

1	Neil Renault	EAC	15.17	1st M
2	Patryk Gierjatowicz	HBT	15.56	2nd M
3	Jonathan Crickmore	Heriot-Watt Uni	16.21	3rd M
4	Jonas Mueller	Roadrunners Sudbaden	16.23	4th M
5	Darren Lee	Black Lungs - Toronto	17.16	5th M
6	James Meicklejohn	U/A	17.33	6th M
7	Mike McQuaid	Falkirk Victoria H	17.38	1st MV50
8	Blair Montgomery	CAAC	17.43	7th M
9	John McManus	HBT	17.44	M
10	Scott McDonald	Moorfoot Hill Runners	17.46	M
11	Alan Hume	Central AC	17.48	M
12	Louis Waterman-Evans	Hernhill Harriers	17.56	M
13	Neil Mackay	U/A	17.59	M
14	Finlay Ross	Harmeny AC	18.01	M
15	Jordan Lanham	U/A	18.03	M
16	Ken Rankin	Falkirk Victoria H	18.05	2nd MV50
17	Murray Peebles	Dunbar RC	18.05	M
18	Nick Williamson	Dunbar RC	18.08	M
19	David Worrall	U/A	18.32	M
20	Adam Priestley	CAAC	18.34	M
21	Grant Noble	Dunbar RC	18.39	3rd MV50
22	David Hiddleston	U/A	18.43	MV50
23	John Hynd	Carnegie Harriers	18.45	MV50
24	Natalie Wangler	Roadrunners Sudbaden	18.48	1st F
25	Andy Sims	HBT	18.50	M
26	James Rogers	HBT	18.53	M
27	David Cheseldine	U/A	18.59	MV50
28	Alan McGowan	Carnegie Harriers	19.01	M
29	Joe Donnelly	Team East Lothian	19.11	M
30	Tony Quinn	Cartha Harriers	19.16	MV50
31	Craig Stewart	Harmeny AC	19.28	M
32	Ivor Normand	HBT	19.37	MV50
33	Alan Cameron	CAAC	19.43	M
34	Raul Solvat	U/A	19.46	M
35	Scott Hislop	Linlithgow AC	19.47	MV50
36	Tendai Nyabadza	Harmeny AC	19.50	M
37	Alistair Hindle	HBT	19.57	M
38	Allen Marr	Anster Haddies	20.00	1st MV60
39	Andrew Ross	Harmeny AC	20.08	M
40	Peter McClelland	HBT	20.18	M
41	Cath Ferry	EAC	20.21	2nd F
42	Katherine Hylands	Bellahouston Harriers	20.26	3rd F
43	Ian Beattie	Harmeny AC	20.44	MV50

44	Nick Ruane	Jog Scotland	20.49	M
45	Lorraine Brown	Fife AC	20.52	1st FV50
46	Fraser Murray	Vegan Runners	21.03	MV50
47	Susan Macritchie	Bellahouston Harriers	21.06	4th F
48	Dave Bogus	PRC	21.08	M
49	Martin Veale	U/A	21.08	MV60
50	Esme Callander	Team East Lothian	21.13	5th F
51	Ryan Mack	U/A	21.19	M
52	Katie Sampson	Ferranti AAC	21.22	6th F
53	Grant Sellar	Ferranti AAC	21.38	MV50
54	George Dickson	CAAC	21.49	M
55	Charlie Cameron	CAAC	21.54	M
56	Amy Jennings	HBT	22.17	7th F
57	Malcolm Fraser	Ferranti AAC	22.17	MV60
58	Sean Wright	U/A	22.23	M
59	Claire Gilchrist	Ferranti AAC	22.29	2nd FV50
60	Claire Halpenny	U/A	22.45	F
61	Julia Loecherbach	Ferranti AAC	22.49	F
62	Angela Campbell	Bellahouston Harriers	22.54	F
63	Alison Arnold	Ferranti AAC	23.02	F
64	Linden Nicholson	Lasswade AC	23.28	1st FV60
65	Andy Archer	U/A	23.35	MV50
66	Keith Young	U/A	23.42	MV60
67	Susan Ross	Harmeny AC	24.27	F
68	Ana Heyn	U/A	24.30	F
69	Stuart Donnelly	Musselburgh AC	24.44	M
70	Robin Thomas	HBT	25.12	MV60
71	Gael McCallum	Bellahouston Harriers	25.20	F
72	Betty Gilchrist	Ferranti AAC	26.09	1st FV70
73	Jill Swales	Jog Scotland	27.14	3rd FV50
74	Andrew Jeske	Jog Scotland	27.14	M
75	Wiliie Murray	Portobello RC	27.43	1st MV70
76	Ian Hall	EAC	27.45	MV50
77	Siobhan Sellar	Ferranti AAC	27.49	F
78	Alison McDonald	Ferranti AAC	28.14	F
79	Freya Mowbray	HBT	28.32	F
80	Eddie McDonald	Ferranti AAC	28.33	MV60