

Sri Chinmoy 5K Race

Battersea Park, London

18th June 2018

SPEEDY STEEDS 5K



**SRI CHINMOY
MARATHON TEAM**



WINNERS

| RANK | FIRST NAME | SURNAME | CLUB | M F | TIME | AGE |
|------|------------|---------|------|-------|------|-----|
|------|------------|---------|------|-------|------|-----|

Men U/50

| | | | | | | |
|---|---------|-----------|-------------------------|------|----------|----|
| 1 | John | McDonnell | Luton AC | Male | 00:15:26 | 26 |
| 2 | Charlie | Haywood | Highgate Harriers | Male | 00:15:40 | 22 |
| 3 | Henry | Murdoch | Highgate Harriers | Male | 00:15:57 | 22 |
| 4 | Joshua | Gordon | Bowerman Track Club | Male | 00:15:58 | 43 |
| 5 | Richard | Purdy | Serpentine | Male | 00:16:33 | 36 |
| 6 | David | Murray | Kirkintilloch Olympians | Male | 00:16:34 | 35 |
| 7 | James | Cordwell | Canal Striders | Male | 00:16:35 | 42 |

Women U/50

| | | | | | | |
|---|-----------|---------------|---------------------|--------|----------|----|
| 1 | Jackie | Skinner | Fulham Running Club | Female | 00:17:55 | 40 |
| 2 | Kelly | Thorneycroft | London Heathside | Female | 00:18:24 | 28 |
| 3 | Lucy | Werthelm | Clapham Chasers | Female | 00:18:38 | 29 |
| 4 | Catherine | Ansell | Herne Hill H | Female | 00:18:50 | 31 |
| 5 | Lily | Woolcock | London Heathside | Female | 00:19:45 | 22 |
| 6 | Steffi | Luker Edwards | London Heathside | Female | 00:19:48 | 19 |
| 7 | Jo Jo | Rhodes | Belgrave H | Female | 00:19:51 | 32 |

Men Vet 50

| | | | | | | |
|---|-----------|---------|-----------------------|------|----------|----|
| 1 | Neil | Danby | | Male | 00:16:38 | 52 |
| 2 | Krzysztof | Klidzia | Striders of Croydon | Male | 00:18:13 | 53 |
| 3 | Peter | Lee | hercules wimbledon ac | Male | 00:18:16 | 52 |

Women Vet 50

| | | | | | | |
|---|---------|-------------|-------------------|--------|----------|----|
| 1 | Kay | Trinder | Woking AC | Female | 00:21:00 | 52 |
| 2 | Michiko | Thomas | 100 marathon club | Female | 00:23:20 | 53 |
| 3 | Sunanda | Sarker-Bell | | Female | 00:24:08 | 52 |

Men Vet 60

| | | | | | | |
|---|--------|-----------|---------------------|------|----------|----|
| 1 | Pete | Crockford | London Heathside | Male | 00:18:56 | 60 |
| 2 | Martin | Milward | Fulham Running Club | Male | 00:20:27 | 63 |

Women Vet 60

| | | | | | | |
|---|-------|-----------|----------------|--------|----------|----|
| 1 | Karen | Allworthy | Orion Harriers | Female | 00:24:10 | 60 |
|---|-------|-----------|----------------|--------|----------|----|

Men Vet 70

| | | | | | | |
|---|------|-------|--|------|----------|----|
| 1 | Alan | Moore | | Male | 00:25:39 | 73 |
|---|------|-------|--|------|----------|----|

Men Vet 80

| | | | | | | |
|---|-------|---------|---------|------|----------|----|
| 1 | Cliff | Collins | Vets AC | Male | 00:28:39 | 82 |
|---|-------|---------|---------|------|----------|----|

ALL RESULTS BELOW

“Congratulations on completing the race. Ours is a runbritain-licensed event and therefore your time is included in calculating your free runbritain handicap score. More than 66,000 runners of all standards have now claimed their runbritain handicap score. As well as giving you a current score, between scratch and 36.0, your free personalised running biog page includes your current national ranking by age band and postcode, your position on the national ladder, your progress graph, your strongest distance, a head-to-head comparison with other runners and downloadable training schedules to improve your score next time you race. Your handicap score also updates automatically every time you complete a licensed event. To claim your score now, click on

Your handicap score also updates automatically every time you complete a licensed event. To claim your score now, click on <http://www.runbritainrankings.com/user/claimhandicap.aspx>

RESULTS

| RANK | FIRST NAME | SURNAME | CLUB | M F | TIME | AGE | CATEGORY | CAT. POS. |
|------|------------|---------------------|----------------------------|--------|----------|-----|----------|-----------|
| 1 | John | McDonnell | Luton AC | Male | 00:15:26 | 26 | M U/50 | 1 |
| 2 | Charlie | Haywood | Highgate Harriers | Male | 00:15:40 | 22 | M U/50 | 2 |
| 3 | Henry | Murdoch | Highgate Harriers | Male | 00:15:57 | 22 | M U/50 | 3 |
| 4 | Joshua | Gordon | Bowerman Track Club | Male | 00:15:58 | 43 | M U/50 | 4 |
| 5 | Richard | Purdy | Serpentine | Male | 00:16:33 | 36 | M U/50 | 5 |
| 6 | David | Murray | Kirkintilloch Olympians | Male | 00:16:34 | 35 | M U/50 | 6 |
| 7 | James | Cordwell | Canal Striders | Male | 00:16:35 | 42 | M U/50 | 7 |
| 8 | Neil | Danby | | Male | 00:16:38 | 52 | M Vet 50 | 1 |
| 9 | Dan | Lewington | | Male | 00:16:41 | 32 | M U/50 | 8 |
| 10 | Daneil | Higgins | Canal Striders | Male | 00:16:45 | 39 | M U/50 | 9 |
| 11 | Sion | Lewis | London Heathside Runners | Male | 00:16:49 | 35 | M U/50 | 10 |
| 12 | Duncan | Lawrence | Headington R | Male | 00:16:52 | 30 | M U/50 | 11 |
| 13 | Robbie | Cox | Woodford Green | Male | 00:16:59 | 36 | M U/50 | 12 |
| 14 | Robert | Daly | London Frontrunners | Male | 00:17:03 | 32 | M U/50 | 13 |
| 15 | John | Kettle | Herne Hill Harriers | Male | 00:17:04 | 42 | M U/50 | 14 |
| 16 | Peter | Holmes | Serpentine | Male | 00:17:07 | 40 | M U/50 | 15 |
| 17 | Ewan | Fryatt | Ealing Eagles Running Club | Male | 00:17:11 | 36 | M U/50 | 16 |
| 18 | Lloyd | Collier | Dulwich | Male | 00:17:11 | 45 | M U/50 | 17 |
| 19 | Jonathan | Moscrop | Serpentine | Male | 00:17:12 | 44 | M U/50 | 18 |
| 20 | Thomas | South | Dulwich runners | Male | 00:17:15 | 42 | M U/50 | 19 |
| 21 | Graham | O'Donoghue | Serpentine | Male | 00:17:38 | 39 | M U/50 | 20 |
| 22 | Robert | Peacock | Herne Hill Harriers | Male | 00:17:39 | 40 | M U/50 | 21 |
| 23 | Stewart | Stanton | Sutton R | Male | 00:17:44 | 26 | M U/50 | 22 |
| 24 | Nicholas | Gould | Canal Striders | Male | 00:17:46 | 37 | M U/50 | 23 |
| 25 | David | Comb | | Male | 00:17:51 | 38 | M U/50 | 24 |
| 26 | Jackie | Skinner | Fulham Running Club | Female | 00:17:55 | 40 | W U/50 | 1 |
| 27 | Andrew | Scoones | Swale Combined AC | Male | 00:17:55 | 28 | M U/50 | 25 |
| 28 | Conor | Donaghy | Clapham Chasers | Male | 00:17:57 | 34 | M U/50 | 26 |
| 29 | Samuel | Barnes | Serpentine | Male | 00:18:01 | 32 | M U/50 | 27 |
| 30 | Stephen | Richardson | Canal Striders | Male | 00:18:09 | 38 | M U/50 | 28 |
| 31 | Martin | Carmach | Serpentine | Male | 00:18:10 | 48 | M U/50 | 29 |
| 32 | Richard | Murphy | London Heathside | Male | 00:18:12 | 29 | M U/50 | 30 |
| 33 | Krzysztof | Klidzia | Striders of Croydon | Male | 00:18:13 | 53 | M Vet 50 | 2 |
| 34 | Peter | Lee | hercules wimbledon ac | Male | 00:18:16 | 52 | M Vet 50 | 3 |
| 35 | Simon | Moore | Lingfield RC | Male | 00:18:17 | 50 | M Vet 50 | 4 |
| 36 | Ed | Keighley | Clapham Chasers | Male | 00:18:24 | 27 | M U/50 | 31 |
| 37 | Kelly | Thorneycroft | London Heathside | Female | 00:18:24 | 28 | W U/50 | 2 |
| 38 | Jason | Medcalf | Eurotas | Male | 00:18:25 | 41 | M U/50 | 32 |
| 39 | Adam | May | Hercules Wimbledon | Male | 00:18:25 | 37 | M U/50 | 33 |
| 40 | Henry | Heatherwick-Lammers | Highgate Harriers | Male | 00:18:27 | 28 | M U/50 | 34 |
| 41 | Mark | Constantinou | Collingwood AC | Male | 00:18:30 | 54 | M Vet 50 | 5 |

| | | | | | | | | |
|----|-----------|---------------|--------------------------|--------|----------|----|----------|----|
| 42 | Lucy | Werthelm | Clapham Chasers | Female | 00:18:38 | 29 | W U/50 | 3 |
| 43 | Mark | Jefford | London Heathside | Male | 00:18:42 | 52 | M Vet 50 | 6 |
| 44 | Gary | James | | Male | 00:18:44 | 40 | M U/50 | 35 |
| 45 | Tim | Ballard | Colchester | Male | 00:18:47 | 42 | M U/50 | 36 |
| 46 | Catherine | Ansell | Herne Hill H | Female | 00:18:50 | 31 | W U/50 | 4 |
| 47 | James | Stenning | London Fronrunners | Male | 00:18:50 | 39 | M U/50 | 37 |
| 48 | Antony | Constantinou | Collingwood AC | Male | 00:18:52 | 54 | M Vet 50 | 7 |
| 49 | John | Mehrzad | mornington chasers | Male | 00:18:54 | 39 | M U/50 | 38 |
| 50 | Simon | Woodley | hercules wimbledon ac | Male | 00:18:54 | 42 | M U/50 | 39 |
| 51 | Eric | Dol | Herne Hill H | Male | 00:18:55 | 28 | M U/50 | 40 |
| 52 | Pete | Crockford | London Heathside | Male | 00:18:56 | 60 | M Vet 60 | 1 |
| 53 | Chris | Wood | | Male | 00:19:06 | 38 | M U/50 | 41 |
| 54 | Allan | Cox | Clapham Chasers | Male | 00:19:21 | 41 | M U/50 | 42 |
| 55 | Hubert | Brandts | | Male | 00:19:23 | 50 | M Vet 50 | 8 |
| 56 | Patrick | Thielemans | Serpentine | Male | 00:19:40 | 41 | M U/50 | 43 |
| 57 | Sam | Wilkinson | | Male | 00:19:45 | 26 | M U/50 | 44 |
| 58 | Lily | Woolcock | London Heathside | Female | 00:19:45 | 22 | W U/50 | 5 |
| 59 | Jeremy | Nelson | Eurotas | Male | 00:19:46 | 54 | M Vet 50 | 9 |
| 60 | Steffi | Luker Edwards | London Heathside | Female | 00:19:48 | 19 | W U/50 | 6 |
| 61 | Jo Jo | Rhodes | Belgrave H | Female | 00:19:51 | 32 | W U/50 | 7 |
| 62 | Darryl | Coulter | Nene Valley | Male | 00:19:51 | 47 | M U/50 | 45 |
| 63 | Matt | Earl | | Male | 00:19:59 | 39 | M U/50 | 46 |
| 64 | Damian | Ings | Clapham R | Male | 00:19:59 | 44 | M U/50 | 47 |
| 65 | tom | cheetham | hercules wimbledon ac | Male | 00:20:14 | 51 | M Vet 50 | 10 |
| 66 | Jonathan | Little | | Male | 00:20:14 | 44 | M U/50 | 48 |
| 67 | Amit | Marks | | Male | 00:20:16 | 41 | M U/50 | 49 |
| 68 | Karrie | Hill-Hughes | | Female | 00:20:26 | 32 | W U/50 | 8 |
| 69 | Ellie | Wilkinson | East London Runners | Female | 00:20:27 | 29 | W U/50 | 9 |
| 70 | Martin | Milward | Fulham Running Club | Male | 00:20:27 | 63 | M Vet 60 | 2 |
| 71 | Christina | Dimitrov | Dulwich runners | Female | 00:20:28 | 33 | W U/50 | 10 |
| 72 | Kenneth | McCallum | | Male | 00:20:36 | 47 | M U/50 | 50 |
| 73 | Paul | Tremaine | Eurotas | Male | 00:20:38 | 33 | M U/50 | 51 |
| 74 | Kelly | Morgan | Aberdare vaac | Female | 00:20:39 | 39 | W U/50 | 11 |
| 75 | Kay | Trinder | Woking AC | Female | 00:21:00 | 52 | W Vet 50 | 1 |
| 76 | Jennifer | Wing | London Heathside Runners | Female | 00:21:04 | 26 | W U/50 | 12 |
| 77 | Christian | Morris | serpentine running club | Male | 00:21:05 | 35 | M U/50 | 52 |
| 78 | Alan | Wilkinson | | Male | 00:21:06 | 58 | M Vet 50 | 11 |
| 79 | Neil | Colquhoun | London Fronrunners | Male | 00:21:14 | 41 | M U/50 | 53 |
| 80 | Feargal | Leonard | London | Male | 00:21:33 | 32 | M U/50 | 54 |
| 81 | Jonathan | Chambers | Fulham Running Club | Male | 00:21:33 | 61 | M Vet 60 | 3 |
| 82 | Gary | Hoake | Ilford AC | Male | 00:21:37 | 51 | M Vet 50 | 12 |
| 83 | OLIVER | BAZIN | | Male | 00:22:01 | 29 | M U/50 | 55 |
| 84 | Roberto | Tyley | | Male | 00:22:03 | 40 | M U/50 | 56 |
| 85 | Andrew | McNamara | Fulham Running Club | Male | 00:22:06 | 35 | M U/50 | 57 |
| 86 | Kerry | Foley | Eurotas | Female | 00:22:13 | 41 | W U/50 | 13 |
| 87 | Philip | Wills | | Male | 00:22:16 | 38 | M U/50 | 58 |
| 88 | Kevin | Hooker | | Male | 00:22:16 | 37 | M U/50 | 59 |
| 89 | David | Bates | Sutton R | Male | 00:22:19 | 42 | M U/50 | 60 |
| 90 | Ian | McCarthy | Cambridge Harriers | Male | 00:22:22 | 61 | M Vet 60 | 4 |
| 91 | Nicola | McGlennon | Serpentine | Female | 00:22:39 | 42 | W U/50 | 14 |

| | | | | | | | | |
|-----|--------------|--------------------|--------------------------|--------|----------|----|----------|----|
| 92 | Eoghan | Leonard | | Male | 00:22:41 | 31 | M U/50 | 61 |
| 93 | Tim | Briggs | Clapham Chasers | Male | 00:23:00 | 29 | M U/50 | 62 |
| 94 | Ian | Mursell | Vets AC | Male | 00:23:05 | 66 | M Vet 60 | 5 |
| 95 | Gabi | Johnson | London Heathside | Female | 00:23:14 | ? | W U/50 | 15 |
| 96 | David | Hallsen | RRC | Male | 00:23:16 | 65 | M Vet 60 | 6 |
| 97 | Michiko | Thomas | 100 marathon club | Female | 00:23:20 | 53 | W Vet 50 | 2 |
| 98 | Declan | Kinahan | | Male | 00:23:33 | 30 | M U/50 | 63 |
| 99 | Elaine | Reid | Collingwood AC | Female | 00:23:35 | 48 | W U/50 | 16 |
| 100 | Eda | Korkmaz | Eda Korkmaz | Female | 00:23:41 | 43 | W U/50 | 17 |
| 101 | Sunanda | Sarker-Bell | | Female | 00:24:08 | 52 | W Vet 50 | 3 |
| 102 | Karen | Allworthy | Orion Harriers | Female | 00:24:10 | 60 | W Vet 60 | 1 |
| 103 | Mark | kinirons | | Male | 00:24:14 | 57 | M Vet 50 | 13 |
| 104 | Nigel | Whiteoak | RunThrough | Male | 00:24:39 | 45 | M U/50 | 64 |
| 105 | Kirsty | Bannerman | | Female | 00:24:44 | 29 | W U/50 | 18 |
| 106 | michele | griffiths | mornington chasers | Female | 00:25:03 | 53 | W Vet 50 | 4 |
| 107 | Kathryn | Hertzberg | East London Runners | Female | 00:25:05 | 33 | W U/50 | 19 |
| 108 | Ruben | Agocs | | Male | 00:25:06 | 42 | M U/50 | 65 |
| 109 | Chris | Leadbeater | | Male | 00:25:09 | 36 | M U/50 | 66 |
| 110 | Ana | Hurta Osorio | | Female | 00:25:20 | 54 | W Vet 50 | 5 |
| 111 | Judith | Clarkson | Fulham Running Club | Female | 00:25:21 | 46 | W U/50 | 20 |
| 112 | Alexandra | Rutishauser-Perera | East London Runners | Female | 00:25:35 | 40 | W U/50 | 21 |
| 113 | Katy | Smith | | Female | 00:25:36 | 29 | W U/50 | 22 |
| 114 | Alan | Moore | | Male | 00:25:39 | 73 | M Vet 70 | 1 |
| 115 | Jodie Sophia | Gibson | | Female | 00:25:41 | 23 | W U/50 | 23 |
| 116 | Mark | Reid | | Male | 00:25:42 | 46 | M U/50 | 67 |
| 117 | Yvonne | Ellis | Eurotas | Female | 00:25:54 | 45 | W U/50 | 24 |
| 118 | DAVID | HALLIDAY | Swinton running club | Male | 00:26:07 | 41 | M U/50 | 68 |
| 119 | Amy | Phillips | | Female | 00:26:18 | 36 | W U/50 | 25 |
| 120 | Daniel | Mateos | N/A | Male | 00:26:25 | 46 | M U/50 | 69 |
| 121 | Stuart | Cole | | Male | 00:27:00 | 45 | M U/50 | 70 |
| 122 | Alan | Davidson | Ranelagh Harriers | Male | 00:27:17 | 71 | M Vet 70 | 2 |
| 123 | John | Grigg | Fulham Running Club | Male | 00:27:29 | 64 | M Vet 60 | 7 |
| 124 | Clare | Boutle | Barnet & District | Female | 00:27:31 | 49 | W U/50 | 26 |
| 125 | Deborah | Babbington | Fulham Running Club | Female | 00:27:46 | 57 | W Vet 50 | 6 |
| 126 | Ursula | White | Fulham Running Club | Female | 00:27:50 | 29 | W U/50 | 27 |
| 127 | Neil | Davies | 26.2 Marathon | Male | 00:27:57 | 53 | M Vet 50 | 14 |
| 128 | Nina | TREVARTHEN | Crawley saints & sinners | Female | 00:28:12 | 51 | W Vet 50 | 7 |
| 129 | Jennifer | Sivapalan | | Female | 00:28:22 | 34 | W U/50 | 28 |
| 130 | Cliff | Collins | Vets AC | Male | 00:28:39 | 82 | M Vet 80 | 1 |
| 131 | Karen | Samuel | Kent AC | Female | 00:28:50 | 57 | W Vet 50 | 8 |
| 132 | Robert | Ravelli | London Fronrunners | Male | 00:29:23 | 61 | M Vet 60 | 8 |
| 133 | Christopher | Shaw | Fulham Running Club | Male | 00:29:38 | 39 | M U/50 | 71 |
| 134 | Rosa | Constantinou | Collingwood AC | Female | 00:31:04 | 50 | W Vet 50 | 9 |
| 135 | Edwin | Bartlett | Vets AC | Male | 00:33:43 | 73 | M Vet 70 | 3 |