

Self Transendence 100K, Sunday 27 March 2011, Perth, Scotland
inc UK and Scottish Championships and Anglo Celtic Plate

| Pos | Name | lap 1 2.381 km | | lap 2 4.762 km | | lap 3 7.143 km | | lap 4 9.524 km | | lap 5 11.905 km | | lap 6 14.286km | | lap 7 16.667 km | | lap 8 19.048 km | | lap 9 21.429km | | lap 10 23.810 km | |
|-----|-----------------------|---------------------|-----------|---------------------|-----------|---------------------|-----------|---------------------|-----------|--------------------|-----------|---------------------|-----------|---------------------|-----------|---------------------|-----------|---------------------|-----------|---------------------|-----------|
| | | cumulat ive time | lap split | cumulati ve time | lap split | cumulati ve time | lap split | cumulati ve time | lap split | cum time | lap split | cumulati ve time | lap split | cumulati ve time | lap split | cumulati ve time | lap split | cumulati ve time | lap split | cumulati ve time | lap split |
| 1 | Craig Stewart | 10.45 | 10.45 | 20.50 | 10.05 | 31.10 | 10.20 | 41.10 | 10.00 | 51.30 | 10.20 | 1.01.20 | 9.50 | 1.10.50 | 9.30 | 1.20.30 | 9.40 | 1.30.10 | 9.40 | 1.39.40 | 9.30 |
| 2 | Allen Smalls | 10.42 | 10.42 | 20.51 | 10.09 | 30.30 | 9.39 | 40.22 | 9.52 | 49.53 | 9.31 | 59.35 | 9.42 | 1.09.15 | 9.40 | 1.18.58 | 9.43 | 1.28.46 | 9.48 | 1.38.50 | 10.04 |
| 3 | John Byrne | 10.30 | 10.30 | 20.10 | 9.40 | 30.50 | 10.40 | 41.00 | 11.10 | 51.20 | 10.20 | 1.01.40 | 10.20 | 1.11.50 | 10.10 | 1.22.50 | 11.00 | 1.32.40 | 9.50 | 1.42.40 | 10.00 |
| 4 | George Dayantis | 10.30 | 10.30 | 20.45 | 10.15 | 30.52 | 10.07 | 40.55 | 10.03 | 50.59 | 10.04 | 1.00.59 | 10.00 | 1.10.55 | 9.56 | 1.20.44 | 9.49 | 1.30.39 | 9.55 | 1.40.30 | 9.51 |
| 5 | Grant Jeans | 11.02 | 11.02 | 20.50 | 9.48 | 30.40 | 9.50 | 40.50 | 10.10 | 50.50 | 10.00 | 1.00.40 | 9.50 | 1.10.10 | 9.30 | 1.19.40 | 9.30 | 1.29.20 | 9.40 | 1.39.00 | 9.40 |
| 6 | Daniel Doherty | 10.30 | 10.30 | 20.50 | 9.40 | 30.40 | 9.50 | 40.30 | 9.50 | 50.00 | 9.30 | 59.50 | 9.50 | 1.09.30 | 9.40 | 1.19.20 | 9.50 | 1.29.10 | 9.50 | 1.39.00 | 9.50 |
| 7 | Keith Whyte | 10.40 | 10.40 | 20.56 | 10.16 | 30.54 | 9.58 | 41.12 | 10.18 | 51.25 | 10.13 | 1.01.38 | 10.13 | 1.11.48 | 10.10 | 1.21.49 | 10.01 | 1.31.50 | 10.01 | 1.42.07 | 10.14 |
| 8 | David Gardiner | 10.50 | 10.50 | 21.25 | 10.35 | 31.20 | 9.55 | 41.50 | 10.30 | 52.20 | 10.30 | 1.02.50 | 10.30 | 1.13.10 | 9.20 | 1.23.30 | 10.20 | 1.34.00 | 10.30 | 1.44.20 | 10.20 |
| 9 | Thomas Loehndorf | 10.40 | 10.40 | 21.00 | 10.20 | 31.30 | 10.30 | 42.00 | 10.30 | 52.30 | 10.30 | 1.03.10 | 10.40 | 1.13.40 | 10.30 | 1.24.10 | 10.30 | 1.35.00 | 10.50 | 1.45.30 | 10.30 |
| 10 | Harry Johnston | 10.56 | 10.56 | 21.27 | 10.31 | 31.46 | 10.19 | 42.09 | 10.23 | 52.43 | 10.34 | 1.03.13 | 10.30 | 1.13.43 | 10.30 | 1.24.02 | 10.19 | 1.34.20 | 10.18 | 1.44.42 | 10.12 |
| 11 | Sean McCormack | 11.10 | 11.10 | 22.20 | 11.10 | 33.30 | 11.10 | 44.20 | 10.50 | 55.20 | 11.00 | 1.06.30 | 11.10 | 1.17.50 | 11.20 | 1.28.40 | 10.50 | 1.39.50 | 11.10 | 1.50.50 | 11.00 |
| 12 | Emily Gelder | 11.00 | 11.00 | 22.00 | 11.00 | 33.00 | 11.00 | 44.00 | 11.00 | 54.50 | 10.50 | 1.06.00 | 11.10 | 1.17.30 | 11.30 | 1.28.50 | 11.20 | 1.39.40 | 10.50 | 1.50.50 | 11.10 |
| 13 | Thomas Maguire | 10.15 | 10.15 | 21.04 | 10.49 | 31.24 | 10.20 | 41.51 | 10.27 | 52.19 | 10.28 | 1.02.38 | 10.19 | 1.12.49 | 10.11 | 1.23.19 | 10.30 | 1.33.37 | 10.18 | 1.44.29 | 10.52 |
| 14 | John Pares | 11.20 | 11.20 | 21.50 | 10.30 | 32.40 | 10.50 | 43.40 | 11.00 | 54.40 | 11.00 | 1.06.00 | 11.20 | 1.17.20 | 11.20 | 1.28.10 | 10.50 | 1.39.00 | 10.50 | 1.50.00 | 11.00 |
| 15 | John O'Regan | 10.53 | 10.53 | 21.29 | 10.36 | 31.57 | 10.28 | 44.25 | 12.28 | 54.50 | 12.25 | 1.05.46 | 10.56 | 1.16.41 | 10.55 | 1.27.43 | 11.02 | 1.38.18 | 10.35 | 1.49.10 | 10.52 |
| 16 | Paul Fernandez | 10.54 | 10.54 | 21.03 | 10.09 | 31.29 | 10.26 | 42.02 | 10.33 | 52.33 | 10.31 | 1.02.52 | 10.19 | 1.13.23 | 10.31 | 1.23.45 | 10.22 | 1.33.59 | 10.14 | 1.44.09 | 10.10 |
| 17 | Ian Berry | 11.40 | 11.40 | 23.20 | 11.40 | 34.53 | 11.33 | 46.12 | 11.19 | 57.29 | 11.17 | 1.09.06 | 11.37 | 1.20.00 | 10.54 | 1.31.07 | 11.07 | 1.42.11 | 11.04 | 1.53.32 | 11.21 |
| 18 | Karen Rushton | 11.40 | 11.40 | 23.20 | 11.40 | 34.50 | 11.30 | 46.30 | 11.40 | 58.30 | 12.00 | 1.10.10 | 11.40 | 1.21.20 | 11.10 | 1.32.20 | 11.00 | 1.43.40 | 11.20 | 1.54.00 | 11.20 |
| 19 | Jeremy Mower | 11.40 | 11.40 | 23.20 | 11.40 | 34.40 | 11.20 | 46.00 | 11.20 | 57.30 | 11.30 | 1.08.50 | 11.20 | 1.19.50 | 11.00 | 1.30.30 | 10.40 | 1.41.20 | 10.50 | 1.52.10 | 10.50 |
| 20 | Paul Hart | 11.17 | 11.17 | 21.30 | 10.13 | 32.10 | 10.40 | 42.40 | 10.30 | 53.30 | 10.50 | 1.04.00 | 10.30 | 1.14.40 | 10.40 | 1.25.20 | 10.40 | 1.36.00 | 10.40 | 1.46.40 | 10.40 |
| 21 | George Cairns | 11.00 | 11.00 | 21.34 | 10.34 | 32.08 | 10.32 | 42.39 | 10.31 | 53.08 | 10.29 | 1.03.48 | 10.42 | 1.14.25 | 10.37 | 1.24.57 | 10.32 | 1.35.38 | 10.41 | 1.46.25 | 10.47 |
| 22 | Heather Foundling Haw | 11.21 | 11.21 | 22.23 | 11.02 | 33.19 | 10.56 | 44.02 | 10.43 | 54.56 | 10.54 | 1.05.41 | 10.45 | 1.16.24 | 10.43 | 1.27.31 | 11.07 | 1.38.18 | 10.47 | 1.49.10 | 10.52 |
| 23 | Adela Salt | 10.30 | 10.30 | 21.30 | 11.00 | 32.10 | 11.40 | 43.00 | 10.50 | 54.10 | 11.10 | 1.05.00 | 10.50 | 1.17.00 | 12.00 | 1.27.50 | 10.50 | 1.38.50 | 11.00 | 1.49.30 | 10.40 |
| 24 | Mark Shepherd | 11.30 | 11.30 | 23.10 | 11.40 | 34.40 | 11.30 | 46.00 | 11.20 | 57.10 | 11.10 | 1.08.40 | 11.30 | 1.20.00 | 11.20 | 1.31.00 | 11.00 | 1.42.00 | 11.00 | 1.54.10 | 12.10 |
| 25 | Jen Salter | 11.30 | 11.30 | 23.20 | 11.50 | 34.50 | 11.30 | 46.40 | 11.20 | 58.30 | 11.50 | 1.10.10 | 11.40 | 1.21.50 | 11.40 | 1.33.00 | 11.10 | 1.44.30 | 11.30 | 1.55.50 | 11.20 |
| 26 | Angela Sadler | 11.40 | 11.40 | 23.20 | 11.40 | 34.50 | 11.30 | 46.30 | 11.40 | 59.50 | 13.20 | 1.11.40 | 11.50 | 1.23.40 | 12.00 | 1.35.40 | 12.00 | 0 | 12.10 | 1.59.40 | 11.50 |
| 27 | Gail Muroch | 11.29 | 11.29 | 25.37 | 12.08 | 35.33 | 11.56 | 47.16 | 11.46 | 59.08 | 11.52 | 1.10.28 | 11.20 | 1.21.48 | 11.20 | 1.33.37 | 11.49 | 1.44.51 | 11.14 | 1.56.09 | 11.18 |
| 28 | Isobel Knox | 11.50 | 11.50 | 23.43 | 11.53 | 35.43 | 12.00 | 47.53 | 12.10 | 59.48 | 11.55 | 1.11.39 | 11.51 | 1.23.42 | 12.03 | 1.35.35 | 11.53 | 1.47.37 | 12.02 | 2.00.06 | 12.29 |
| 29 | Debbie Martin-Consani | 12.40 | 12.40 | 25.27 | 12.47 | 38.15 | 12.48 | 51.07 | 12.52 | 1.03.49 | 12.42 | 1.16.35 | 12.46 | 1.29.14 | 12.39 | 1.42.02 | 12.38 | 1.54.40 | 12.38 | 2.06.57 | 12.17 |
| 30 | Glenn Hatrick | 11.26 | 11.26 | 23.28 | 12.02 | 35.04 | 11.36 | 47.05 | 12.01 | 58.56 | 11.51 | 1.11.55 | 12.59 | 1.13.57 | 12.02 | 1.24.06 | 10.09 | 1.36.28 | 12.22 | 1.48.37 | 12.09 |
| 31 | Jayne Angilley | 12.39 | 12.39 | 24.55 | 12.16 | 37.26 | 12.31 | 50.10 | 12.44 | 1.02.42 | 12.32 | 1.15.07 | 12.25 | 1.27.32 | 12.25 | 1.41.00 | 13.28 | 1.52.10 | 11.10 | 2.04.20 | 12.10 |
| 32 | Bill Watson | 11.57 | 11.57 | 23.42 | 11.45 | 35.45 | 12.03 | 43.20 | 12.25 | 1.01.00 | 12.40 | 1.12.30 | 11.30 | 1.24.00 | 11.30 | 1.37.00 | 13.00 | 1.48.30 | 11.30 | 2.00.12 | 11.42 |
| 33 | Andrew Lochhead | 11.30 | 11.30 | 21.30 | 10.00 | 32.00 | 10.30 | 42.25 | 10.25 | 52.50 | 10.25 | 1.03.30 | 10.40 | 1.14.00 | 10.30 | 1.24.45 | 10.45 | 1.35.30 | 10.45 | 1.46.10 | 10.40 |
| 34 | Stewart Walker | 11.14 | 11.14 | 23.30 | 12.16 | 35.05 | 11.35 | 46.40 | 11.35 | 59.40 | 13.00 | 1.11.20 | 12.40 | 1.24.20 | 13.00 | 1.36.10 | 11.50 | 1.48.30 | 12.20 | 2.02.05 | 13.35 |
| 35 | Anth Courtney | 12.37 | 12.37 | 24.53 | 12.16 | 37.26 | 12.33 | 50.14 | 12.48 | 1.02.43 | 12.29 | 1.15.08 | 12.25 | 1.27.32 | 12.24 | 1.39.54 | 12.22 | 1.52.10 | 12.16 | 2.04.22 | 12.12 |
| 36 | Pauline Walker | 12.25 | 12.25 | 25.25 | 13.00 | 38.10 | 12.45 | 51.10 | 13.00 | 1.03.50 | 12.40 | 1.16.30 | 12.40 | 1.29.10 | 12.40 | 1.42.00 | 12.50 | 1.54.30 | 12.30 | 2.07.00 | 12.30 |
| 37 | Brian Laurie | 11.00 | 11.00 | 22.00 | 11.00 | 32.40 | 10.40 | 43.20 | 10.40 | 54.10 | 10.50 | 1.05.00 | 10.50 | 1.16.00 | 11.00 | 1.27.00 | 11.00 | 1.38.10 | 11.10 | 1.49.30 | 11.20 |
| 38 | Samuel Kilpatrick | 12.30 | 12.30 | 24.50 | 12.20 | 37.00 | 12.10 | 50.10 | 13.10 | 1.02.40 | 12.30 | 1.15.10 | 12.30 | 1.27.40 | 12.30 | 1.40.10 | 12.30 | 1.52.40 | 12.30 | 2.05.20 | 12.40 |
| 39 | Graham Henry | 11.45 | 11.45 | 23.28 | 11.43 | 35.13 | 11.45 | 48.21 | 13.08 | 1.00.15 | 11.54 | 1.12.26 | 12.11 | 1.24.18 | 11.52 | 1.36.01 | 11.43 | 1.49.26 | 13.25 | 2.01.21 | 11.55 |

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| | lap 11 26.191 km | | lap 12 28.572 km | | lap 13 30.953 km | | lap 14 33.334km | | lap 15 35.715 km | | lap 16 38.096km | | lap 17 40.477km | | lap 18 42.858 km | | lap 19 45.239 km | | lap 20 47.620 km | |
|-----------------------|---------------------|-----------|---------------------|-----------|---------------------|-----------|---------------------|-----------|---------------------|-----------|---------------------|-----------|---------------------|-----------|---------------------|-----------|---------------------|-----------|---------------------|-----------|
| | cumulati ve time | lap split | cumulati ve time | lap split | cumulati ve time | lap split | cumulati ve time | lap split | cumulati ve time | lap split | cumulati ve time | lap split | cumulati ve time | lap split | cumulati ve time | lap split | cumulati ve time | lap split | cumulati ve time | lap split |
| Craig Stewart | 1.49.20 | 9.40 | 1.59.10 | 9.50 | 2.09.10 | 10.00 | 2.19.10 | 10.00 | 2.28.50 | 9.40 | 2.38.30 | 9.40 | 2.48.50 | 10.20 | 2.58.30 | 9.40 | 3.08.20 | 9.50 | 3.18.20 | 10.00 |
| Allen Smalls | 1.48.28 | 9.38 | 1.58.15 | 9.47 | 2.07.49 | 9.34 | 2.17.32 | 9.33 | 2.27.13 | 9.31 | 2.36.59 | 9.46 | 2.46.50 | 9.51 | 2.56.30 | 9.40 | 3.06.20 | 9.50 | 3.16.20 | 10.00 |
| John Byrne | 1.52.30 | 9.50 | 2.02.40 | 10.10 | 2.12.40 | 10.00 | 2.22.50 | 10.10 | 2.32.50 | 10.00 | 2.42.30 | 9.40 | 2.53.30 | 11.00 | 3.03.20 | 9.50 | 3.13.20 | 10.00 | 3.23.10 | 9.50 |
| George Dayantis | 1.50.10 | 9.40 | 2.01.40 | 11.30 | 2.11.46 | 10.06 | 2.21.35 | 9.49 | 2.31.38 | 10.03 | 2.41.45 | 10.07 | 2.51.40 | 9.55 | 3.01.50 | 10.10 | 3.12.10 | 10.20 | 3.22.10 | 10.00 |
| Grant Jeans | 1.48.50 | 9.50 | 1.59.20 | 10.30 | 2.09.10 | 9.50 | 2.19.10 | 10.00 | 2.28.40 | 9.30 | 2.38.20 | 9.40 | 2.48.20 | 10.00 | 2.58.20 | 10.00 | 3.08.20 | 10.00 | 3.18.20 | 10.00 |
| Daniel Doherty | 1.48.50 | 9.50 | 1.59.00 | 10.10 | 2.08.50 | 9.50 | 2.18.30 | 9.40 | 2.28.40 | 10.10 | 2.38.30 | 9.50 | 2.48.20 | 9.50 | 2.58.20 | 10.00 | 3.08.20 | 10.00 | 3.18.20 | 10.00 |
| Keith Whyte | 1.52.01 | 9.57 | 2.01.58 | 9.57 | 2.11.52 | 9.54 | 2.21.44 | 9.52 | 2.31.57 | 10.13 | 2.41.56 | 9.59 | 2.51.56 | 10.00 | 3.02.10 | 10.14 | 3.12.54 | 10.44 | 3.23.08 | 10.14 |
| David Gardiner | 1.54.20 | 10.00 | 2.04.30 | 10.10 | 2.15.00 | 10.30 | 2.26.00 | 11.00 | 2.36.20 | 10.20 | 2.46.40 | 10.20 | 2.56.40 | 10.00 | 3.07.00 | 10.20 | 3.17.20 | 10.20 | 3.27.40 | 10.20 |
| Thomas Loehndorf | 1.56.00 | 10.30 | 2.06.20 | 10.20 | 2.16.40 | 10.20 | 2.27.10 | 10.30 | 2.38.00 | 10.50 | 2.48.20 | 10.20 | 2.58.50 | 10.30 | 3.09.20 | 10.30 | 3.20.00 | 10.40 | 3.30.30 | 10.30 |
| Harry Johnston | 1.55.04 | 10.22 | 2.05.22 | 10.18 | 2.15.47 | 10.15 | 2.26.28 | 10.41 | 2.37.11 | 10.43 | 2.47.30 | 10.19 | 2.57.40 | 10.10 | 3.08.10 | 10.30 | 3.18.30 | 10.20 | 3.28.50 | 10.20 |
| Sean McCormack | 2.02.10 | 11.20 | 2.13.10 | 11.00 | 2.24.30 | 11.20 | 2.35.30 | 11.00 | 2.46.50 | 11.20 | 2.57.10 | 10.20 | 3.09.10 | 12.00 | 3.19.10 | 10.00 | 3.31.40 | 12.30 | 3.42.00 | 10.20 |
| Emily Gelder | 2.02.10 | 11.20 | 2.13.10 | 11.00 | 2.24.20 | 11.10 | 2.35.20 | 11.00 | 2.46.20 | 11.00 | 2.57.40 | 11.20 | 3.09.30 | 11.50 | 3.20.50 | 11.20 | 3.32.50 | 12.00 | 3.44.10 | 11.20 |
| Thomas Maguire | 1.54.45 | 10.16 | 2.05.18 | 10.33 | 2.15.37 | 10.19 | 2.26.26 | 10.49 | 2.36.56 | 10.30 | 2.47.20 | 10.24 | 2.58.20 | 11.00 | 3.11.03 | 12.43 | 3.21.24 | 10.21 | 3.31.58 | 10.34 |
| John Pares | 2.00.40 | 10.40 | 2.11.40 | 11.00 | 2.22.20 | 10.40 | 2.33.10 | 10.50 | 2.44.40 | 11.30 | 2.55.30 | 10.50 | 3.06.30 | 11.00 | 3.17.20 | 10.50 | 3.38.20 | 11.00 | 3.39.30 | 11.10 |
| John O'Regan | 1.59.37 | 10.27 | 2.10.37 | 11.00 | 2.21.31 | 10.54 | 2.32.29 | 10.58 | 2.43.05 | 10.36 | 2.53.00 | 9.55 | 3.04.40 | 11.40 | 3.15.27 | 10.47 | 3.26.23 | 10.56 | 3.37.54 | 11.31 |
| Paul Fernandez | 1.55.20 | 11.11 | 2.05.40 | 10.20 | 2.16.04 | 10.24 | 2.26.36 | 10.32 | 2.37.13 | 10.37 | 2.47.50 | 10.37 | 2.58.30 | 10.40 | 3.09.10 | 10.40 | 3.19.40 | 10.30 | 3.30.30 | 10.50 |
| Ian Berry | 2.04.44 | 11.12 | 2.15.51 | 11.07 | 2.26.25 | 10.34 | 2.41.14 | 14.49 | 2.52.10 | 10.46 | 3.03.30 | 11.20 | 3.14.40 | 11.10 | 3.26.00 | 11.20 | 3.37.40 | 11.40 | 3.48.50 | 11.10 |
| Karen Rushton | 2.06.00 | 12.00 | 2.17.20 | 11.20 | 2.29.00 | 11.40 | 2.40.40 | 11.40 | 2.52.10 | 11.30 | 3.03.50 | 11.40 | 3.15.20 | 11.30 | 3.26.40 | 11.20 | 3.38.10 | 11.30 | 3.49.50 | 11.40 |
| Jeremy Mower | 2.03.10 | 11.00 | 2.14.10 | 11.00 | 2.25.30 | 11.20 | 2.36.30 | 11.00 | 2.48.30 | 12.00 | 2.59.40 | 11.10 | 3.11.10 | 11.30 | 3.22.10 | 11.00 | 3.34.20 | 12.10 | 3.46.20 | 12.00 |
| Paul Hart | 1.57.20 | 10.40 | 2.08.00 | 10.40 | 2.18.40 | 10.40 | 2.29.20 | 10.40 | 2.40.00 | 10.40 | 2.50.50 | 10.50 | 3.01.40 | 10.50 | 3.12.40 | 11.00 | 3.23.20 | 10.40 | 3.34.10 | 10.50 |
| George Cairns | 1.57.10 | 10.45 | 2.08.19 | 11.09 | 2.19.34 | 11.15 | 2.30.29 | 10.55 | 2.41.14 | 10.45 | 2.52.20 | 11.06 | 3.03.30 | 11.10 | 3.14.50 | 11.20 | 3.26.30 | 11.40 | 3.38.40 | 12.10 |
| Heather Foundling Haw | 1.59.39 | 10.29 | 2.10.22 | 10.43 | 2.21.10 | 10.48 | 2.32.16 | 11.06 | 2.43.05 | 10.49 | 2.54.10 | 11.05 | 3.05.20 | 11.10 | 3.16.30 | 11.10 | 3.27.40 | 11.10 | 3.39.10 | 11.30 |
| Adela Salt | 1.59.40 | 10.10 | 2.12.00 | 12.20 | 2.22.50 | 10.50 | 2.33.30 | 10.40 | 2.44.30 | 11.00 | 2.55.30 | 11.00 | 3.06.30 | 11.00 | 3.17.40 | 11.10 | 3.28.50 | 11.10 | 3.39.30 | 10.40 |
| Mark Shepherd | 2.05.10 | 11.00 | 2.16.20 | 11.10 | 2.27.30 | 11.10 | 2.38.40 | 11.10 | 2.50.20 | 11.40 | 3.01.40 | 11.20 | 3.13.00 | 11.20 | 3.24.20 | 11.20 | 3.35.40 | 11.20 | 3.47.10 | 11.30 |
| Jen Salter | 2.07.30 | 11.40 | 2.19.10 | 11.40 | 2.30.50 | 11.40 | 2.43.20 | 12.30 | 2.55.10 | 11.50 | 3.07.00 | 11.50 | 3.18.40 | 11.40 | 3.30.40 | 12.00 | 3.42.30 | 11.50 | 3.54.50 | 12.00 |
| Angela Sadler | 2.12.40 | 13.00 | 2.24.20 | 11.40 | 2.36.20 | 12.00 | 2.48.30 | 12.10 | 3.00.30 | 12.00 | 3.12.40 | 12.10 | 3.26.00 | 13.20 | 3.38.00 | 12.00 | 3.50.00 | 12.00 | 4.02.10 | 12.10 |
| Gail Muroch | 2.07.25 | 11.16 | 2.18.53 | 11.28 | 2.30.32 | 11.39 | 2.42.17 | 11.45 | 2.54.03 | 11.46 | 3.05.57 | 11.54 | 3.18.34 | 12.37 | 3.30.21 | 11.47 | 3.42.40 | 12.19 | 3.54.40 | 12.00 |
| Isobel Knox | 2.11.59 | 11.53 | 2.23.51 | 11.52 | 2.35.45 | 11.54 | 2.47.50 | 12.05 | 2.59.50 | 12.00 | 3.12.10 | 12.20 | 3.24.20 | 12.10 | 3.36.30 | 12.10 | 3.49.00 | 12.30 | 4.01.10 | 12.10 |
| Debbie Martin-Consani | 2.19.15 | 12.18 | 2.31.33 | 12.18 | 2.43.50 | 12.17 | 2.57.10 | 13.20 | 3.09.30 | 12.20 | 3.22.00 | 12.30 | 3.34.20 | 12.20 | 3.46.30 | 12.10 | 3.58.40 | 12.10 | 4.11.00 | 12.20 |
| Glenn Hatrick | 2.01.10 | 12.33 | 2.13.38 | 12.28 | 2.26.31 | 12.53 | 2.38.54 | 12.23 | 2.51.30 | 12.36 | 3.04.30 | 13.00 | 3.17.00 | 12.30 | 3.30.22 | 13.22 | 3.43.10 | 12.48 | 3.56.10 | 13.00 |
| Jayne Angilley | 2.16.45 | 12.25 | 2.29.10 | 12.25 | 2.41.30 | 12.20 | 2.53.40 | 12.10 | 3.06.10 | 12.30 | 3.18.40 | 12.30 | 3.31.20 | 12.40 | 3.43.50 | 12.30 | 3.56.50 | 13.00 | 4.09.50 | 13.00 |
| Bill Watson | 2.12.20 | 12.08 | 2.23.40 | 11.20 | 2.35.15 | 11.35 | 2.46.45 | 11.30 | 2.57.50 | 11.05 | 3.09.10 | 11.20 | 3.20.40 | 11.30 | 3.32.10 | 12.30 | 3.43.50 | 11.40 | 3.55.40 | 11.50 |
| Andrew Lochhead | 1.57.00 | 10.50 | 2.19.10 | 12.10 | 2.30.30 | 11.20 | 2.41.50 | 11.20 | 2.53.20 | 11.30 | 3.05.20 | 12.00 | 3.17.30 | 12.10 | 3.30.10 | 12.40 | 3.42.10 | 12.00 | 3.54.50 | 12.40 |
| Stewart Walker | 2.15.30 | 13.25 | 2.26.45 | 11.15 | 2.38.42 | 11.57 | 2.52.30 | 13.52 | 3.05.10 | 12.40 | 3.17.10 | 12.00 | 3.33.00 | 16.00 | 3.46.22 | 13.22 | 3.59.50 | 13.28 | 4.13.50 | 14.00 |
| Anth Courtney | 2.16.17 | 11.55 | 2.18.30 | 12.13 | 2.41.32 | 13.02 | 2.53.40 | 12.08 | 3.06.10 | 12.30 | 3.18.40 | 12.30 | 3.31.23 | 12.43 | 3.44.15 | 12.52 | 3.56.30 | 12.05 | 4.12.30 | 16.10 |
| Pauline Walker | 2.19.20 | 12.20 | 2.31.50 | 12.30 | 2.44.50 | 13.00 | 2.57.40 | 12.50 | 3.10.40 | 13.00 | 3.23.40 | 13.00 | 3.36.40 | 13.00 | 3.49.50 | 13.10 | 4.03.40 | 13.50 | 4.17.00 | 13.20 |
| Brian Laurie | 2.00.50 | 11.20 | 2.12.30 | 11.40 | 2.24.50 | 12.20 | 2.37.10 | 12.20 | 2.50.00 | 12.50 | 3.07.00 | 17.00 | 3.20.20 | 13.20 | 3.43.30 | 23.10 | 3.57.30 | 14.00 | 4.11.40 | 14.10 |
| Samuel Kilpatrick | 2.18.20 | 13.00 | 2.31.10 | 12.50 | 2.44.00 | 12.50 | 2.56.50 | 12.50 | 3.09.40 | 12.50 | 3.22.40 | 12.00 | 3.36.10 | 13.30 | 3.50.20 | 14.10 | 4.04.00 | 13.40 | 4.18.30 | 14.30 |
| Graham Henry | 2.13.31 | 12.10 | 2.25.37 | 12.06 | 2.38.27 | 12.50 | 2.51.00 | 12.33 | 3.03.40 | 12.40 | 3.17.40 | 14.00 | 3.30.23 | 12.43 | 3.43.10 | 12.47 | 3.57.00 | 13.50 | 4.10.10 | 13.10 |

Self Transendence 100K, Sunday 27 March 2011, Perth, Scotland
inc UK and Scottish Championships and Anglo Celtic Plate

| | lap 21 50 km | | lap 22 52.382 km | | lap 23 54.763 km | | lap 24 576.144 km | | lap 25 59.525km | | lap 26 61.906 km | | lap 27 64.287km | | lap 28 66.668km | | lap 29 69.049km | |
|------------------------------|---------------------|-----------|---------------------|-----------|---------------------|-----------|----------------------|-----------|---------------------|-----------|---------------------|-----------|---------------------|-----------|---------------------|-----------|---------------------|-----------|
| | cumulati ve time | lap split | cumulati ve time | lap split | cumulati ve time | lap split | cumulati ve time | lap split | cumulati ve time | lap split | cumulati ve time | lap split | cumulati ve time | lap split | cumulati ve time | lap split | cumulati ve time | lap split |
| Craig Stewart | 3.28.20 | 10.00 | 3.38.30 | 10.10 | 3.48.40 | 10.10 | 3.58.40 | 10.00 | 4.08.40 | 10.00 | 4.18.40 | 10.00 | 4.28.30 | 9.50 | 4.38.30 | 10.00 | 4.48.30 | 10.00 |
| Allen Smalls | 3.26.10 | 9.50 | 3.36.26 | 10.16 | 3.46.30 | 10.04 | 3.56.38 | 10.08 | 4.06.40 | 10.02 | 4.16.57 | 10.17 | 4.27.18 | 10.21 | 4.37.59 | 10.41 | 4.48.43 | 10.44 |
| John Byrne | 3.33.20 | 10.10 | 3.43.30 | 10.10 | 3.53.40 | 10.10 | 4.03.40 | 10.00 | 4.14.00 | 10.20 | 4.24.20 | 10.20 | 4.34.20 | 10.00 | 4.44.30 | 10.10 | 4.54.30 | 10.00 |
| George Dayantis | 3.32.20 | 10.10 | 3.42.40 | 10.20 | 3.53.00 | 10.20 | 4.03.10 | 10.10 | 4.13.20 | 10.10 | 4.23.50 | 10.30 | 4.34.00 | 10.10 | 4.44.20 | 10.20 | 4.54.40 | 10.20 |
| Grant Jeans | 3.28.20 | 10.00 | 3.38.30 | 10.10 | 3.48.40 | 10.10 | 3.58.40 | 10.00 | 4.08.40 | 10.00 | 4.19.20 | 10.40 | 4.30.00 | 10.40 | 4.40.10 | 10.10 | 4.50.40 | 10.30 |
| Daniel Doherty | 3.28.20 | 10.00 | 3.38.30 | 10.10 | 3.48.40 | 10.10 | 3.58.50 | 10.10 | 4.09.00 | 10.10 | 4.19.20 | 10.20 | 4.30.00 | 10.40 | 4.40.20 | 10.20 | 4.50.50 | 10.30 |
| Keith Whyte | 3.33.20 | 10.12 | 3.43.34 | 10.14 | 3.54.06 | 10.32 | 4.04.28 | 10.22 | 4.14.10 | 9.42 | 4.25.54 | 11.44 | 4.36.32 | 10.38 | 4.47.42 | 11.10 | 4.59.00 | 11.18 |
| David Gardiner | 3.38.00 | 10.20 | 3.48.20 | 10.20 | 3.58.50 | 10.30 | 4.10.30 | 11.40 | 4.21.10 | 10.40 | 4.32.30 | 11.20 | 4.43.10 | 10.40 | 4.53.30 | 10.20 | 5.04.00 | 10.30 |
| Thomas Loehndorf | 3.41.10 | 10.40 | 3.53.40 | 12.30 | 4.04.30 | 10.50 | 4.15.20 | 10.50 | 4.26.20 | 11.00 | 4.37.20 | 11.00 | 4.48.20 | 11.00 | 4.59.40 | 11.20 | 5.12.40 | 13.00 |
| Harry Johnston | 3.39.15 | 9.25 | 3.49.39 | 10.14 | 4.00.19 | 10.40 | 4.11.06 | 10.47 | 4.22.13 | 11.07 | 4.33.50 | 11.37 | 4.46.13 | 12.23 | 5.00.05 | 13.52 | 5.13.08 | 13.03 |
| Sean McCormack | 3.54.10 | 12.10 | 4.05.00 | 10.50 | 4.16.30 | 11.30 | 4.27.50 | 11.20 | 4.39.50 | 12.00 | 4.51.30 | 11.40 | 5.02.50 | 11.20 | 5.14.30 | 11.40 | 5.26.20 | 11.50 |
| Emily Gelder | 3.55.20 | 11.10 | 4.06.30 | 11.10 | 4.17.50 | 11.30 | 4.29.20 | 11.30 | 4.40.40 | 11.20 | 4.52.20 | 11.40 | 5.04.10 | 11.50 | 5.15.40 | 11.30 | 5.27.10 | 11.30 |
| Thomas Maguire | 3.42.52 | 10.54 | 3.53.43 | 10.51 | 4.04.34 | 10.51 | 4.15.28 | 10.54 | 4.26.36 | 11.08 | 4.40.05 | 13.29 | 4.57.57 | 17.52 | 5.10.02 | 12.05 | 5.22.22 | 12.20 |
| John Pares | 3.50.20 | 10.50 | 4.01.10 | 10.50 | 4.12.10 | 11.00 | 4.23.10 | 11.00 | 4.34.30 | 11.20 | 4.45.20 | 10.50 | 4.56.40 | 11.20 | 5.08.40 | 12.00 | 5.20.20 | 11.40 |
| John O'Regan | 3.49.08 | 11.14 | 3.59.53 | 10.42 | 4.11.08 | 11.15 | 4.22.55 | 11.47 | 4.34.10 | 11.15 | 4.45.39 | 11.29 | 4.58.27 | 12.48 | 5.10.02 | 11.35 | 5.21.59 | 11.57 |
| Paul Fernandez | 3.41.56 | 11.26 | 3.52.37 | 10.41 | 4.04.15 | 11.38 | 4.15.23 | 11.08 | 4.28.02 | 12.39 | 4.39.41 | 11.39 | 4.52.42 | 13.01 | 5.04.51 | 12.09 | 5.17.57 | 13.06 |
| Ian Berry | 4.00.00 | 11.10 | 4.12.10 | 12.10 | 4.23.10 | 11.00 | 4.34.20 | 11.10 | 4.45.30 | 11.10 | 4.57.40 | 12.10 | 5.08.50 | 11.10 | 5.20.20 | 11.30 | 5.32.00 | 11.40 |
| Karen Rushton | 4.01.10 | 11.20 | 4.12.40 | 11.30 | 4.24.20 | 11.40 | 4.35.50 | 11.30 | 4.47.20 | 11.30 | 4.59.00 | 11.40 | 5.11.00 | 12.00 | 5.22.50 | 11.50 | 5.34.40 | 11.50 |
| Jeremy Mower | 3.58.10 | 11.50 | 4.10.40 | 12.30 | 4.22.50 | 12.10 | 4.34.50 | 12.00 | 4.47.00 | 12.10 | 4.59.10 | 12.10 | 5.11.20 | 12.10 | 5.23.20 | 12.10 | 5.36.20 | 12.50 |
| Paul Hart | 3.44.50 | 10.40 | 3.55.40 | 10.50 | 4.06.20 | 10.40 | 4.17.20 | 11.00 | 4.28.10 | 10.50 | 4.39.00 | 10.50 | 4.49.50 | 10.50 | 5.01.00 | 11.10 | 5.12.20 | 11.20 |
| George Cairns | 3.50.20 | 11.40 | 4.02.00 | 11.40 | 4.14.20 | 12.20 | 4.26.30 | 12.10 | 4.38.20 | 11.50 | 4.51.40 | 13.20 | 5.03.50 | 12.10 | 5.16.10 | 12.20 | 5.27.30 | 11.20 |
| Heather Foundling Haw | 3.50.30 | 11.20 | 4.02.30 | 12.00 | 4.14.10 | 11.40 | 4.25.50 | 11.40 | 4.37.20 | 11.30 | 4.49.20 | 12.00 | 5.01.40 | 12.20 | 5.14.20 | 12.40 | 5.26.50 | 12.30 |
| Adela Salt | 3.50.50 | 11.20 | 4.01.30 | 10.40 | 4.12.30 | 11.00 | 4.24.20 | 11.50 | 4.36.00 | 11.40 | 4.47.50 | 11.50 | 5.00.20 | 12.30 | 5.12.30 | 12.10 | 5.25.30 | 13.00 |
| Mark Shepherd | 3.59.00 | 11.50 | 4.12.10 | 13.10 | 4.23.40 | 11.30 | 4.35.20 | 11.40 | 4.47.20 | 12.00 | 4.58.50 | 11.30 | 5.10.30 | 11.40 | 5.22.50 | 12.20 | 5.35.20 | 12.30 |
| Jen Salter | 4.06.50 | 12.20 | 4.18.50 | 12.00 | 4.32.20 | 13.30 | 4.44.40 | 12.20 | 4.57.10 | 12.30 | 5.09.40 | 12.30 | 5.22.20 | 12.40 | 5.35.10 | 12.50 | 5.49.00 | 13.50 |
| Angela Sadler | 4.14.20 | 12.10 | 4.27.00 | 12.40 | 4.39.30 | 12.30 | 4.51.50 | 12.20 | 5.05.30 | 13.40 | 5.17.50 | 12.20 | 5.30.20 | 12.30 | 5.42.50 | 12.30 | 5.55.50 | 13.00 |
| Gail Muroch | 4.07.07 | 12.27 | 4.19.33 | 12.26 | 4.31.50 | 12.27 | 4.44.42 | 12.52 | 4.57.46 | 13.04 | 5.11.15 | 13.29 | 5.23.42 | 12.13 | 5.36.41 | 12.59 | 5.50.00 | 13.19 |
| Isobel Knox | 4.13.30 | 12.20 | 4.25.40 | 12.10 | 4.39.00 | 13.20 | 4.51.40 | 12.40 | 5.04.40 | 13.00 | 5.17.50 | 13.10 | 5.31.20 | 13.30 | 5.44.20 | 13.00 | 5.57.20 | 13.00 |
| Debbie Martin-Consani | 4.23.10 | 12.10 | 4.35.30 | 12.20 | 4.47.50 | 12.20 | 5.00.10 | 12.20 | 5.12.30 | 12.20 | 5.24.50 | 12.20 | 5.38.00 | 13.10 | 5.50.20 | 12.20 | 6.02.50 | 12.30 |
| Glenn Hatrick | 4.09.30 | 13.20 | 4.23.30 | 14.00 | 4.37.00 | 13.30 | 4.51.10 | 14.10 | 5.04.30 | 13.20 | 5.18.20 | 13.50 | 5.32.20 | 14.00 | 5.46.30 | 14.10 | 6.00.30 | 14.00 |
| Jayne Angilley | 4.22.30 | 12.50 | 4.35.20 | 12.50 | 4.49.40 | 14.20 | 5.03.20 | 13.40 | 5.17.50 | 14.30 | 5.30.20 | 12.30 | 5.43.30 | 13.10 | 5.57.38 | 14.08 | 6.11.08 | 13.30 |
| Bill Watson | 4.07.30 | 11.50 | 4.19.40 | 12.10 | 4.31.00 | 11.20 | 4.45.30 | 14.30 | 4.58.10 | 12.40 | 5.11.00 | 12.50 | 5.24.00 | 13.00 | 5.38.58 | 14.58 | 5.52.24 | 13.26 |
| Andrew Lochhead | 4.07.10 | 13.20 | 4.20.20 | 13.10 | 4.33.50 | 13.30 | 4.50.50 | 17.00 | 5.05.55 | 15.05 | 5.19.12 | 13.17 | 5.32.44 | 13.32 | 5.47.00 | 14.16 | 6.01.16 | 14.16 |
| Stewart Walker | 4.27.20 | 13.30 | 4.41.20 | 14.00 | 4.52.30 | 16.10 | 5.11.20 | 12.50 | 5.25.30 | 14.10 | 5.39.32 | 14.02 | 5.53.59 | 14.31 | 6.08.10 | 14.11 | 6.24.37 | 16.27 |
| Anth Courtney | 4.25.00 | 12.30 | 4.37.50 | 12.50 | 4.50.40 | 12.50 | 5.03.30 | 12.50 | 5.17.30 | 14.00 | 5.31.50 | 14.20 | 5.44.30 | 12.40 | 6.18.20 | 33.50 | 6.35.00 | 16.40 |
| Pauline Walker | 4.31.30 | 14.30 | 4.44.40 | 13.10 | 4.58.30 | 13.50 | 5.12.00 | 13.30 | 5.25.50 | 13.50 | 5.39.50 | 14.00 | 5.54.10 | 14.20 | 6.08.30 | 14.20 | 6.23.30 | 15.00 |
| Brian Laurie | 4.27.20 | 15.40 | 4.43.30 | 16.10 | 4.57.30 | 14.00 | 5.11.00 | 13.30 | 5.26.00 | 15.00 | 5.40.50 | 14.50 | 5.58.40 | 17.50 | 6.16.00 | 17.20 | 6.30.40 | 14.40 |
| Samuel Kilpatrick | 4.36.40 | 18.10 | 4.53.40 | 17.00 | 5.10.50 | 17.10 | 5.29.10 | 18.20 | 5.43.30 | 14.20 | 5.58.10 | 14.40 | 6.13.20 | 15.10 | 6.28.00 | 14.40 | 6.45.20 | 17.20 |
| Graham Henry | 4.23.30 | 13.20 | 4.40.10 | 16.40 | 4.54.10 | 14.00 | 5.08.30 | 14.20 | 5.26.10 | 17.40 | 5.41.00 | 14.50 | 5.55.50 | 14.50 | 6.13.10 | 17.20 | 6.28.43 | 15.33 |

Self Transendence 100K, Sunday 27 March 2011, Perth, Scotland
inc UK and Scottish Championships and Anglo Celtic Plate

| | lap 30 71.430km | | lap 31 73.811km | | lap 32 76.192km | | lap 33 78.573km | | lap34 80.954km | | lap 35 83.335km | | lap 36 85.716km | | lap 37 88.097km | |
|-----------------------|---------------------|-----------|---------------------|-----------|---------------------|-----------|---------------------|-----------|---------------------|-----------|---------------------|-----------|---------------------|-----------|---------------------|-----------|
| | cumulati ve time | lap split | cumulati ve time | lap split | cumulati ve time | lap split | cumulati ve time | lap split | cumulati ve time | lap split | cumulati ve time | lap split | cumulati ve time | lap split | cumulati ve time | lap split |
| Craig Stewart | 4.58.30 | 10.00 | 5.08.30 | 10.00 | 5.18.40 | 10.10 | 5.28.40 | 10.00 | 5.38.50 | 10.10 | 5.48.50 | 10.00 | 5.59.10 | 10.20 | 6.09.40 | 10.30 |
| Allen Smalls | 4.58.20 | 9.37 | 5.08.33 | 10.13 | 5.18.37 | 10.04 | 5.28.42 | 10.05 | 5.38.48 | 10.06 | 5.49.00 | 10.12 | 5.59.27 | 10.27 | 6.10.35 | 11.08 |
| John Byrne | 5.04.50 | 10.20 | 5.15.30 | 10.40 | 5.26.00 | 10.30 | 5.36.20 | 10.20 | 5.46.30 | 10.10 | 5.57.00 | 10.30 | 6.07.20 | 10.20 | 6.18.00 | 10.40 |
| George Dayantis | 5.05.20 | 10.40 | 5.15.30 | 10.10 | 5.25.50 | 10.20 | 5.36.10 | 10.20 | 5.46.50 | 10.40 | 5.56.50 | 10.00 | 5.07.20 | 10.30 | 6.18.00 | 10.40 |
| Grant Jeans | 5.00.40 | 10.00 | 5.11.00 | 10.20 | 5.21.50 | 10.50 | 5.32.10 | 10.20 | 5.42.30 | 10.20 | 5.53.20 | 10.50 | 6.03.20 | 10.00 | 6.13.30 | 10.10 |
| Daniel Doherty | 5.01.30 | 10.40 | 5.12.20 | 10.50 | 5.23.00 | 10.40 | 5.34.00 | 11.00 | 5.45.10 | 11.10 | 5.57.10 | 12.00 | 6.08.40 | 11.30 | 6.20.30 | 11.50 |
| Keith Whyte | 5.10.26 | 11.26 | 5.21.40 | 11.14 | 5.33.20 | 11.40 | 5.44.40 | 11.20 | 4.56.40 | 12.00 | 6.08.40 | 12.00 | 6.20.20 | 11.40 | 6.32.10 | 11.50 |
| David Gardiner | 5.14.50 | 10.50 | 5.26.00 | 11.10 | 5.37.10 | 11.10 | 5.48.00 | 10.50 | 5.59.10 | 11.10 | 6.10.10 | 11.00 | 6.21.30 | 11.20 | 6.32.50 | 11.20 |
| Thomas Loehndorf | 5.24.00 | 11.20 | 5.35.30 | 11.30 | 5.47.20 | 11.50 | 5.58.40 | 11.20 | 6.09.50 | 11.10 | 6.21.20 | 11.30 | 6.32.50 | 11.30 | 6.44.30 | 11.40 |
| Harry Johnston | 5.25.50 | 12.42 | 5.38.20 | 12.30 | 5.51.06 | 12.46 | 6.03.50 | 12.44 | 6.16.33 | 12.43 | 6.31.04 | 14.31 | 6.43.50 | 12.46 | 6.55.20 | 11.30 |
| Sean McCormack | 5.37.40 | 11.20 | 5.49.10 | 11.30 | 6.00.30 | 11.20 | 6.12.10 | 11.40 | 6.23.40 | 11.30 | 6.35.30 | 11.50 | 6.47.20 | 11.50 | 6.59.10 | 11.50 |
| Emily Gelder | 5.38.40 | 11.10 | 5.49.50 | 11.30 | 6.01.30 | 11.40 | 6.13.50 | 12.20 | 6.25.20 | 11.30 | 6.37.20 | 12.00 | 6.49.00 | 11.40 | 7.01.10 | 12.10 |
| Thomas Maguire | 5.34.50 | 12.28 | 5.47.10 | 12.20 | 6.01.03 | 13.53 | 6.14.07 | 13.04 | 6.26.50 | 12.43 | 6.40.20 | 13.30 | 6.55.40 | 15.20 | 7.08.40 | 13.00 |
| John Pares | 5.32.10 | 11.50 | 5.44.10 | 12.00 | 5.57.10 | 13.00 | 6.13.00 | 15.50 | 6.26.00 | 13.00 | 6.39.10 | 13.10 | 6.52.30 | 13.20 | 7.05.10 | 12.40 |
| John O'Regan | 5.34.10 | 12.11 | 5.46.20 | 12.10 | 5.58.50 | 12.30 | 6.13.10 | 14.20 | 6.25.10 | 12.00 | 6.40.50 | 15.40 | 6.54.20 | 13.30 | 7.07.20 | 13.00 |
| Paul Fernandez | 5.31.10 | 13.13 | 5.44.47 | 13.37 | 5.58.06 | 13.19 | 6.12.04 | 13.58 | 6.26.06 | 14.02 | 6.40.17 | 14.11 | 6.52.57 | 12.40 | 6.05.57 | 13.00 |
| Ian Berry | 5.44.10 | 12.10 | 5.56.20 | 12.10 | 6.08.30 | 12.10 | 6.20.20 | 11.50 | 6.32.20 | 12.00 | 6.44.30 | 12.10 | 6.56.00 | 11.30 | 7.09.12 | 13.12 |
| Karen Rushton | 5.46.50 | 12.10 | 5.58.50 | 12.00 | 6.11.10 | 12.20 | 6.23.20 | 12.10 | 6.35.40 | 12.20 | 6.48.20 | 12.40 | 7.01.00 | 12.40 | 7.14.10 | 13.10 |
| Jeremy Mower | 5.49.30 | 13.10 | 6.02.40 | 13.10 | 6.15.00 | 12.20 | 6.28.00 | 13.00 | 6.41.20 | 13.20 | 6.54.40 | 13.20 | 7.06.10 | 11.30 | 7.19.10 | 13.00 |
| Paul Hart | 5.23.50 | 11.20 | 5.35.30 | 11.40 | 5.48.30 | 13.00 | 6.02.30 | 14.00 | 6.15.30 | 13.00 | 6.29.40 | 14.10 | 6.44.40 | 15.00 | 6.58.30 | 13.50 |
| George Cairns | 5.40.00 | 12.30 | 5.54.20 | 14.20 | 6.07.30 | 13.10 | 6.20.40 | 13.10 | 6.23.20 | 12.40 | 6.46.30 | 13.10 | 7.00.40 | 14.10 | 7.14.30 | 13.50 |
| Heather Foundling Haw | 5.40.10 | 13.20 | 5.55.10 | 15.00 | 6.09.10 | 14.00 | 6.22.20 | 13.10 | 6.35.30 | 13.10 | 6.50.30 | 15.00 | 7.04.30 | 14.00 | 7.18.30 | 14.00 |
| Adela Salt | 5.39.40 | 14.10 | 5.55.50 | 16.10 | 6.15.50 | 20.00 | 6.28.30 | 13.40 | 6.40.20 | 11.50 | 6.54.10 | 13.50 | 7.07.20 | 14.10 | 7.20.40 | 13.20 |
| Mark Shepherd | 5.48.20 | 13.00 | 6.01.20 | 13.00 | 6.14.50 | 13.30 | 6.28.20 | 13.30 | 6.42.20 | 14.00 | 6.56.20 | 14.00 | 7.11.10 | 14.50 | 7.25.20 | 14.10 |
| Jen Salter | 6.02.10 | 13.10 | 6.15.20 | 13.10 | 6.28.40 | 13.20 | 6.42.20 | 13.40 | 6.56.10 | 13.50 | 7.09.50 | 13.40 | 7.23.20 | 13.30 | 7.36.40 | 13.20 |
| Angela Sadler | 6.09.40 | 13.50 | 6.22.20 | 12.40 | 6.35.10 | 12.50 | 6.48.00 | 12.50 | 7.00.40 | 12.40 | 7.14.10 | 13.30 | 7.26.30 | 12.20 | 7.40.10 | 13.40 |
| Gail Muroch | 6.03.08 | 13.08 | 6.16.28 | 13.10 | 6.29.00 | 12.32 | 6.43.20 | 14.20 | 6.56.30 | 13.10 | 7.09.50 | 13.20 | 7.24.10 | 14.20 | 7.38.00 | 13.50 |
| Isobel Knox | 6.10.20 | 13.00 | 6.23.50 | 13.30 | 6.37.20 | 13.30 | 6.51.30 | 14.10 | 7.05.00 | 13.30 | 7.19.00 | 14.00 | 7.33.00 | 14.00 | 7.47.30 | 14.30 |
| Debbie Martin-Consani | 6.15.40 | 12.50 | 6.28.30 | 12.50 | 6.41.30 | 13.00 | 6.55.00 | 13.30 | 7.08.30 | 13.30 | 7.22.10 | 13.40 | 7.36.10 | 14.00 | 7.50.30 | 14.20 |
| Glenn Hatrick | 6.14.30 | 14.00 | 6.28.39 | 14.09 | 6.43.10 | 14.31 | 6.58.10 | 15.00 | 7.13.10 | 15.00 | 7.28.20 | 15.10 | 7.43.30 | 15.10 | 7.59.10 | 15.40 |
| Jayne Angilley | 6.25.02 | 13.54 | 6.39.55 | 14.53 | 6.54.10 | 14.15 | 7.08.15 | 14.05 | 7.23.00 | 14.45 | 7.37.35 | 14.35 | 7.52.43 | 15.08 | 8.07.18 | 14.35 |
| Bill Watson | 6.07.26 | 15.02 | 6.23.02 | 15.36 | 6.38.30 | 15.28 | 6.53.15 | 14.45 | 7.08.00 | 14.45 | 7.28.35 | 20.35 | 7.54.08 | 25.33 | 8.10.54 | 16.44 |
| Andrew Lochhead | 6.14.39 | 13.23 | 6.30.11 | 15.32 | 6.45.00 | 14.49 | 7.01.50 | 16.50 | 7.17.30 | 15.40 | 7.33.41 | 16.11 | 7.50.21 | 16.40 | 8.06.54 | 16.31 |
| Stewart Walker | 6.39.17 | 14.40 | 6.54.30 | 15.13 | 7.07.58 | 13.28 | 7.21.00 | 13.02 | 7.34.34 | 13.34 | 7.49.04 | 14.30 | 8.03.29 | 14.25 | 8.18.18 | 14.49 |
| Anth Courtney | 6.54.10 | 19.10 | 7.08.00 | 13.50 | 7.22.50 | 14.50 | 7.37.30 | 14.40 | 7.52.40 | 15.10 | 8.07.10 | 14.30 | 8.20.00 | 12.50 | 8.32.40 | 12.40 |
| Pauline Walker | 6.38.30 | 15.00 | 6.53.40 | 15.10 | 7.09.00 | 15.20 | 7.24.30 | 15.30 | 7.40.50 | 16.20 | 7.56.20 | 15.30 | 8.12.20 | 16.00 | 8.28.50 | 16.30 |
| Brian Laurie | 6.46.00 | 15.20 | 7.03.30 | 17.30 | 7.17.40 | 14.10 | 7.31.50 | 14.10 | 7.46.10 | 14.20 | 8.03.20 | 17.10 | 8.21.10 | 17.50 | 8.36.30 | 15.20 |
| Samuel Kilpatrick | 7.00.10 | 14.50 | 7.15.50 | 15.40 | 7.32.40 | 16.50 | 7.50.10 | 17.30 | 8.07.20 | 17.10 | 8.26.50 | 19.30 | 8.45.10 | 18.20 | 9.06.40 | 21.30 |
| Graham Henry | 6.45.10 | 16.27 | 7.06.33 | 21.23 | 7.24.50 | 18.17 | 7.42.40 | 17.50 | 8.04.20 | 21.40 | 8.23.30 | 19.10 | 8.43.10 | 19.40 | 9.07.10 | 24.00 |

Self Transendance 100K, Sunday 27 March 2011, Perth, Scotland
inc UK and Scottish Championships and Anglo Celtic Plate

| | lap 38 90.478km | | lap 39 92.859km | | lap 40 95.240km | | lap 41 97.621km | | lap 42 100km | |
|-------------------|--------------------|-----------|--------------------|-----------|--------------------|-----------|--------------------|-----------|-----------------|-----------|
| | cumulative time | lap split | cumulative time | lap split | cumulative time | lap split | cumulative time | lap split | cumulative time | lap split |
| Craig Stewart | 6.20.00 | 10.20 | 6.30.30 | 10.30 | 6.41.03 | 10.33 | 6.51.20 | 10.17 | 7.01.36 | 10.16 |
| Allen Smalls | 6.21.49 | 11.14 | 6.32.45 | 10.56 | 6.43.50 | 11.05 | 6.55.00 | 11.55 | 7.04.53 | 9.53 |
| John Byrne | 6.28.20 | 10.20 | 6.38.50 | 10.30 | 6.49.00 | 10.10 | 6.59.50 | 10.50 | 7.09.33 | 9.43 |
| George Dayantis | 6.28.30 | 10.30 | 6.39.20 | 10.50 | 6.50.00 | 10.40 | 7.01.00 | 11.00 | 7.11.11 | 10.11 |
| Grant Jeans | 6.23.50 | 10.20 | 6.35.50 | 12.00 | 6.49.00 | 13.10 | 7.00.20 | 11.20 | 7.11.53 | 11.33 |
| Daniel Doherty | 6.32.10 | 11.40 | 6.44.10 | 12.00 | 6.56.10 | 12.00 | 7.08.20 | 12.10 | 7.19.29 | 11.09 |
| Keith Whyte | 6.44.10 | 12.00 | 6.56.10 | 12.00 | 7.07.10 | 11.00 | 7.19.10 | 12.00 | 7.28.59 | 9.49 |
| David Gardiner | 6.44.00 | 11.10 | 6.55.50 | 11.50 | 7.07.50 | 12.00 | 7.19.40 | 11.50 | 7.30.47 | 11.07 |
| Thomas Loehndor | 6.56.10 | 11.40 | 7.08.00 | 11.50 | 7.19.50 | 11.50 | 7.31.30 | 11.40 | 7.42.25 | 10.55 |
| Harry Johnston | 7.06.40 | 11.20 | 7.17.50 | 11.10 | 7.29.05 | 11.15 | 7.40.47 | 11.42 | 7.51.21 | 10.44 |
| Sean McCormack | 7.11.40 | 12.30 | 7.22.00 | 10.20 | 7.34.30 | 12.30 | 7.46.00 | 11.30 | 7.57.10 | 11.10 |
| Emily Gelder | 7.12.40 | 11.30 | 7.24.40 | 12.00 | 7.36.40 | 12.00 | 7.48.50 | 12.10 | 8.00.37 | 11.47 |
| Thomas Maguire | 7.21.20 | 13.40 | 7.32.40 | 11.20 | 7.43.40 | 11.00 | 7.54.40 | 11.00 | 8.04.59 | 10.19 |
| John Pares | 7.19.10 | 14.00 | 7.31.40 | 12.30 | 7.44.00 | 12.20 | 7.56.40 | 12.40 | 8.08.47 | 12.07 |
| John O'Regan | 7.19.20 | 12.00 | 7.31.20 | 12.00 | 7.44.20 | 13.00 | 7.59.20 | 15.00 | 8.11.49 | 12.29 |
| Paul Fernandez | 7.18.50 | 12.53 | 7.32.05 | 13.15 | 7.45.35 | 13.30 | 8.00.15 | 14.40 | 8.12.26 | 12.11 |
| Ian Berry | 7.21.50 | 12.38 | 7.34.10 | 12.20 | 7.47.20 | 13.10 | 8.00.40 | 13.20 | 8.12.51 | 12.11 |
| Karen Rushton | 7.26.30 | 12.20 | 7.39.20 | 12.50 | 7.51.40 | 12.50 | 8.04.10 | 12.30 | 8.16.05 | 11.55 |
| Jeremy Mower | 7.31.20 | 11.10 | 7.43.20 | 12.00 | 7.56.20 | 13.00 | 8.07.50 | 11.30 | 8.18.34 | 10.44 |
| Paul Hart | 7.11.40 | 13.10 | 7.25.00 | 13.20 | 7.46.40 | 21.40 | 8.06.30 | 19.50 | 8.19.50 | 13.20 |
| George Cairns | 7.30.50 | 16.20 | 7.45.50 | 15.00 | 8.00.10 | 14.20 | 8.13.40 | 13.30 | 8.26.15 | 12.35 |
| Heather Foundling | 7.31.50 | 13.20 | 7.44.00 | 12.10 | 8.00.50 | 16.50 | 8.16.20 | 15.30 | 8.29.23 | 13.03 |
| Adela Salt | 7.33.40 | 13.00 | 7.48.30 | 14.50 | 8.03.50 | 15.20 | 8.18.50 | 15.00 | 8.32.33 | 13.43 |
| Mark Shepherd | 7.40.20 | 15.00 | 7.53.50 | 13.30 | 8.07.30 | 14.40 | 8.20.50 | 13.20 | 8.33.24 | 12.34 |
| Jen Salter | 7.50.00 | 13.20 | 8.03.20 | 13.20 | 8.16.50 | 13.30 | 8.30.10 | 13.20 | 8.43.04 | 12.54 |
| Angela Sadler | 7.53.00 | 12.50 | 8.06.00 | 13.00 | 8.18.50 | 12.50 | 8.31.30 | 12.40 | 8.44.04 | 12.34 |
| Gail Muroch | 7.52.10 | 14.10 | 8.05.20 | 13.10 | 8.18.40 | 13.20 | 8.32.10 | 13.30 | 8.45.56 | 13.56 |
| Isobel Knox | 8.00.50 | 13.20 | 8.14.40 | 14.10 | 8.28.30 | 13.50 | 8.42.40 | 14.10 | 8.56.15 | 13.35 |
| Debbie Martin-Con | 8.05.00 | 15.30 | 8.19.20 | 14.20 | 8.33.40 | 14.20 | 8.48.30 | 14.50 | 9.03.09 | 14.39 |
| Glenn Hatrick | 8.14.30 | 15.20 | 8.29.20 | 14.50 | 8.43.10 | 13.30 | 8.56.40 | 13.30 | 9.09.35 | 12.55 |
| Jayne Angilley | 8.22.23 | 15.05 | 8.36.38 | 14.15 | 8.50.30 | 13.52 | 9.04.30 | 14.00 | 9.18.10 | 14.40 |
| Bill Watson | 8.25.30 | 14.36 | 8.38.11 | 12.41 | 8.51.14 | 13.03 | 8.05.40 | 14.26 | 9.20.21 | 14.41 |
| Andrew Lochhead | 8.23.06 | 16.12 | 8.39.12 | 16.06 | 8.54.51 | 15.39 | 9.08.40 | 13.49 | 9.29.45 | 12.05 |
| Stewart Walker | 8.34.08 | 15.50 | 8.49.43 | 15.35 | 9.05.50 | 16.07 | 9.21.32 | 15.42 | 9.33.51 | 12.19 |
| Anth Courtney | 8.45.20 | 12.40 | 8.57.50 | 12.30 | 9.10.00 | 12.10 | 9.22.20 | 12.20 | 9.34.35 | 12.15 |
| Pauline Walker | 8.45.10 | 16.20 | 9.01.50 | 16.40 | 9.18.20 | 16.30 | 9.34.50 | 16.30 | 9.49.52 | 15.02 |
| Brian Laurie | 8.50.50 | 14.20 | 9.08.10 | 17.20 | 9.24.10 | 16.00 | 9.39.40 | 15.30 | 9.56.32 | 16.52 |
| Samuel Kilpatrick | 9.22.30 | 15.50 | 9.37.40 | 15.10 | 9.54.30 | 16.50 | 10.11.20 | 16.50 | 10.26.13 | 14.53 |
| Graham Henry | 9.25.40 | 18.30 | 9.44.40 | 19.00 | 10.10.10 | 25.30 | 10.28.50 | 18.40 | 10.47.14 | 18.24 |