

Sri Chinmoy 5K Race

Battersea Park, London

8th July 2019

KANGAROO HOP 5K



**SRI CHINMOY
MARATHON TEAM**



WINNERS

RANK	FIRST NAME	SURNAME	CLUB	M F	TIME	AGE
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Men U/50

1	Sam	Eglen	Aldershot Farnham and District AC	M	00:15:19	24
2	Sam	Humphrey	VPH & Tower Hamlets Athletics Club	M	00:15:24	34
3	Nick	Buckle	Belgrave Harriers	M	00:15:28	27
4	Nicolas	Besson	Serpentine	M	00:15:41	38
5	Paul	Gaimster	VPH & Tower Hamlets Athletics Club	M	00:15:47	45
6	Andy	Bond	Dulwich runners	M	00:15:52	45
7	Alec	Finch	Thurrock Harriers	M	00:16:00	24

Women U/50

1	Mary	James	South London Harriers	F	00:17:53	44
2	Sophie	Sheldrake	Lewes AC	F	00:18:29	32
3	Catherine	Airey	Highgate Harriers	F	00:19:45	26
4	Rebecca	Schulleri	Dulwich runners	F	00:19:47	30
5	Sarah	Dudgeon	Abingdon Athletic Club	F	00:19:49	42
6	Lizzie	Goldie-Scot	Belgrave Harriers	F	00:20:01	25
7	Naomi	Boyer		F	00:20:29	26

Men Vet 50

1	David	Williamson	Tadworth Athletics Club	M	00:18:11	51
2	Mark	Constantinou	Collingwood AC	M	00:18:21	55
3	Antony	Constantinou	Collingwood AC	M	00:18:30	55

Women Vet 50

1	Clare	Elms	Dulwich runners	F	00:17:48	55
2	Susan	McDonald	South London Harriers	F	00:18:32	52
3	Clare	Boutle	Barnet & District AC	F	00:26:47	50

Men Vet 60

1	Michael	Bridgeland	Chelmsford AC	M	00:18:17	61
2	Pete	Crockford	London Heathside	M	00:18:50	61

Men Vet 70

1	Ray	Clarabut	trent park running club	M	00:22:19	70
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ALL RESULTS BELOW

"Congratulations on completing the race. Ours is a runbritain-licensed event and therefore your time is included in calculating your free runbritain handicap score. More than 66,000 runners of all standards have now claimed their runbritain handicap score. As well as giving you a current score, between scratch and 36.0, your free personalised running biog page includes your current national ranking by age band and postcode, your position on the national ladder, your progress graph, your strongest distance, a head-to-head comparison with other runners and downloadable training schedules to improve your score next time you race. Your handicap score also updates automatically every time you complete a licensed event. To claim your score now, click on <http://www.runbritainrankings.com/user/claimhandicap.aspx>"

RESULTS

RANK	FIRST NAME	SURNAME	CLUB	M F	TIME	AGE	CATEGORY	CAT. POS.
1	Sam	Eglen	Aldershot Farnham and District AC	Male	00:15:19	24	M U/50	1
2	Sam	Humphrey	Victoria Park Harriers & Tower Hamlets	Male	00:15:24	34	M U/50	2
3	Nick	Buckle	Belgrave Harriers	Male	00:15:28	27	M U/50	3
4	Nicolas	Besson	Serpentine	Male	00:15:41	38	M U/50	4
5	Paul	Gaimster	Victoria Park Harriers & Tower Hamlets	Male	00:15:47	45	M U/50	5
6	Andy	Bond	Dulwich runners	Male	00:15:52	45	M U/50	6
7	Alec	Finch	Thurrock Harriers	Male	00:16:00	24	M U/50	7
8	Sage	Pearce-Higgins	Thames Valley Harriers	Male	00:16:05	35	M U/50	8
9	Danny	Brewer	Blackheath and Bromley Harriers	Male	00:16:05	30	M U/50	9
10	Alex	Gibbins	Blackheath and Bromley Harriers	Male	00:16:18	43	M U/50	10
11	Jasper	Taylor	Belgrave Harriers	Male	00:16:20	22	M U/50	11
12	Buzz	Shephard	Dulwich runners	Male	00:16:22	43	M U/50	12
13	Jack	Dickenson	Herne Hill Harriers	Male	00:16:24	21	M U/50	13
14	Robbie	Cox	Woodford Green/Serpentine	Male	00:16:24	37	M U/50	14
15	Glyn	Parry	kent ac	Male	00:16:31	39	M U/50	15
16	Paul	O'Callaghan	Tadworth Athletics Club	Male	00:16:31	41	M U/50	16
17	Gavin	Brandie	Clapham Chasers	Male	00:16:33	41	M U/50	17
18	Calum	Nicol	Thames Valley Harriers	Male	00:16:35	33	M U/50	18
19	James	Bewley	Victoria Park Harriers & Tower Hamlets	Male	00:16:35	36	M U/50	19
20	Matthew	Cartwright	Herne Hill Harriers	Male	00:16:36	29	M U/50	20
21	thomas	south	Dulwich runners	Male	00:16:40	43	M U/50	21
22	Pablo	Granel		Male	00:16:41	38	M U/50	22
23	Daniel	Mann	Dulwich Runners	Male	00:16:43	41	M U/50	23
24	Justin	Burton		Male	00:16:43	19	M U/50	24
25	Myles	Preston	mornington chasers	Male	00:16:49	33	M U/50	25
26	George	Russell	Kent AC	Male	00:16:59	23	M U/50	26
27	Jonathan	Battye		Male	00:17:00	33	M U/50	27
28	James	Ruskin		Male	00:17:03	38	M U/50	28
29	George	Longworth	Hercules Wimbledon AC	Male	00:17:05	32	M U/50	29
30	Roderick	Akihary	Fulham Running Club	Male	00:17:10	34	M U/50	30
31	Isaac	Leigh	Serpentine RC	Male	00:17:14	26	M U/50	31
32	Oliver	Bradford	Haslemere & Border AC	Male	00:17:15	42	M U/50	32
33	Steven	Leonard	Clapham Chasers	Male	00:17:22	35	M U/50	33
34	Anthony	Withstandley	Victoria Park Harriers & Tower Hamlets	Male	00:17:25	48	M U/50	34
35	Stephen	McLeod	Fulham Running Club	Male	00:17:28	30	M U/50	35
36	Neil	Hume	GCR	Male	00:17:29	45	M U/50	36
37	Tim	Harman	Ravens City of London Running Club	Male	00:17:34	36	M U/50	37
38	Matt	Woodman	Stafford Harriers	Male	00:17:35	41	M U/50	38
39	William	Shippin	uknetrunner	Male	00:17:35	33	M U/50	39
40	Gary	James		Male	00:17:36	41	M U/50	40
41	Michael	Corkings	London Heathside	Male	00:17:39	39	M U/50	41
42	Joseph	McKeown	London Heathside	Male	00:17:46	35	M U/50	42
43	Clare	Elms	Dulwich runners	Female	00:17:48	55	W Vet 50	1
44	Jacob	Plummer	Hercules Wimbledon AC	Male	00:17:53	24	M U/50	43
45	Mary	James	South London Harriers	Female	00:17:53	44	W U/50	1
46	Andrew	Han	Fulham Running Club	Male	00:18:09	39	M U/50	44
47	Stuart	Farmer	Fulham Running Club	Male	00:18:09	42	M U/50	45
48	David	Williamson	Tadworth Athletics Club	Male	00:18:11	51	M Vet 50	1
49	Richard	Cherrett	Victoria Park Harriers & Tower Hamlets	Male	00:18:13	41	M U/50	46
50	Dominic	Seymour		Male	00:18:16	35	M U/50	47
51	Michael	Bridgeland	Chelmsford AC	Male	00:18:17	61	M Vet 60	1
52	Steven	Jones	Belgrave Harriers	Male	00:18:18	29	M U/50	48

53	Adam	May	Hercules Wimbledon AC	Male	00:18:19	38	M U/50	49
54	Mark	Constantinou	Collingwood AC	Male	00:18:21	55	M Vet 50	2
55	Adam	Westbury	Herne Hill Harriers	Male	00:18:26	27	M U/50	50
56	Sophie	Sheldrake	Lewes AC	Female	00:18:29	32	W U/50	2
57	Max	Livingstone-Learmonth	Abingdon Athletic Club	Male	00:18:29	41	M U/50	51
58	Antony	Constantinou	Collingwood AC	Male	00:18:30	55	M Vet 50	3
59	Nick	Haworth	Biggleswade AC	Male	00:18:32	42	M U/50	52
60	Susan	McDonald	South London Harriers	Female	00:18:32	52	W Vet 50	2
61	Ashley	Hassell	London City Athletics Club	Male	00:18:49	30	M U/50	53
62	Pete	Crockford	London Heathside	Male	00:18:50	61	M Vet 60	2
63	ben	davies		Male	00:18:58	28	M U/50	54
64	Ben	Jacklin		Male	00:19:01	39	M U/50	55
65	Harry	Magill		Male	00:19:01	24	M U/50	56
66	Fraser	Hagell	Herne Hill Harriers	Male	00:19:03	31	M U/50	57
67	Steve	Webb	Clapham Chasers	Male	00:19:08	30	M U/50	58
68	Byron	McKinney	Tiverton Harriers	Male	00:19:09	44	M U/50	59
69	D	Benoit		Male	00:19:12	27	M U/50	60
70	Shaun	Melvin	West4Harriers	Male	00:19:18	35	M U/50	61
71	Josh	Woods		Male	00:19:20	28	M U/50	62
72	Terry	Oliver	Evrotas AC	Male	00:19:24	43	M U/50	63
73	Bacci	Gregory	Fulham Running Club	Male	00:19:25	39	M U/50	64
74	Stuart	Holliday	Chorlton Runners	Male	00:19:26	43	M U/50	65
75	Tom	Poynton	Serpentine	Male	00:19:26	46	M U/50	66
76	David	Miller		Male	00:19:33	36	M U/50	67
77	Josh	Melville		Male	00:19:40	21	M U/50	68
78	Ian	Anderson	London Heathside	Male	00:19:41	36	M U/50	69
79	Allan	Cox	Clapham Chasers	Male	00:19:42	42	M U/50	70
80	Simon	Lewis		Male	00:19:43	30	M U/50	71
81	Catherine	Airey	Highgate Harriers	Female	00:19:45	26	W U/50	3
82	Rebecca	Schulleri	Dulwich runners	Female	00:19:47	30	W U/50	4
83	Matthew	Beard	London Heathside Runners	Male	00:19:48	50	M Vet 50	4
84	Andrew	McNamara	Fulham Running Club	Male	00:19:48	36	M U/50	72
85	Sarah	Dudgeon	Abingdon Athletic Club	Female	00:19:49	42	W U/50	5
86	Eoghan	McGuigan		Male	00:19:58	22	M U/50	73
87	Philip	Hogg	London Heathside	Male	00:20:00	49	M U/50	74
88	Lizzie	Goldie-Scot	Belgrave Harriers	Female	00:20:01	25	W U/50	6
89	thomas	cheetham	hercules wimbledon ac	Male	00:20:01	52	M Vet 50	5
90	Jeremy	Nelson	Evrotas AC	Male	00:20:04	55	M Vet 50	6
91	Amit	Marks	East London Runners	Male	00:20:22	42	M U/50	75
92	Darren	Till	Serpentine RC	Male	00:20:27	34	M U/50	76
93	Naomi	Boyer		Female	00:20:29	26	W U/50	7
94	Tom	Copeland		Male	00:20:33	30	M U/50	77
95	Martin	Milward	Fulham Running Club	Male	00:20:35	64	M Vet 60	3
96	Rory	Webster	Clapham Chasers	Male	00:20:41	53	M Vet 50	7
97	Roger	Corbett	Serpentine	Male	00:20:45	56	M Vet 50	8
98	david	jennings		Male	00:20:52	31	M U/50	78
99	Cameron	Gibson	Guildford and Godalming	Male	00:20:53	20	M U/50	79
100	Mark	Kell	Serpentine	Male	00:20:54	38	M U/50	80
101	Paul	Maccarthy	Barnet and District AC	Male	00:20:55	53	M Vet 50	9
102	Jake	West		Male	00:21:05	42	M U/50	81
103	Alan	Wilkinson		Male	00:21:05	59	M Vet 50	10
104	Jonathan	Chambers	Fulham Running Club	Male	00:21:11	62	M Vet 60	4
105	David	Bates		Male	00:21:17	43	M U/50	82
106	Josephine	Rhodes	Belgrave Harriers	Female	00:21:21	33	W U/50	8
107	Kerry	Foley	Evrotas AC	Female	00:21:22	42	W U/50	9
108	Poppy	de Courcy-Wheeler		Female	00:21:23	28	W U/50	10
109	Alistair	Symes		Male	00:21:26	27	M U/50	83

110	Paul	Carter	Lingfield Running Club	Male	00:21:27	39	M U/50	84
111	Jamie	Price		Male	00:21:37	42	M U/50	85
112	Daniel	Comens	Sutton Runners	Male	00:21:49	45	M U/50	86
113	Andrew	Cornish		Male	00:21:52	53	M Vet 50	11
114	Michael	Frean	Windle Valley Runners	Male	00:21:56	56	M Vet 50	12
115	Andrew	Smith	Runnymede Runners	Male	00:21:58	47	M U/50	87
116	Chris	Newberry	Horsham joggers	Male	00:21:59	50	M Vet 50	13
117	Oxana	Novikova	Evrotas AC	Female	00:22:02	33	W U/50	11
118	Rosie	Cook	Fulham Running Club	Female	00:22:05	29	W U/50	12
119	Miss Phoebe C	Roth		Female	00:22:06	24	W U/50	13
120	Lloyd	Bevan	Serpentine	Male	00:22:07	55	M Vet 50	14
121	Karolina	Sokolowska	Ealing Eagles Running Club	Female	00:22:08	24	W U/50	14
122	Ryan	McGahon		Male	00:22:08	27	M U/50	88
123	Georgia	Townend		Female	00:22:09	24	W U/50	15
124	Gavin	Lau	Victoria Park Harriers & Tower Hamlets	Male	00:22:10	36	M U/50	89
125	Marcelo	Fortes	Herne Hill Harriers	Male	00:22:12	46	M U/50	90
126	Ray	Clarabut	trent park running club	Male	00:22:19	70	M Vet 70	1
127	Jo	Wilkerson		Female	00:22:20	25	W U/50	16
128	Anmarie	Seymour	Hercules Wimbledon AC	Female	00:22:23	46	W U/50	17
129	Alice	Corfield	Sutton Runners	Female	00:22:27	33	W U/50	18
130	Carlos	Mansilla		Male	00:22:30	45	M U/50	91
131	Francesca Anna	Jannetta	Fulham Running Club	Female	00:22:31	36	W U/50	19
132	Francisco	Mansilla		Male	00:22:34	18	M U/50	92
133	Eleanor	Beowell	Evrotas AC	Female	00:22:41	33	W U/50	20
134	Fiona	Magee	Good Gym Race Team	Female	00:23:25	41	W U/50	21
135	Neal	Desai		Male	00:23:35	34	M U/50	93
136	Elaine	Reid	Collingwood AC	Female	00:23:45	49	W U/50	22
137	Sophie	Denman	Fulham Running Club	Female	00:23:51	31	W U/50	23
138	Paul D	HOOPER	Dartford Road Runners	Male	00:23:53	62	M Vet 60	5
139	Emily	Hayes		Female	00:24:08	31	W U/50	24
140	jean-luc	hoez	serpentine running club	Male	00:24:23	61	M Vet 60	6
141	David	Hallson	Road Runners Club	Male	00:24:24	66	M Vet 60	7
142	Tim	Brown		Male	00:24:26	52	M Vet 50	15
143	Ian	Mursell	VAC	Male	00:24:32	67	M Vet 60	8
144	Christophe	Lamarliere		Male	00:24:45	39	M U/50	94
145	Philip	Wiseman	None	Male	00:24:50	48	M U/50	95
146	Peter	Hewitt	CaFE Runners	Male	00:24:59	55	M Vet 50	16
147	Ewen	McKinnon		Male	00:25:12	52	M Vet 50	17
148	Mark	Kinirons		Male	00:25:18	58	M Vet 50	18
149	Stephen	Walker		Male	00:25:21	47	M U/50	96
150	Adam	Hutchinson		Male	00:25:26	37	M U/50	97
151	Rebecca	Marshall	London Heathside	Female	00:25:31	42	W U/50	25
152	Yvonne	Ellis	avrotas	Female	00:25:40	46	W U/50	26
153	Paul	Frean		Male	00:25:47	58	M Vet 50	19
154	Clare	Boutle	Barnet & District AC	Female	00:26:47	50	W Vet 50	3
155	Lara	Gimblett	Fulham Running Club	Female	00:27:13	29	W U/50	27
156	Sage	Park		Female	00:27:43	41	W U/50	28
157	Lily	Ash		Female	00:27:50	28	W U/50	29
158	Charlotte	Constantinou	Collingwood AC	Female	00:28:26	17	W U/50	30
159	Alan	Davidson	Ranelagh Harriers	Male	00:28:48	72	M Vet 70	2
160	Rosa	Constantinou	Collingwood AC	Female	00:30:28	51	W Vet 50	4
161	Robert	Ravelli	London Frontrunners	Male	00:30:35	62	M Vet 60	9
162	Christopher	Shaw	Fulham Running Club	Male	00:31:11	40	M U/50	98
163	Manisha	Gosal		Female	00:31:30	31	W U/50	31
164	Peter	Torre	VAC	Male	00:32:50	77	M Vet 70	3
165	Edwin	Bartlett	VAC	Male	00:33:38	74	M Vet 70	4