



SRI CHINMOY marathon team

*Run and Become. Become and Run.
Run to succeed in the outer world.
Become to proceed in the inner world.*

Sri Chinmoy

SRI CHINMOY AC SELF TRANSCENDENCE 10 Mile Battersea Park 8am March 1st, 2014

Dear Runners

Our 2014 race season got off to a flying start with Kent AC taking the first three places. Hope Sloly of Mornington Chasers was the first woman home in 66.53. It was excellent weather in Battersea Park, a great relief from all the rain of the past 2 months. Our next race is a 10K on Saturday April 5th – we look forward to seeing you all then. Medal winners and all results below.

MEDAL WINNERS

NAME	SURNAME	CLUB	TIME	Age
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MEN UNDER 50

1st	Jack	Wilson	Kent AC	54.59	M	27
2nd	Stuart	Beaney	Kent AC	55.06	M	40
3rd	Tim	Alexander	Kent AC	56.35	M	34
4th	Mohammed	Ismail	Herne Hill H	56.58	M	33
5th	Paul	Cheetham	Barnes Runners	57.09	M	41
6th	Tim	Lawrence	Kent AC	57.11	M	32
7th	Philip	Glynn	Hercules Wimbledon	57.54	M	34

WOMEN UNDER 50

1st	Hope	Sloly	Mornington Chasers	66.53	F	32
2nd	Helen	Cooper	Clapham Chasers	67.42	F	32
3rd	Rachel	Bosshard	Clapham Runners	70.52	F	31
4th	Kirsty	Wright	Serpentine RC	71.33	F	32

5th	Sophie	Wiles	Epsom Oddballs	73.26	F	32
6th	Kate	Suttle		74.43	F	28
7th	Jenna	Claunch		75.41	F	28

MEN VET 50

1st	Gary	Christir	Brighton and Hove City AC	61.57	M	52
2nd	Tony	Casey	Runnymede R	65.20	M	57
3rd	Tim	McIntyre	Sutton Runners	68.47	M	54

WOMEN VET 50

1st	Alison	Purnell	Hercules Wimbledon	77.55	F	51
2nd	Anne	Gammon	Victoria Park Tower Hamletes	80.43	F	51

MEN VET 60

1st	Simon	Gould	unaffiliated	75.10	M	65
2nd	Les	Thurston	Bishops Stortford RC	80.47	M	64

OVERALL RESULTS

Pos	Name	Surname	Club	Time	M/F	Age	Cat	Cat Pos.
1	Jack	Wilson	Kent AC	54.59	M	27	M U/50	1
2	Stuart	Beaney	Kent AC	55.06	M	40	M U/50	2
3	Tim	Alexander	Kent AC	56.35	M	34	M U/50	3
4	Mohammed	Ismail	Herne Hill H	56.58	M	33	M U/50	4
5	Paul	Cheetham	Barnes Runners	57.09	M	41	M U/50	5
6	Tim	Lawrence	Kent AC	57.11	M	32	M U/50	6
7	Philip	Glynn	Hercules Wimbledon	57.54	M	34	M U/50	7
8	Craig	Brown	Biggleswade AC	57.59	M	35	M U/50	8
9	Paul	Davies	Biggleswade AC	59.07	M	44	M U/50	9
10	John	Nugus	Serpentine	59.08	M	38	M U/50	10
11	Johnny	Suttle		59.26	M	26	M U/50	11
12	Jonathan	Abel	West 4 Harriers	59.33	M	31	M U/50	12
13	Luke	Davis	Clapham Chasers	59.43	M	31	M U/50	13
14	Pascal	Evans	Stragglers	59.56	M	44	M U/50	14
15	John	McGeveny	Mornington Chasers	60.03	M	28	M U/50	15
16	Peter	Holmes	Serpentine	60.03	M	35	M U/50	16
17	Martin	Carmack	Serpentine RC	61.26	M	44	M U/50	17
18	Richard	Taylor	Serpentine	61.26	M	37	M U/50	18
19	John	Packham		61.34	M	32	M U/50	19
20	John	Querstret	Runnymede R	61.46	M	38	M U/50	20
21	Gary	Christir	Brighton and Hove City AC	61.57	M	52	M O/50	1
22	Dylan	Grimes	Barnes Runners	62.10	M	46	M U/50	21
23	David	Jones	Serpentine	62.30	M	33	M U/50	22
24	Stephen	Campbell	Serpentine	64.16	M	45	M U/50	23
25	Paul	Oxley		64.18	M	29	M U/50	24
26	Alessandro	Behling		64.48	M	37	M U/50	25
27	Frank	Wood	Hercules Wimbledon	65.08	M	49	M U/50	26
28	Tony	Casey	Runnymede R	65.20	M	57	M O/50	2
29	Andy	Welsh		65.37	M	42	M U/50	27
30	Darryl	Coulter		65.53	M	42	M U/50	28
31	Nick	Smart	-	66.12	M	34	M U/50	29
32	Stuart	Franklin	Beckenham RC	66.41	M	48	M U/50	30
33	George	Williams		66.50	M	29	M U/50	31

34	Hope	Sloly	Mornington Chasers	66.53	F	32	W U/50	1
35	Giles	Lever		66.56	M	45	M U/50	32
36	Joe	Pak		67.20	M	38	M U/50	33
37	Ross	LeBlanc		67.28	M	29	M U/50	34
38	Matt	hartin		67.35	M	31	M U/50	35
39	Helen	Cooper	Clapham Chasers	67.42	F	32	W U/50	2
40	Julian	Russell	Woodford Green AC	68.08	M	33	M U/50	36
41	Romain	Feron		68.29	M	29	M U/50	37
42	Tim	McIntyre	Sutton Runners	68.47	M	54	M O/50	3
43	Mike	Buckle		70.18	M	36	M U/50	38
44	Anthony	Hylton		70.46	M		M U/50	39
45	Rachel	Bosshard	Clapham Runners	70.52	F	31	W U/50	3
46	Adam	Reeve		71.30	M	31	M U/50	40
47	Kirsty	Wright	Serpentine RC	71.33	F	32	W U/50	4
48	Adrian	Deverell		72.24	M	42	M U/50	41
49	Alan	Wilkinson		72.50	M	53	M O/50	4
50	Mark	Booth		72.55	M	50	M O/50	5
51	James	Stenning	London Frontrunners	72.56	M	35	M U/50	42
52	Prashant	Pise	Sudbury	73.20	M	43	M U/50	43
53	Scott	Humble	u/a	73.25	M	39	M U/50	44
54	Sophie	Wiles	Epsom Oddballs	73.26	F	32	W U/50	5
55	Richard	Cooper		73.41	M	39	M U/50	45
56	Tim	Sander		73.44	M		M U/50	46
57	Alex	Paxton	u/A	73.55	M	31	M U/50	47
58	Luke	Thickett		74.25	M	30	M U/50	48
59	Kate	Suttle		74.43	F	28	W U/50	6
60	Simon	Gould	unaffiliated	75.10	M	65	M O/60	1
61	Jenna	Claunch		75.41	F	28	W U/50	7
62	Bradley	Brown	Ilford AC	75.52	M	40	M U/50	49
63	Gary	Aguinaga	SRC	75.59	M	54	M O/50	6
64	Adam	Yardley		76.20	M	35	M U/50	50
65	Kristy	Macdonald		76.50	F	24	W U/50	8
66	David	Maeso		76.53	M	32	M U/50	51
67	Robert	Baker	East london runners	77.02	M	33	M U/50	52
68	Niels	Rock		77.09	M	38	M U/50	53
69	Jenna	Mullett		77.14	F	29	W U/50	9
70	Philipp	Studer		77.16	M	31	M U/50	54
71	Tabitha	Allen	Truro Running Club	77.28	F	19	W U/50	10
72	Roland	Burton	South London Harriers	77.49	M	36	M U/50	55
73	Miles	Turner		77.54	M	36	M U/50	56
74	Alison	Purnell	Hercules Wimbledon	77.55	F	51	W O/50	1
75	John	Wilson	Serpentine	78.14	M	46	M U/50	57
76	Nick	Fisher		78.30	M	58	M O/50	7
77	Lauen	Sewell		78.34	F		W U/50	11
78	Gabriela	Rendekova		78.44	F	31	W U/50	12
79	Paul	Tibbs	wimbledon windmilers	79.44	M	56	M O/50	8
80	Gemma	Sharpe	Desford Striders	80.12	F	32	W U/50	13
81	Robert	Gallagher		80.25	M	28	M U/50	58
82	Laura	Ellis	Bearcat Running Club	80.35	F	30	W U/50	14
83	Anne	Gammon	Victoria Park Tower Hamletes	80.43	F	51	W O/50	2
84	Les	Thurston	Bishops Stortford RC	80.47	M	64	M O/60	2
85	Chris	Moore		80.51	M	30	M U/50	59
86	Annika	Alexopoulou	Clapham Runners	81.04	F	38	W U/50	15
87	Malgorzata	Kucharska	Ealing Southall & Middlesex A	81.18	F	39	W U/50	16
88	Shane	O'Prey		81.21	M	39	M U/50	60
89	Chris	Spalding		81.40	M	24	M U/50	61
90	Tina	McKenzie-O'Neill		82.07	F	43	W U/50	17
91	Graham	Buckle		82.25	M	51	M O/50	9

92	Antje	Knopf		83.45	F	33	W U/50	18
93	Oliver	Jarvis		83.47	M	27	M U/50	62
94	Sophie	Jones	Clapham Chasers	84.01	F	30	W U/50	19
95	Bertrand	Olivier	Serpentine	85.06	M	51	M O/50	10
96	Courtney	Phillips		85.39	F	38	W U/50	20
97	Steve	Newman		86.52	M	42	M U/50	63
98	Deborah	Kroiter		86.52	F	32	W U/50	21
99	LUKE	SMYTH		87.58	M	29	M U/50	64
100	Melissa	Preston		88.02	F	24	W U/50	22
101	Catherine	Forsyth		88.12	F	35	W U/50	23
102	Aine	Cassidy		88.36	F	33	W U/50	24
103	Rebecca	Hylton		89.23	F	23	W U/50	25
104	Chris	Dodds		90.06	F	35	W U/50	26
105	Kate	Roberts		90.36	F	31	W U/50	27
106	Vincent	Nottidge	UK Net Runners	90.51	M	52	M O/50	11
107	Becky	Stewart		91.20	F	25	W U/50	28
108	Matt	Grillo		91.48	M	28	M U/50	65
109	Will	Frances		91.48	M	27	M U/50	66
110	Anna	Fedorska		92.02	F	30	W U/50	29
111	Danielle	Howe		92.26	F	25	W U/50	30
112	Joe	Wilson		92.46	M	23	M U/50	67
113	Sophie	Nicoll		93.00	F	31	W U/50	31
114	Colin	Fisher		93.41	M	24	M U/50	68
115	Polly	Benians	Dulwich Park Runners	93.57	F	35	W U/50	32
116	Anne	Cheeseman	Dulwich Park Runners	93.57	F	46	W U/50	33
117	Juan Pablo	Novillo		94.31	M	31	M U/50	69
118	Lindsay	Farey		94.40	F	24	W U/50	34
119	Nicholas	Peal		95.14	M	30	M U/50	70
120	Susan	Virtanen		95.14	F	35	W U/50	35
121	Rudolph	Stewart		95.52	M	47	M U/50	71
122	Ally	Martin		95.59	M	24	M U/50	72
123	Nadine	Martin		96.55	F	33	W U/50	36
124	John	Pickvance		97.27	M	42	M U/50	73
125	Julie	Bernard		97.45	F	24	W U/50	37
126	Colin	Burstow		98.38	M	31	M U/50	74
127	Anthony	Alleyne		102.08	M		M U/50	75
128	Samantha	Alleyne		102.28	F		W U/50	38
129	Kitty	Montague-Wilson		111.41	F	19	W U/50	39

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Should you have any queries then please contact Gavin Lightwood glightwood@uka.org.uk