

# Sri Chinmoy Iron Cove 7 km Run

Iron Cove, Lilyfield : 8 Dec 2019

74 Runners

## Male Under 50 : 25 Runners : 7 Kms

Place	No.	Name	Time	Time Dif
1	419	Dominic Bullock	23:43	
2	423	Luke Smith	24:25	0:42
3	410	Michael Abiwahab	27:11	3:28
4	431	Greg Churchill	27:32	3:49
5	429	Kieran O'Connor	27:42	3:59
6	413	Ken Wong	28:26	4:43
7	421	Ren-Shyan Balnave	29:10	5:27
8	427	Harry Leung	29:26	5:43
9	430	Adrian Caputo	30:01	6:18
10	422	He-Shyan Balnave	32:25	8:42
11	407	David Carson	32:27	8:44
12	432	Bart Sweers	32:58	9:15
13	416	Ian Robinson	33:33	9:50
14	418	Ben Gray	34:12	10:29
15	434	Ferdia Hayes	34:16	10:33
16	424	John Woods	34:32	10:49
17	433	Ryan Keating	35:18	11:35
18	428	Chris Horowitz	35:21	11:38
19	402	Brian Walsh	36:15	12:32
20	412	Eddie Oba	36:57	13:14
21	403	Cameron Woods	39:46	16:03
22	426	Jared Butler	40:32	16:49
23	406	Ryan Reynolds	41:44	18:01
24	405	Baden Reynolds	41:46	18:03
25	425	Albert Ho	45:28	21:45

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## Male 50-59 : 9 Runners : 7 Kms

Place	No.	Name	Time	Time Dif	
1	550	Brad Windon	28:22		
2	549	David Heazlett	30:55	2:33	
3	552	John Hayes	34:30	6:08	
4	544	Andrew Martin	38:33	10:11	
5	543	Greg Bisset	38:40	10:18	
6	542	Mark Traynor	40:53	12:31	
7	551	Eric Korhonen	41:16	12:54	
8	553	William Lindssay	43:57	15:35	
9	548	Anthony Robinson	50:28	22:06	

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## Male 60-69 : 6 Runners : 7 Kms

Place	No.	Name	Time	Time Dif	
1	571	Kieron Blackmore	29:42		
2	573	Rob Ellis	33:20	3:38	
3	576	Marc Jarman	34:18	4:36	
4	577	Michael Feeney	35:35	5:53	
5	574	Jon Corbishley	43:50	14:08	
6	572	Adrian Ferris	1:01:03	31:21	

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## Female Under 50 : 20 Runners : 7 Kms

Place	No.	Name	Time	Time Dif
1	627	Ainsley Pohljina	30:04	
2	620	Philippa Scott	31:28	1:24
3	621	Natasha Hammond	32:32	2:28
4	628	Zyra McAuliffe	33:31	3:27
5	624	Anna Sharples	34:09	4:05
6	625	Sarah Barratt	34:59	4:55
7	622	Carla Sawyer	36:11	6:07
8	615	Rebecca Wewege	37:38	7:34
9	612	Hyehee Shin	38:14	8:10
10	605	Sophia Martin	38:31	8:27
11	614	Kathleen Robinson	38:58	8:54
12	616	Marcelle Bezuidenhout	41:18	11:14
13	609	Aimee Quintal	41:20	11:16
14	611	Mary Jackson	42:04	12:00
15	617	Nat Osborne	42:05	12:01
16	610	Annie Cansdell	42:38	12:34
17	619	Charlotte Woods	44:40	14:36
18	626	Jennifer Thomas	46:34	16:30
19	607	Gajalakshmi Prakasam	57:29	27:25
20	618	Machelle Bennett	1:01:36	31:32

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## Female 50-59 : 13 Runners : 7 Kms

Place	No.	Name	Time	Time Dif
1	778	Zoe Melling	31:48	
2	775	Hollee James	33:27	1:39
3	772	Roisin Boyle	33:29	1:41
4	785	Joan Feeney	35:23	3:35
5	774	Razz Morgan	39:32	7:44
6	776	Susan Hitchen	39:42	7:54
7	781	Mary Denmead	40:51	9:03
8	782	Martine Woodhill	42:59	11:11
9	777	Annette Ferris	43:24	11:36
10	784	Linda Evans	46:32	14:44
11	771	Meredith Davey	48:53	17:05
12	786	Helen O Riokdan	52:03	20:15
13	783	Louise Brooks	52:12	20:24

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**Female 60-69** : 1 Runners : 7 Kms

Place	No.	Name	Time	Time Dif
1	792	Gladys Amestoy	39:58	