



Sri Chinmoy Half-Marathon

Teloepa Park : 10 Jun 2013

92 Runners

Male Under 50 : 13 Laps in Category : 41 Runners : 21.06 Kms Total

Place	No.	Name	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8	Lap 9	Time	Time Dif	Av Spd
			Lap 10	Lap 11	Lap 12	Lap 13								
1	22	Craig Benson	6:05	5:47	5:46	5:47	5:55	5:53	5:58	5:50	5:56	1:17:19		16.34
			6:02	6:03	6:09	6:08								
2	29	Colin Tricker	6:35	6:00	5:54	5:58	5:59	6:03	6:02	6:05	6:01	1:18:26	1:07	16.11
			5:56	6:01	5:53	5:59								
3	46	Anthony Kennedy	6:45	6:41	5:48	6:13	6:09	6:12	6:14	6:10	6:13	1:21:16	3:57	15.55
			6:15	6:15	6:16	6:05								
4	20	Lance Purdon	6:43	6:41	5:49	6:13	6:13	6:25	6:20	6:23	6:35	1:23:17	5:58	15.17
			6:32	6:31	6:27	6:25								
5	26	Aston Duncan	6:50	6:38	6:02	6:25	6:19	6:27	6:22	6:25	6:15	1:23:21	6:02	15.16
			6:18	6:25	6:25	6:30								
6	28	Paul Cuthbert	6:47	6:40	6:01	6:28	6:20	6:23	6:25	6:25	6:28	1:24:30	7:11	14.95
			6:35	6:44	6:38	6:36								
7	31	Jeff Grey	7:01	6:30	6:31	6:35	6:43	6:38	6:37	6:38	6:36	1:26:09	8:50	14.67
			6:27	6:52	6:33	6:28								
8	15	Andrew McGowan	7:21	6:42	6:40	6:41	6:41	6:44	6:37	6:34	6:38	1:26:28	9:09	14.61
			6:38	6:36	6:27	6:09								
9	40	Kerry Baxter	7:06	6:33	6:42	6:39	6:44	6:37	6:39	6:37	6:43	1:26:50	9:31	14.55
			6:36	6:44	6:35	6:35								
10	2	Usama Majeed	7:28	7:02	7:05	7:19	7:12	7:19	7:20	7:30	7:31	1:28:37	11:18	14.26
			2:44	4:44	7:42	7:41								
11	23	Rodney Foster	7:17	6:33	6:45	6:43	6:59	7:04	6:57	6:57	6:44	1:29:16	11:57	14.16
			6:50	6:45	6:58	6:44								



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1 2	32	Nicholas O'Neill	7:03	6:39	6:49	6:46	6:47	7:03	7:02	6:54	7:03	1:30:09	12:50	14.02
			7:06	7:08	7:10	6:39								
1 3	35	Kevin Eager	13:55	0:38	6:10	6:43	6:53	7:03	6:57	6:59	6:50	1:30:21	13:02	13.99
			6:55	7:02	7:07	7:09								
1 4	16	Peter Russell	7:20	7:01	7:01	6:49	6:56	7:01	7:02	7:05	7:00	1:33:25	16:06	13.53
			7:26	7:34	7:59	7:11								
1 5	45	Shane Maundrell	7:42	6:58	6:56	7:02	6:55	7:00	7:12	7:09	7:14	1:33:26	16:07	13.52
			7:12	7:18	7:33	7:15								
1 6	14	Brendan Douglas	7:44	7:03	7:11	7:13	7:15	7:22	7:15	7:23	7:25	1:36:19	19:00	13.12
			7:34	7:34	7:39	7:41								
1 7	30	Phillip Hoglin	8:03	7:13	7:16	7:16	7:23	7:29	7:28	7:30	7:24	1:36:29	19:10	13.10
			7:32	7:28	7:20	7:07								
1 8	21	Ross Blake	8:07	7:13	6:59	7:03	7:17	7:21	7:17	7:29	7:26	1:36:45	19:26	13.06
			7:34	7:37	7:37	7:45								
1 9	39	Sam MacDonald	8:02	7:09	7:10	7:03	7:13	7:22	7:21	7:23	9:29	1:36:46	19:27	13.06
			5:35	7:37	7:39	7:43								
2 0	18	Stephen Graham	7:48	7:19	7:20	7:25	7:33	7:28	7:33	7:39	7:37	1:38:50	21:31	12.79
			7:47	7:49	7:45	7:47								
2 1	41	Michael Osmond	8:00	7:24	7:34	7:33	7:47	7:41	7:46	7:50	7:38	1:40:17	22:58	12.60
			7:28	7:57	7:54	7:45								
2 2	42	Aaron Broughton	8:32	7:46	7:47	7:49	7:40	7:39	8:07	7:35	7:33	1:40:29	23:10	12.58
			7:31	7:36	7:26	7:28								
2 3	44	Hugh Jorgensen	8:42	7:38	7:38	7:34	7:34	7:34	7:37	7:35	7:44	1:40:39	23:20	12.55
			7:47	7:44	7:45	7:47								
2 4	38	Matt Craft	7:46	7:24	7:34	7:40	7:38	7:43	7:41	7:52	7:52	1:41:05	23:46	12.50
			7:48	7:55	8:02	8:10								



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92 Runners

25	4	Tim Burns	7:56	7:19	7:19	7:23	7:42	8:09	7:54	8:23	8:17	1:41:54	24:35	12.40
			8:05	8:04	7:59	7:24								
26	33	Leif Eldridge-Smith	8:38	7:59	8:47	7:50	7:54	7:50	8:02	8:07	8:15	1:45:05	27:46	12.02
			8:05	8:04	7:53	7:41								
27	25	Jaime Lapus	7:15	9:11	8:11	8:25	8:21	8:23	8:21	10:13	6:49	1:49:48	32:29	11.51
			8:37	9:00	8:41	8:21								
28	43	Andrew John Taylor	9:34	8:40	8:16	8:22	8:22	9:14	8:29	8:21	8:16	1:50:39	33:20	11.42
			7:55	8:40	8:19	8:11								
29	9	Luigi Tomba	9:17	8:25	8:25	8:25	8:28	8:27	8:20	8:36	8:40	1:51:39	34:20	11.32
			8:36	8:44	8:44	8:32								
30	27	Owen Livermore	9:11	8:17	8:18	8:26	8:31	8:42	8:42	8:36	8:42	1:52:59	35:40	11.18
			8:47	8:56	9:07	8:44								
31	34	Jake Radloff	8:51	8:25	8:28	8:50	8:49	8:48	8:54	9:09	8:57	1:56:31	39:12	10.84
			9:05	9:12	9:33	9:30								
32	24	Julian Jordan	8:46	8:03	8:04	7:55	8:43	9:09	9:18	9:31	9:45	1:58:31	41:12	10.66
			9:54	10:10	9:11	10:02								
33	7	David Tierney	10:16	8:51	8:58	8:56	9:28	9:30	9:26	9:42	9:27	1:59:17	41:58	10.59
			9:29	9:32	8:02	7:40								
34	36	David McCue	9:48	8:57	9:07	9:00	9:06	9:18	9:13	9:32	9:22	2:03:49	46:30	10.21
			9:41	9:48	10:17	10:40								
35	6	Michael Malcomess	9:31	8:57	9:09	9:20	9:27	9:12	9:39	9:34	9:55	2:06:02	48:43	10.03
			10:17	10:16	10:22	10:23								
36	13	Tony McDonald	9:50	9:01	9:36	9:41	10:05	9:58	10:02	9:50	9:45	2:07:39	50:20	9.90
			10:08	9:48	9:55	10:00								
37	11	Colin Thirkettle	10:45	10:13	9:35	9:56	10:57	9:50	10:01	10:01	10:11	2:12:26	55:07	9.54
			10:40	10:13	10:24	9:40								



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38	37	Mathew Jose	10:56	9:38	9:41	9:45	9:57	10:03	10:21	10:18	10:46	2:15:32	58:13	9.32
			10:59	10:42	11:08	11:18								
39	5	Sean Ford	11:46	12:00	12:11	11:57	12:32	13:11	12:39	15:09	13:48	2:50:40	1:33:21	7.40
			14:28	14:05	13:40	13:14								
DNF	17	Simon Downs	9:43	8:48	8:58	8:52	9:07	8:56	9:10	9:20	9:59	DNF		
DNF	19	Andy Moon	8:33									DNF		



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92 Runners

Male 50-59 : 13 Laps in Category : 12 Runners : 21.06 Kms Total

Place	No.	Name	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8	Lap 9	Time	Time Dif	Av Spd
			Lap 10	Lap 11	Lap 12	Lap 13								
1	141	David Clarke	7:58	7:15	7:05	7:09	7:18	7:28	7:19	7:21	7:44	1:37:47		12.92
			7:41	7:48	7:54	7:47								
2	151	Keith Bennett	8:28	7:27	7:26	7:28	7:31	7:27	7:23	7:27	7:31	1:38:16	0:29	12.86
			7:39	7:38	7:29	7:22								
3	145	John Wieczorek	8:48	8:00	8:00	7:56	8:04	8:01	7:56	8:01	8:20	1:45:36	7:49	11.97
			8:14	8:06	8:16	7:54								
4	148	Steve O'Hearn	8:45	8:06	8:00	7:55	8:05	7:54	8:02	8:08	8:08	1:45:52	8:05	11.94
			8:18	8:07	8:16	8:08								
5	152	Peter Clayden	9:20	8:24	8:25	8:28	8:29	8:25	8:23	8:37	8:37	1:53:01	15:14	11.18
			8:35	8:53	9:05	9:20								
6	147	Peter Foster	9:52	8:45	8:51	8:44	8:55	8:49	8:52	9:01	8:58	1:56:48	19:01	10.82
			9:08	9:02	8:59	8:52								
7	153	Don Roach	10:03	8:57	8:54	8:56	9:00	9:11	9:09	9:21	9:14	1:59:28	21:41	10.58
			9:12	9:25	9:12	8:54								
8	150	Gordon Waddington	10:19	8:50	8:57	8:53	8:55	9:03	9:15	9:21	9:28	2:03:57	26:10	10.19
			9:42	10:17	10:29	10:28								
9	142	John Hawkins	9:39	9:03	9:22	9:32	9:33	9:57	10:27	10:35	9:18	2:06:58	29:11	9.95
			9:42	10:16	10:04	9:30								
10	146	Rick Youssef	10:58	9:53	9:22	9:44	10:07	9:57	10:18	10:17	10:51	2:15:34	37:47	9.32
			10:49	10:48	11:12	11:18								
11	149	Colin Brown	10:27	9:45	10:06	10:45	11:00	11:15	11:41	11:48	12:05	2:27:55	50:08	8.54
			12:15	12:29	12:09	12:10								



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DNF	143	George Mason	7:31	7:06	7:05	7:14	7:18	7:19	7:23	7:32	9:47	DNF	
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Teloepa Park : 10 Jun 2013

92 Runners

Male 60-69 : 13 Laps in Category : 3 Runners : 21.06 Kms Total

Place	No.	Name	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8	Lap 9	Time	Time Dif	Av Spd
			Lap 10	Lap 11	Lap 12	Lap 13								
1	172	Alan Gowen	8:37	7:52	7:56	7:55	7:57	7:54	7:57	7:59	8:00	1:45:10		12.02
			8:02	8:14	8:24	8:23								
2	171	Peter Ralston	8:30	8:01	7:58	8:03	8:09	8:14	8:28	8:17	8:25	1:48:43	3:33	11.62
			8:33	8:40	8:51	8:34								
3	173	Denis Reid	10:12	9:12	9:23	9:26	9:18	9:20	9:26	9:09	9:22	2:01:46	16:36	10.38
			9:19	9:19	9:19	9:01								



Sri Chinmoy Half-Marathon

Telopea Park : 10 Jun 2013

92 Runners

Male 70+ : 13 Laps in Category : 1 Runners : 21.06 Kms Total

Place	No.	Name	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8	Lap 9	Time	Time Dif	Av Spd
			Lap 10	Lap 11	Lap 12	Lap 13								
1	191	Lachlan Lewis	12:38	12:51	13:14	13:31	13:35	14:53	13:39	14:12	14:36	3:10:03		6.65
			16:11	15:54	16:42	18:07								



Sri Chinmoy Half-Marathon

Teloepa Park : 10 Jun 2013

92 Runners

Female Under 50 : 13 Laps in Category : 29 Runners : 21.06 Kms Total

Place	No.	Name	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8	Lap 9	Time	Time Dif	Av Spd
			Lap 10	Lap 11	Lap 12	Lap 13								
1	218	Jodie Barker	7:13	6:39	6:49	6:40	6:47	6:53	6:55	6:56	6:56	1:29:45		14.08
			6:56	6:54	7:04	7:03								
2	217	Sophy Sirr	7:34	7:05	7:05	7:05	7:05	7:08	7:07	7:16	7:20	1:34:14	4:29	13.41
			7:14	7:20	7:21	7:34								
3	226	Amy Currie	8:05	7:13	7:24	7:26	7:33	7:30	7:31	7:36	7:33	1:38:05	8:20	12.88
			7:31	7:36	7:34	7:33								
4	212	Kerry Smith	8:10	7:12	7:15	7:17	7:29	7:31	7:31	7:38	7:40	1:39:17	9:32	12.73
			7:49	7:54	7:57	7:54								
5	219	Lisa Bennett	7:55	7:32	7:37	7:34	7:37	7:47	7:46	7:55	7:44	1:41:11	11:26	12.49
			7:54	7:56	7:51	8:03								
6	232	Mary-Ellen O'Reilly	8:12	7:20	7:33	7:31	7:49	7:39	7:49	7:51	8:01	1:41:33	11:48	12.44
			7:51	7:45	7:55	8:17								
7	206	Deb Livermore	8:21	7:40	7:40	7:46	7:37	7:38	7:47	7:48	8:00	1:42:01	12:16	12.39
			7:56	7:47	8:12	7:49								
8	201	Josette Loomes	8:54	8:03	8:00	8:03	8:05	7:55	8:04	8:07	8:09	1:46:40	16:55	11.85
			8:10	8:10	8:32	8:28								
9	230	Elle Knight	8:40	7:52	8:01	8:02	8:08	8:14	8:23	8:25	8:12	1:46:47	17:02	11.83
			8:02	8:13	8:18	8:17								
10	213	Breanna Gasson	9:14	8:12	8:16	8:20	8:23	8:13	8:19	8:24	8:39	1:50:05	20:20	11.48
			8:42	8:41	8:45	7:57								
11	224	Arava Klein	8:57	8:05	8:15	8:20	8:30	8:43	8:44	8:58	9:07	1:53:47	24:02	11.11
			9:03	8:58	8:51	9:16								



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92 Runners

1 2	223	Nearida Siv	8:56	8:03	8:14	8:21	8:31	8:48	8:43	8:55	9:01	1:54:09	24:24	11.07
			9:05	9:01	8:57	9:34								
1 3	211	Catherine Brims	9:35	8:37	8:36	8:39	8:47	8:40	8:39	9:02	9:03	1:55:46	26:01	10.92
			9:07	9:14	9:06	8:41								
1 4	210	Toni Duckworth	8:13	7:35	8:03	8:20	7:51	7:46	7:54	9:35	8:56	1:55:52	26:07	10.91
			8:31	9:41	11:05	12:22								
1 5	236	Natasha B	9:26	8:51	9:06	9:01	8:45	8:41	8:55	9:02	9:05	1:56:47	27:02	10.82
			8:55	9:00	8:53	9:07								
1 6	237	Giuliana Baggoley	10:30	9:13	9:01	8:51	8:56	9:01	9:10	8:56	8:59	1:59:34	29:49	10.57
			9:11	9:25	9:14	9:07								
1 7	233	Georgina McDonald	10:21	8:49	9:23	8:33	8:50	9:03	9:14	9:15	9:18	2:00:48	31:03	10.46
			9:07	9:43	9:26	9:46								
1 8	209	Laura Murray	10:18	8:48	9:17	8:41	9:23	9:34	9:27	9:40	9:27	2:02:18	32:33	10.33
			9:30	9:32	9:18	9:23								
1 9	234	Sarah Lonsdale	9:46	9:02	9:09	9:12	9:24	9:18	9:29	9:36	9:50	2:04:25	34:40	10.16
			9:41	9:59	10:04	9:55								
2 0	227	Lori Tricker	10:54	9:36	9:40	9:40	9:41	9:52	9:53	9:50	9:47	2:07:58	38:13	9.87
			9:45	9:40	9:49	9:51								
2 1	215	Samantha Thirkettle	10:43	9:45	9:35	9:45	9:40	9:51	9:55	9:50	10:25	2:12:27	42:42	9.54
			10:33	10:44	10:50	10:51								
2 2	229	Freya Waddington	11:50	10:25	9:45	9:41	9:57	10:08	10:12	10:31	11:47	2:18:24	48:39	9.13
			10:37	11:17	11:09	11:05								
2 3	228	Anna Waddington	11:49	10:41	10:29	10:52	10:55	11:08	11:08	10:39	10:47	2:22:47	53:02	8.85
			10:37	11:09	11:09	11:24								
2 4	231	Belinda Gill	11:39	10:45	11:01	10:56	10:47	10:52	11:00	10:38	10:46	2:22:52	53:07	8.84
			11:05	13:10	10:31	9:42								



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92 Runners

2 5	214	Mary Potter	11:42	10:44	10:53	10:58	11:06	12:59	9:49	10:34	12:33	2:28:17	58:32	8.52
			11:30	12:02	11:57	11:30								
2 6	222	Miriam Attard	12:33	10:55	11:03	11:12	11:15	11:10	11:26	11:40	11:50	2:29:32	59:47	8.45
			11:48	11:46	12:16	10:38								
2 7	220	Tracy Watson	12:43	11:52	12:12	12:03	12:13	12:32	12:49	12:59	13:27	2:47:52	1:18:07	7.53
			13:33	14:08	14:11	13:10								
2 8	203	Krystal Williams	11:48	11:59	12:13	11:52	12:33	13:19	12:34	14:06	14:48	2:50:43	1:20:58	7.40
			14:27	14:10	13:41	13:13								
2 9	235	Julie Choi	12:41	11:34	12:02	12:36	12:45	12:37	12:56	12:47	13:15	3:00:59	1:31:14	6.98
			14:23	15:18	16:32	21:33								



Sri Chinmoy Half-Marathon

Teloepa Park : 10 Jun 2013

92 Runners

Female 50-59 : 13 Laps in Category : 3 Runners : 21.06 Kms Total

Place	No.	Name	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8	Lap 9	Time	Time Dif	Av Spd
			Lap 10	Lap 11	Lap 12	Lap 13								
1	343	Robyn McClelland	10:53	9:17	0:50	10:17	10:02	10:04	10:04	9:59	10:26	2:02:12		10.34
			10:18	10:16	9:41	10:05								
2	342	Lorraine Allen	10:36	9:39	9:27	9:44	9:38	9:47	9:49	9:53	10:02	2:09:12	7:00	9.78
			10:11	10:09	10:09	10:08								
3	341	Jean Brysland	11:45	10:12	9:54	10:01	9:48	9:59	10:13	10:17	10:13	2:14:54	12:42	9.37
			10:34	10:37	10:35	10:46								



Sri Chinmoy Half-Marathon

Teloepa Park : 10 Jun 2013

92 Runners

Female 60-69 : 13 Laps in Category : 2 Runners : 21.06 Kms Total

Place	No.	Name	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8	Lap 9	Time	Time Dif	Av Spd
			Lap 10	Lap 11	Lap 12	Lap 13								
1	372	Julie Bell	10:14	9:13	9:25	9:31	9:23	9:32	9:35	10:13	9:56	2:08:25		9.84
			10:10	10:26	10:18	10:29								
2	371	Maria White	10:51	10:11	10:01	10:15	12:55	10:35	11:09	10:43	10:52	2:23:38	15:13	8.80
			11:14	11:34	11:35	11:43								



Sri Chinmoy Half-Marathon

Telopea Park : 10 Jun 2013

92 Runners

Female 70+ : 13 Laps in Category : 1 Runners : 21.06 Kms Total

Place	No.	Name	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8	Lap 9	Time	Time Dif	Av Spd
			Lap 10	Lap 11	Lap 12	Lap 13								
1	391	Caroline Campbell	10:33	9:34	9:38	9:32	9:30	9:38	9:34	9:45	9:52	2:09:57		9.72
			10:17	10:29	10:47	10:48								