

Self-Transcendence 5K Race

Organised by Sri Chinmoy AC

Battersea Park, London

Monday 3rd August 2015



WINNERS						
RANK	NAME	SURNAME	CLUB	TIME	M/F	AGE
Men U/50						
1	John	Franklin	Serpentine RC	15.23	M	29
2	Olivier	Le Polain	London Heathside Runners	15.57	M	33
3	Daniel	Gaffney		16.02	M	32
4	Lawrence	Avery	Kent AC	16.02	M	34
5	Robert	Drake	South London Harriers	16.08	M	28
6	Andrew	Brooker	London Heathside Runners	16.09	M	22
7	Huw	Lobb	Serpentine RC	16.15	M	38
Women U/50						
1	Sarah	Johnson	Thames Valley Harriers	17.56	F	24
2	Emma	Burgess	Highgate Harriers	18.25	F	29
3	Tina	Gray	Fulham RC	19.08	F	32
4	Cas	Wright		19.08	F	23
5	Lisa	Rooney	Collingwood AC	19.12	F	36
6	Bethany	Thompson		19.21	F	35
7	Lydia	O'Donoghue	Ealing Eagles Running Club	19.42	F	25
Men Vet 50						
1	Michael	Bridgeland	Chelmsford AC	17.38	M	57
2	Antony	Constantinou	Collingwood AC	18.35	M	51
3	Ralph	Dadswell	Ealing Eagles Running Club	18.58	M	51
Women Vet 50						
1	Andrea	Sanders-Reece	Mornington Chasers	21.18	F	59
2	Carol	Jones	Ealing Southall & Middlesex	21.42	F	58
3	Lynn	Wilson	Ealing Southall & Middlesex AC	21.50	F	58
Men Vet 60						
1	Andrew	Roberts	Serpentine RC	19.37	M	62
2	David	Hallson	Road Runners Club	21.47	M	62
Women Vet 60						
1	Ann	Davidson	Purple Patch Runners	26.26	F	62
2	Lesley	Young	Dulwich Park Runners	42.02	F	64
Men Vet 70						
1	Michael	Leigh	HWAC	26.29	M	71
Men Under 16						
1	Christopher	Morris	Harrow AC	19.39	M	13

ALL RESULTS BELOW

RESULTS

RANK	NAME	SURNAME	CLUB	TIME	M/F	AGE	CATEGORY	CAT POS
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1	John	Franklin	Serpentine RC	15.23	M	29	M U/50	1
2	Olivier	Le Polain	London Heathside Runners	15.57	M	33	M U/50	2
3	Daniel	Gaffney		16.02	M	32	M U/50	3
4	Lawrence	Avery	Kent AC	16.02	M	34	M U/50	4
5	Robert	Drake	South London Harriers	16.08	M	28	M U/50	5
6	Andrew	Brooker	London Heathside Runners	16.09	M	22	M U/50	6
7	Huw	Lobb		16.15	M	38	M U/50	7
8	Simon	Egan	JP Morgan RC	16.20	M	43	M U/50	8
9	Gareth	Anderson	Kent AC	16.23	M	25	M U/50	9
10	James	Ellis	Warrington AC	16.25	M	22	M U/50	10
11	Steve	Woolley	West 4 Harriers	16.28	M	33	M U/50	11
12	Robert	Tuer	Hercules Wimbledon	16.31	M	29	M U/50	12
13	Paul	O'Callaghan	Tadworth AC	16.40	M	37	M U/50	13
14	Simon	Craddock	Serpentine RC	16.44	M	33	M U/50	14
15	Tal	Ramsay	Clapham Chasers	16.48	M	22	M U/50	15
16	Martin	Rutter	Clapham Chasers	16.50	M	33	M U/50	16
17	Bryn	Reynolds	Clapham Chasers	16.52	M	27	M U/50	17
18	Richard	Bull	Clapham Chasers	16.53	M	27	M U/50	18
19	Stephen	Whitehead	Ranelagh Harriers	16.57	M	43	M U/50	19
20	RICHARD	PEEL	Clapham Chasers	17.04	M	31	M U/50	20
21	Jonathan	Ormerod	Stragglers	17.05	M	36	M U/50	21
22	Jonathan	Moscrop	Serpentine RC	17.07	M	41	M U/50	22
23	Stuart	Macdougall	Bellahouston Harriers	17.12	M	32	M U/50	23
24	Chris	Wayman	JP Morgan RC	17.13	M	28	M U/50	24
25	Peter	Holmes	Serpentine RC	17.15	M	37	M U/50	25
26	Steve	Davies	Dulwich Runners AC	17.15	M	46	M U/50	26
27	James	Rosenvinge	Clapham Chasers	17.18	M	30	M U/50	27
28	Jonathan	Vinter	Blackheath & Bromley Harriers	17.21	M	26	M U/50	28
29	KIRIT	PATEL	London Fronrunners	17.24	M	41	M U/50	29
30	Alex	Galloway		17.31	M	31	M U/50	30
31	Christian	Nielsen	Thames Valley Harriers	17.34	M	40	M U/50	31
32	Tom	Irving	Ealing Eagles Running Club	14.35	M	30	M U/50	32
33	Brendan	Donnelly	Highgate	17.36	M	28	M U/50	33
34	David	Williamson	Tadworth AC	17.36	M	47	M U/50	34
35	Thomas	Daley	Fulham Running Club	17.36	M	40	M U/50	35
36	Andrew	McGeary		17.37	M	39	M U/50	36
37	Michael	Bridgeland	Chelmsford AC	17.38	M	57	M O/50	1
38	Ed	Holland	London Fronrunners	17.39	M	31	M U/50	37
39	Martin	Carmach	Serpentine RC	17.40	M	45	M U/50	38
40	Gareth	Morris	Handy Cross Runners	17.41	M	34	M U/50	39
41	Tim	Murphy	Clapham Chasers	17.43	M	27	M U/50	40

42	Duncan	Lawrence	Fulham RC	17.45	M	27	M U/50	41
43	Peter	McCloskey	Wimbledon Windmilers	17.46	M	34	M U/50	42
44	Rodney	McCulloch		17.52	M	29	M U/50	43
45	Neil	Guthrie	Wimbledon Windmilers	17.54	M	43	M U/50	44
46	John	Cox	Kent AC	17.55	M	45	M U/50	45
47	Sarah	Johnson	Thames Valley Harriers	17.56	F	24	W U/50	1
48	Nick	Haworth	Biggleswade AC	17.58	M	38	M U/50	46
49	Paul	Cooke	Biggleswade AC	17.58	M	38	M U/50	47
50	Martin	Ballantyne		18.07	M	39	M U/50	48
51	Christopher	Hovenden	Dartford & White Oak Tri	18.11	M	30	M U/50	49
52	Brian	O'Keefe	Serpentine RC	18.19	M	34	M U/50	50
53	George	O'Neill	London Fronrunners	18.21	M	45	M U/50	51
54	Matthew	Roberts		18.22	M	37	M U/50	52
55	Emma	Burgess	Highgate Harriers	18.25	F	29	W U/50	2
56	Martin	Senior	Ful-On Tri	18.29	M	40	M U/50	53
57	Chris	Lambert	Ealing Eagles Running Club	18.30	M	36	M U/50	54
58	Gareth	Marshall	London Heathside Runners	18.34	M	33	M U/50	55
59	Antony	Constantinou	Collingwood AC	18.35	M	51	M O/50	2
60	Claudio	Santos		18.39	M	37	M U/50	56
61	Doug	Rendle	London Heathside Runners	18.40	M	37	M U/50	57
62	Tom	Cheetham	Hercules Wimbledon	18.43	M	48	M U/50	58
63	Mark	Hell	Serpentine RC	18.52	M	34	M U/50	59
64	Ralph	Dadswell	Ealing Eagles Running Club	18.58	M	51	M O/50	3
65	Marco	Mion	Sevenoaks AC	18.58	M	32	M U/50	60
66	David	Miller		18.59	M	33	M U/50	61
67	Paul	Hunt	Clapham Chasers	19.03	M	34	M U/50	62
68	Huw	Edwards		19.07	M	31	M U/50	63
69	Tina	Gray	Fulham RC	19.08	F	32	W U/50	3
70	Cas	Wright		19.08	F	23	W U/50	4
71	Edward	Devenport	Optima Triathlon Club	19.12	M	29	M U/50	64
72	Lisa	Rooney	Collingwood AC	19.12	F	36	W U/50	5
73	Philip	Hogg	London Heathside Runners	19.15	M	45	M U/50	65
74	Christian	Moxon	Clapham Chasers	19.20	M	35	M U/50	66
75	James	Nichols	East London Runners	19.21	M	31	M U/50	67
76	Bethany	Thompson		19.21	F	35	W U/50	6
77	Chris	Cooper		19.29	M	24	M U/50	68
78	Mark	Agnew		19.33	M	31	M U/50	69
79	Andrew	Roberts	Serpentine RC	19.37	M	62	M O/60	1
80	Christopher	Morris	Harrow AC	19.39	M	13	M U/16	1
81	Jeff	Webster	Dagenham 88 Runners	19.40	M	24	M U/50	70
82	Mark	Preskett		19.40	M	41	M U/50	71
83	Lydia	O'Donoghue	Ealing Eagles Running Club	19.42	F	25	W U/50	7
84	Mark	Mills		19.46	M	29	M U/50	72
85	David	Carlisle	Clapham Chasers	19.47	M	38	M U/50	73
86	Paul	Roberts	Swanley & District	19.49	M	31	M U/50	74
87	Jonathan	Allsopp		19.51	M	46	M U/50	75

88	Peter	Mackintosh	Serpentine RC	19.51	M	29	M U/50	76
89	Damian	Ings	Clapham Runners	19.52	M	41	M U/50	77
90	Sharon	Koelewyn	Serpentine RC	19.53	F	28	W U/50	8
91	Owen	Barder	Serpentine RC	19.55	M	48	M U/50	78
92	David	Cornock	Barnes Runners	19.56	M	51	M O/50	4
93	Jennifer	Bradley	Serpentine RC	19.56	F	36	W U/50	9
94	Ahlem	Ben Gueblia	Serpentine RC	19.56	F	33	W U/50	10
95	Manuel	Corriente	Vegetarian Cycling & AC	19.58	M	44	M U/50	79
96	Joel	Denning	Dagenham 88 Runners	19.58	M	38	M U/50	80
97	Chris	Watt		19.58	M	43	M U/50	81
98	Ken	McCallum	Serpentine RC	19.59	M	44	M U/50	82
99	Becky	Slaymaker	Berford & County	20.04	F	31	W U/50	11
100	Joe	Garrod		20.04	M	29	M U/50	83
101	Matthew	O'Brien		20.06	M	44	M U/50	84
102	Graham	Sutherland	Clapham Chasers	20.10	M	39	M U/50	85
103	Adrian	Joseph	Clapham Chasers	20.11	M	31	M U/50	86
104	Adam	Williams		20.14	M	44	M U/50	87
105	Peter	Longworth	Crawley AC	20.18	M	39	M U/50	88
106	Mark	Dennis		20.19	M	30	M U/50	89
107	Susanne	Zibung	Serpentine RC	20.22	F	29	W U/50	12
108	Harry	Collins		20.26	M	28	M U/50	90
109	Isaac	Griffiths		20.29	M	28	M U/50	91
110	Kevin	Heritage		20.32	M	28	M U/50	92
111	William	Johnson		20.35	M	35	M U/50	93
112	Rache	Porter	Clapham Chasers	20.35	F	37	W U/50	13
113	Lorraine	Smyth	Clapham Chasers	20.43	F	33	W U/50	14
114	Bob	Chart	Collingwood AC	20.48	M	51	M O/50	5
115	Anil	Puthalath		20.54	M	40	M U/50	94
116	Sam	Godolphin		20.54	M	25	M U/50	95
117	Kelly	Page	Serpentine RC	21.08	F	40	W U/50	15
118	Alan	Wilkinson		21.08	M	55	M O/50	6
119	Peter	Stephenson		21.13	M	51	M O/50	7
120	Andrea	Sanders-Reece	Mornington Chasers	21.18	F	59	W O/50	1
121	Gillian	Hall	Serpentine RC	21.29	F	37	W U/50	16
122	Yuon	Gablinger		21.31	M	45	M U/50	96
123	Paul	Lewis	Victoria Park Harriers	21.32	M	43	M U/50	97
124	Tom	Morris	Hercules Wimbledon	21.32	M	57	M O/50	8
125	Andrew	McFarlane	Ealing Eagles Running Club	21.33	M	37	M U/50	98
126	David	Sutherland		21.37	M	40	M U/50	99
127	Emily	Gibbs	Clapham Chasers	21.38	F	30	W U/50	17
128	Carol	Jones	Ealing Southall & Middlesex	21.42	F	58	W O/50	2
129	Gregg	Coull	Clapham Chasers	21.42	M	25	M U/50	100
130	Aidan	Daly		21.45	M	31	M U/50	101
131	David	Hallson	Road Runners Club	21.47	M	62	M O/60	2
132	Kessie	Soper		21.47	F	30	W U/50	18
133	Elsbeth	Hoskins		21.50	F	23	W U/50	19

134	Lynn	Wilson	Ealing Southall & Middlesex AC	21.50	F	58	W O/50	3
135	Stuart	Cole		21.50	M	42	M U/50	102
136	James	Rogers	Clapham Chasers	21.52	M	29	M U/50	103
137	Joanna	Muddle	Clapham Chasers	21.52	F	24	W U/50	20
138	Fabio	Maroni	Clapham Chasers	21.57	M	41	M U/50	104
139	Kaspar	Nazeri		22.00	M	39	M U/50	105
140	Garth	Duder	none	22.00	M	39	M U/50	106
141	Stefan	Chybowski	Ealing Eagles Running Club	22.02	M	34	M U/50	107
142	Evan	Moore	Serpentine RC	22.11	M	30	M U/50	108
143	Jamie	Price		22.21	M	38	M U/50	109
144	Lorraine	Velsey	Clapham Chasers	22.28	F	30	W U/50	21
145	Donna	Martin	Cambridge Harriers	22.34	F	31	W U/50	22
146	Sharon	Davidson	Purple Patch Runners	22.34	F	37	W U/50	23
147	Robert	Harrison	Clapham Chasers	22.37	M	56	M O/50	9
148	Philip	Logoreci	Clapham Chasers	22.37	M	59	M O/50	10
149	Igor	Nepomnyashch	Clapham Chasers	22.37	M	34	M U/50	110
150	Elaine	Reid	Collingwood AC	22.42	F	45	W U/50	24
151	Louise	Bell	Clapham Chasers	22.42	F	38	W U/50	25
152	Danial	Arastoo-Pour	UEL	22.43	M	28	M U/50	111
153	Grethe	Petersen	Serpentine RC	22.53	F	47	W U/50	26
154	Martha	McKenzie-Minif	Serpentine RC	22.53	F	37	W U/50	27
155	Andrew	Keeley		22.55	M	43	M U/50	112
156	Emma	Collins		22.58	F	30	W U/50	28
157	Martin	Bellon Mendez		23.02	M	22	M U/50	113
158	Henry	Dadswell	Ealing Eagles Running Club	23.08	M	14	M U/16	2
159	Giles	Robinson	Clapham Chasers	23.10	M	50	M O/50	11
160	Ian	Oldfield		23.11	M	27	M U/50	114
161	Daniel	Hobden		23.13	M	30	M U/50	115
162	Linda	Ingram	SCH	23.26	F	47	W U/50	29
163	Chris	Leadbeater		23.28	M	33	M U/50	116
164	Jonia	Mendonca		23.28	F	38	W U/50	30
165	David	Maeso		23.30	M	34	M U/50	117
166	Caroline	Gardner		23.32	F	35	W U/50	31
167	Clare	Gorman		23.36	F	31	W U/50	32
168	Martin	Spence	Vets AC	23.40	M	60	M O/60	3
169	Sarah	Newton	Serpentine RC	23.57	F	58	W O/50	4
170	Stephen	Walker		23.57	M	43	M U/50	118
171	Jeff	Oland		24.09	M	28	M U/50	119
172	Mikel	Benito Ortega		24.13	M	27	M U/50	120
173	Kirsty	Lenthall		24.25	F	29	W U/50	33
174	Rachelle	Morton		24.29	F	38	W U/50	34
175	Lynsay	Thompson	Serpentine RC	24.38	F	34	W U/50	35
176	Dorcas	Murray	Clapham Chasers	24.43	F	52	W O/50	5
177	Peixi	Cong		24.43	M	23	M U/50	121
178	Jasmine	Morris		24.49	F	26	W U/50	36
179	Aoibhin	O'Neill	Clapham Chasers	25.11	F	28	W U/50	37

180	Scott Robert	Fowler	Serpentine RC	25.17	M	49	M U/50	122
181	Michael	Jarrett		25.24	M	28	M U/50	123
182	Michael	Goodwin	Stragglers	25.49	M	44	M U/50	124
183	Russell	Somerville		25.50	M	31	M U/50	125
184	Karen	Chart	Collingwood AC	26.06	F	41	W U/50	38
185	Beate	Vogt	Serpentine RC	26.14	F	56	W O/50	6
186	Tara	Flynn	Ealing Eagles Running Club	26.20	F	42	W U/50	39
187	Ann	Davidson	Purple Patch Runners	26.26	F	62	W O/60	1
188	Michael	Leigh	HWAC	26.29	M	71	M O/70	1
189	Deepa	Sharma	Ranelagh Harriers	26.43	F	36	W U/50	40
190	Robert	Fortes	Serpentine RC	26.54	M	67	M O/60	4
191	Robert	Ravelli	London Frontrunners	27.36	M	58	M O/50	12
192	Dave	Clarke	Stragglers	27.41	M	47	M U/50	126
193	Sonia	Kolcunova		27.50	F	28	W U/50	41
194	Nina	Williams	Saints & Sinners	28.01	F	48	W U/50	42
195	Ellie	Lawley	Ranelagh Harriers	28.17	F	34	W U/50	43
196	Brian	Wiggins		28.51	M	67	M O/60	5
197	Susan	Elden		29.00	F	41	W U/50	44
198	Joseph	Janarthanan		29.38	M	34	M U/50	127
199	Pauline	Baudinette		29.40	F	52	W O/50	7
200	Edwin	Bartlett	Vets AC	30.23	M	71	M O/70	2
201	Amy	Campbell		30.43	F	23	W U/50	45
202	Stuart	Littlewood	Hercules Wimbledon	31.04	M	63	M O/60	6
203	Evelyn	McDermott		31.46	M	65	M O/60	7
204	Steve	Cryer		31.52	M	70	M O/70	3
205	Rob	O'Keefe		32.22	M	43	M U/50	128
206	Tim	Sheppard		32.22	M	59	M O/50	13
207	Tim	McGlone		32.22	M	48	M U/50	129
208	Emma	Johnson		32.44	F	26	W U/50	46
209	Emma	Brown		32.50	F	46	W U/50	47
210	Mary	Burgess		33.07	F	57	W O/50	8
211	Hannah	Connor		33.20	F	26	W U/50	48
212	Fenella	Greenfield		33.55	F	19	W U/50	49
213	Steve	Webb	Hercules Wimbledon	34.17	M	63	M O/60	8
214	Suzanne	Morris		34.59	F	37	W U/50	50
215	Kersten	Stride		41.03	F		W O/50	9
216	John	Begley		41.03	M	59	M O/50	14
217	Megan	Williams		41.03	F	34	W U/50	51
218	Lesley	Young	Dulwich Park Runners	42.02	F	64	W O/60	2
DNF	Thomas	Wilkie	Collingwood AC	DNF	M	62	M O/60	DNF
DNF	Dylan	Grimes	Barnes Runners	DNF	M	47	M U/50	DNF

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Should you have any queries then please contact Gavin Lightwood
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