

## Medal Winners

### Men

1st	Huw Lobb	Serpentine	9.43
2nd	Martin Shore	THH	10.00
3rd	Igor Cojusneanu		10.24
4th	Toby Hedgeland		10.28
5th	Tony Tuophy	Dulwich	10.29
6th	Basil Wallace	Herne Hill	10.38
7th	Robin Jones		10.46

### Women

1st	Sian Thomas	Chiltern Harriers	12.12
2nd	Ann Thorniley		12.54
3rd	Rosey Guy	Windfall Tri	13.27
4th	Hay Sun Blunt		13.40
5th	Alison Nolan	Serpentine	14.12
6th	Emma Waterfall	Serpentine	14.16
7th	Athena Kugblenu		14.35

### U/16

1st M	Thomas Martin		14.53
1st F	Bethan Turner	VPH	14.52

### Men Over 50

1st	Tom Morris	Hercules	12.56
2nd	Alan Cowan	ISTEAD & IFIELD	13.05
3rd	Steve Smith	Striders of Croydon	13.20

### Women Over 50

1st	Andrea Sanders-Reese	Mornington Chasers	13.42
2nd	Sarah Newton	Serpentine	13.56
3rd	Liz Tapp		14.50

### Men Over 60

1st	Roger Green	Woodford Green AC	12.57
2nd	John Joyner		16.17

### Women Over 60

1st	Lyn Joyner		19.50
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Men Over 70

1st Derek Smith Mornington Chasers 19.26

**All Finishers**

Overall Position	Club	Time	Age Category	Cat. Pos	
1st	Huw Lobb	Serpentine	9.43	33 M U/50	1
2nd	Martin Shore	THH	10.00	34 M U/50	2
3rd	Igor Cojusneanu		10.24	28 M U/50	3
4th	Toby Hedgeland		10.28	29 M U/50	4
5th	Tony Tuophy	Dulwich	10.29	47 M U/50	5
6th	Basil Wallace	Herne Hill	10.38	36 M U/50	6
7th	Robin Jones		10.46	37 M U/50	7
8th	Simon Beedell	Chilton Harriers	11.12	28 M U/50	8
9th	Robert Hahn	LATV Plauen	11.15	31 M U/50	9
10th	Dave Gardner		11.15	44 M U/50	10
11th	Andrew Davies	Serpentine	11.22	M U/50	11
12th	Chris Van Hayden		11.30	34 M U/50	12
13th	Sam Allpass	Barnes Runners	11.32	44 M U/50	13
14th	Sebastian Amoah	Herne Hill	11.47	25 M U/50	14
15th	Mark Burkett		11.50	46 M U/50	15
16th	Gareth Coady		11.58	25 M U/50	16
17th	Anthony Impey		12.01	37 M U/50	17
18th	Chris Roach		12.04	38 M U/50	18
19th	Sian Thomas	Chilton Harriers	12.12	26 F U/50	1
20th	jack Bridgewater		12.24	27 M U/50	19
21st	Roberto Tyley	Serpentine	12.25	32 M U/50	20
22nd	Laurent Wels		12.32	38 M U/50	21
23rd	Phil Nash		12.45	47 M U/50	22
24th	Chris Notton	Serpentine	12.46	35 M U/50	23
25th	Anne Thorniley		12.54	31 F U/50	2
26th	Morton Petersen		12.55	39 M U/50	24
27th	Tom Morris	Hercules Wimbledon	12.56	52 M O/50	1
28th	Jonathan Little		12.57	36 M U/50	25
29th	Michael Butler		12.57	41 M U/50	26
30th	Roger Green	Woodford Green AC	12.58	62 M O/60	1
31st	Alan Cowan	ISTEAD & IFIELD	13.05	51 M O/50	2
32nd	David Miller		13.11	27 M U/50	27
33rd	Steve Smith	Striders of Croydon	13.20	51 M O/50	3
34th	Ian Mursell	Vets O/50	13.26	58 M O/50	4
35th	Rosey Guy		13.27	35 F U/50	3
36th	Brian Pickles	Serpentine	13.32	52 M O/50	5
37th	Hay Sun Blunt		13.40	28 F U/50	4
38th	Andrea Sanders-Reese	Mornington Chasers	13.42	54 F O/50	1
39th	Peter Martin		13.54	45 M U/50	28
40th	Sarah Newton	Serpentine	13.55	53 F O/50	2
41st	Alison Nolan	Serpentine	14.12	41 F U/50	5
42nd	Emma Waterfall	Serpentine	14.16	29 F U/50	6

43rd	Rod Smith		14.33	M U/50	29
44th	Athena Kugblenu		14.35	28 F U/50	7
45th	Helen Ralph		14.46	43 F U/50	8
46th	Liz Tapp	Serpentine	14.50	51 F O/50	3
47th	Bethan Turner	Victoria Park Harriers	14.52	13 U/16	1
48th	Thomas Martin		14.53	14 U/16	2
49th	John Wilson	Serpentine	14.59	42 M U/50	30
50th	Kate Martin		15.04	13 U/16	3
51st	Gillian Cavell	Dulwich Park Runners	15.12	F O/50	4
52nd	Ian fernandez	Dulwich Park Runners	15.15	40 M U/50	31
53rd	Gillian O Brien		15.25	28 F U/50	9
54th	Stephen Fitz-Costa		15.25	46 M U/50	32
55th	Daniel Gerlach		15.36	22 M U/50	33
56th	Beate Vogt	Serpentine	15.36	51 F O/50	5
57th	Neil Davies	Serpentine	15.45	45 M U/50	34
58th	Harris Walker	Victoria Park Harriers	15.47	14 U/16	4
59th	John Joyner		16.17	63 M O/60	2
60th	Alex Kidgell		16.23	29 F U/50	10
61st	Barry Walker	Dulwich Park Runners	16.27	66 M O/60	3
62nd	Amanda Ellis		16.47	42 F U/50	11
63rd	Ian Isherwood	Hercules Wimbledon	17.03	57 M O/50	6
64th	David Gironi	Serpentine	17.14	33 M U/50	35
65th	Thomas Wilkie	Collingwood AC	17.59	57 M O/50	7
66th	Edwin Bartlett	Vets AC	18.02	65 M O/60	4
67th	Peter Graham	100 Marathon Club	18.29	44 M U/50	36
68th	Sarah Wilkes		18.35	30 F U/50	12
69th	Evelyn McGinott		18.42	M O/50	8
70th	Derek Smith	Mornington Chasers	19.26	80 M O/70	1
71st	Lyn Joyner		19.50	61 F O/60	1
72nd	Tad Lancucki	100 Marathon Club	19.51	60 M O/60	5
73rd	Michael Job		20.34	65 M O/60	6
74th	Raymond Hoyle	Watford Harriers	23.39	67 M O/60	7