

Sri Chinmoy Iron Cove 14 km Run

Iron Cove, Lilyfield : 10 Mar 2013

118 Runners

Male Under 50 : 59 Runners : 14 Kms

Place	No.	Name	Time	Time Dif
1	60	Mitch Dean	48:41	
2	47	Pete Conway	51:36	2:55
3	61	Tony Cusack	52:02	3:21
4	42	Gary Mullins	52:16	3:35
5	50	James Everett	53:19	4:38
6	66	Stig Rehberg	53:26	4:45
7	68	Sukhajata Cranfield	55:24	6:43
8	54	Rory Darkins	55:48	7:07
9	27	Valentin Roukchan	56:13	7:32
10	35	Jeremy O'Brien	56:16	7:35
11	46	Andrien Lee	56:30	7:49
12	40	Robert Cavrak	57:22	8:41
13	8	Ken Brown	59:46	11:05
14	57	Paul Every	1:01:23	12:42
15	67	Felix Lievano	1:01:47	13:06
16	21	Ian Corrigan	1:02:34	13:53
17	7	Paul Wilcock	1:03:00	14:19
18	58	Ross Clayton	1:03:12	14:31
19	34	John Best	1:03:25	14:44
20	30	Phil Coote	1:04:14	15:33
21	55	Glen Healey	1:04:34	15:53
22	43	Ganesh Vengadasalam	1:04:46	16:05
23	20	Adam Grubb	1:04:49	16:08
24	45	Luke Maher	1:05:08	16:27
25	41	John Wadley	1:05:31	16:50
26	48	Theo Hastings	1:05:34	16:53
27	71	Rodger Shanahan	1:05:47	17:06
28	29	Fraser Shepherd	1:05:49	17:08
29	70	Andrew Naidis	1:06:16	17:35
30	36	Nick Ludgate	1:06:45	18:04
31	37	Wally Crocker	1:06:48	18:07
32	64	Ole Moerk	1:07:08	18:27
33	13	Kieran O'Connor	1:07:11	18:30
34	11	Lawrence Stander	1:07:16	18:35
35	59	Tyrone Birkett	1:07:50	19:09
36	22	Clay Bremer	1:08:30	19:49
37	53	Craig Steward	1:08:53	20:12
38	56	Khalid Toefy	1:09:00	20:19

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39	69	Richard Young	1:09:02	20:21	
40	9	Simon Beram	1:09:38	20:57	
41	6	Tony Board	1:09:58	21:17	
42	4	Richard Scolyer	1:10:05	21:24	
43	38	Sean Yue	1:12:05	23:24	
44	63	Brian Cusak	1:12:11	23:30	
45	15	Trevor Lindars	1:12:38	23:57	
46	16	Mitchell Sedgwick	1:13:29	24:48	
47	23	Michael Taylor	1:13:50	25:09	
48	18	Mark Nicholson	1:14:00	25:19	
49	44	Daniel Zines	1:14:39	25:58	
50	25	John Yeomans	1:14:52	26:11	
51	24	Robin Fernandes	1:16:32	27:51	
52	2	Bryan McGuire	1:16:59	28:18	
53	10	Anthony Scoufis	1:17:11	28:30	
54	12	Anton Lockhorst	1:17:40	28:59	
55	51	Paul McDonald	1:18:51	30:10	
56	52	Rory Nosworthy	1:19:20	30:39	
57	62	Sean Jingwirth	1:21:44	33:03	
58	65	Joey Duncan	1:23:47	35:06	
59	31	Mark Messner	1:26:33	37:52	

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Male 50-59 : 10 Runners : 14 Kms

Place	No.	Name	Time	Time Dif
1	168	Victor Correa	58:07	
2	164	Dessie Suttle	1:04:51	6:44
3	171	Mark Uren	1:06:02	7:55
4	169	Brett Molloy	1:06:32	8:25
5	161	Tim O'Hearn	1:14:12	16:05
6	162	Geoff Meskin	1:14:46	16:39
7	163	Steve Krost	1:14:48	16:41
8	165	Matt Ingram	1:15:45	17:38
9	167	Greg Nosworthy	1:27:28	29:21
10	170	Keith Stallard	1:38:31	40:24

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Male 60-69 : 3 Runners : 14 Kms

Place	No.	Name	Time	Time Dif	
1	181	Ron Bailie	1:17:20		
2	182	Malcolm Craig	1:28:33	11:13	
3	183	Ron Briggs	1:51:36	34:16	

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Female Under 50 : 38 Runners : 14 Kms

Place	No.	Name	Time	Time Dif
1	246	Sandi Rabie	57:10	
2	247	Jessica Shiers	1:02:42	5:32
3	207	Kate Bond	1:03:46	6:36
4	245	Andrea McDonald	1:04:44	7:34
5	217	Caitlin Bickerton	1:05:53	8:43
6	242	Amparo Gallent	1:06:51	9:41
7	228	Leesa Bennett	1:06:54	9:44
8	248	Kate Grzanka	1:07:35	10:25
9	244	Tracey O'Donnell	1:10:02	12:52
10	243	Alisa Williams	1:11:46	14:36
11	224	Rebecca Cash	1:12:45	15:35
12	225	Jessica Smith	1:13:03	15:53
13	238	Kirstin McKnight	1:15:07	17:57
14	226	Millerine Brikker	1:16:08	18:58
15	227	Sally Andrews	1:16:19	19:09
16	233	Ana Mullins	1:17:34	20:24
17	214	Alexandra Wilson	1:17:44	20:34
18	240	Orla Keegan	1:18:29	21:19
19	209	Michelle Lockhorst	1:18:40	21:30
20	229	Lizzi Foster	1:20:45	23:35
21	232	Fiona Balint	1:21:37	24:27
22	249	Kathryn Mackinnon	1:21:41	24:31
23	208	Athena Andronis	1:22:09	24:59
24	230	Silpa Parmar	1:22:36	25:26
25	251	Sally Johnson	1:24:23	27:13
26	220	Peta Bray	1:25:10	28:00
27	239	Tytana Yap	1:25:45	28:35
28	237	Amy Munro	1:25:48	28:38
29	219	Maggie Lloyd	1:26:00	28:50
30	212	Katie Lendrum	1:26:05	28:55
31	211	Katrina Oxby	1:26:08	28:58
32	236	Rebecca Peel	1:26:26	29:16
33	234	Rebecca Ward	1:26:28	29:18
34	213	Tammy Scharenguivel	1:26:30	29:20
35	218	Hannah Munro	1:28:27	31:17
36	250	Lisa Sherrard	1:28:31	31:21
37	223	Paula Cooney	1:29:28	32:18
38	216	Nicola Firth	1:30:14	33:04

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Female 50-59 : 7 Runners : 14 Kms

Place	No.	Name	Time	Time Dif	
1	348	Gill Bramley	1:12:54		
2	349	Jacqueline Rorhonen	1:17:30	4:36	
3	344	Jane Sedgwick	1:23:19	10:25	
4	343	Pamela Blaikie	1:25:13	12:19	
5	346	Karen Treacy	1:28:13	15:19	
6	347	Julie Wales	1:28:23	15:29	
7	345	Vivianne Edwards	1:42:58	30:04	

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Female 60-69 : 1 Runners : 14 Kms

Place	No.	Name	Time	Time Dif
1	371	Kerry Bray	1:33:13	