	Serpentine	34.11	
157	Rebecca	Bryan	Serpentine	35.25	34th Lady
158	Peter	Pinker	u/a	35.54	
159	Padraig	Donohue	British Military Fitness	36.16	
160	Erica	Charlton	u/a	36.16	35th Lady
161	John	Boyne	u/a	36.39	3rd Vet 70
162	Adrian	Bleackley	u/a	38.22	23rd Vet 50
163	Fahim	Remtulla	u/a	42.09	
164	Matthew	Scott	u/a	42.15	
165	Jon	Curtis	u/a	45.08	
166	Clare	Nove	u/a	45.08	36th Lady



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167	Kat	Taverner	u/a	45.16	37th Lady
168	Catherine	Guinan	u/a	49.43	3rd Lady Vet 50
169	Ron	Rosenhead	u/a	49.43	24th Vet 50
170	Jo	Hubbard	u/a	49.43	39th Lady
171	Terry	Treadwell	u/a	51.21	25th Vet 50